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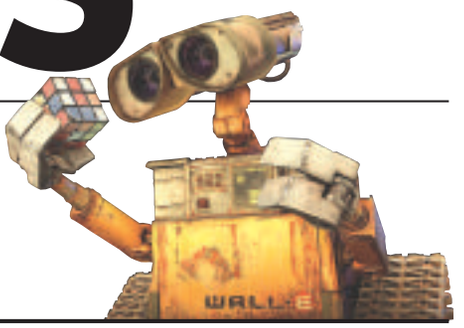

Who's a pretty boy then? These parrots caused a big commotion in thecentre:mk as part of a weekend of fun in the city. See our picture special of the Fringe Festival, Big Moo 2 and MusiK 4U on pages 6, 7 and 9

Two babies dead in killer bug outbreak

BY ROB GIBSON
rob.gibson@mk-news.co.uk

AN investigation has been launched at Milton Keynes Hospital after two premature babies died when contracting a killer bug.

The hospital announced that it had closed the neonatal unit last week after an outbreak of klebsiella was reported but it did not reveal that two babies had died after contracting the bacteria.

MK NEWS discovered this week that the unit was not immediately closed when the bug claimed its first victim.

Yesterday the hospital confirmed the truth about the infection, which claimed two lives on a unit designed to care for extremely vulnerable babies born either prematurely or with complications.

A hospital spokesman confirmed that the unit was not closed after the first fatality.

Instead the hospital reported the infection to the Health Protection Agency (HPA), which assessed the unit and offered advice.

The hospital closed the unit on Thursday, July 3, after a second baby died.

Other babies at the unit were moved to other hospitals while an internal investigation began.

The hospital spokesman said: "We can confirm that two very premature babies, who had been extremely unwell, have died, and that they were known to have a klebsiella infection."

Klebsiella is a bacteria which is particularly dangerous to vulnerable patients and those with a weak immune system.

Although it is found in the mouth, skin, and intestines of healthy people it can cause pneumonia and if left untreated can attack the lungs, causing dangerous abscesses.

It is the first time that klebsiella has been found on the neonatal unit at Milton Keynes Hospital, which cares for more than 300 premature, small or sick babies a year.

The hospital spokesman continued: "As soon as the bacteria klebsiella was detected on the unit, immediate action was taken and advice sought from the HPA, which confirmed that the trust was effectively dealing with the bacteria.

"We have been deep cleaning every day.

"Milton Keynes Hospital NHS Trust takes the care and wellbeing of its patients with the utmost seriousness.

"It would be inappropriate to make further comment until the investigation is complete, except to say that we wish to convey our deepest sympathies to the families of the babies.

"The trust has been open and honest with all the parents with babies on the unit during this time."

The neonatal unit has partially reopened. No other departments at the hospital are affected by the investigation.

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Store point: Jon Gregory with the pre-cast sundial which has 'failed to capture the imagination of the city's elite'

Home needed for unwanted sundial

BY ROB GIBSON
rob.gibson@mk-news.co.uk

THE search is on to find a home for a giant sundial until it can be erected at Midsummer Place.

The sundial was the brainchild of artist Ernest Bottomley, who died in July 2006 aged 72.

But it has been gathering dust at The Red House in Fenny Stratford after a £300,000 scheme to place it in the city centre was thwarted by a lack of cash and the efforts of a sundial steering group proved unsuccessful.

Mr Bottomley, who lived in Watling Street, Fenny Stratford, drew up plans for the 30x30ft sundial back in 1998 and proposed that the sundial be stationed in Midsummer Place as part of the Millennium celebrations.

His son-in-law, Jon Gregory, said: "We put it into storage here three years ago, aware that we had a fund manager raising funds for the project. But Ernest died and the sundial is still in its pre-cast state.

"It's failed to capture the imagination of the elite in Milton Keynes.

"It takes up quite a lot of space and it's going to take some time to raise the cash. The last thing I want to do is go down in history as the one who threw it in the skip.

"We really need someone to help us out or find a business which wants to sponsor it."

A plinth for the sundial is currently sitting alone between Gap and Zavvi in Midsummer Place.

It was intended to create a landmark for people to rendezvous and received about £2,000 of donations from people who paid £10 to have their names inscribed on it.

It will cost around £150,000 to have the sundial cast and the steering group are searching for funding from various public art organisations.

■ Anyone who can store the sundial can contact Jon Gregory on 07718007446 or e-mail jgrecruitment@msn.com

Anger at school food fingerprints

A NEWPORT Pagnell school has been criticised after taking fingerprints of its pupils.

Ousedale Secondary School said it has received a string of angry, anonymous letters of complaint about the scheme which will replace plastic cards in allowing students to buy food from the canteen.

A digital image of the finger is taken and converted into a binary code, when the child presses their finger on the scanner it activates their account allowing them to buy food.

One15-year-old pupil who contacted the paper by email said: "The Government is so insistent on snooping on us all to a point where they are fingerprinting us to buy our lunches. They are treating us like criminals."

Ousedale deputy head Andrew Burton said he was surprised by the adverse reaction.

"We are not the first school in Milton Keynes to use this," he said.

"We still use cards, but they can go missing, broken or lost and it's possible kids could get bullied for them.

"It's the way it's going - a lot of schools additionally use it for registration though there are no plans to do this at Ousedale.

"At no stage is an image of the finger or thumb taken and stored. It's totally internal so nothing can be lost.

"We hope it will be in place by September.

"It should reduce cost to parents and for the school it will be more efficient."

Hazeley Secondary School has also seen the introduction of the technology - which allows parents to electronically monitor what their children eat.

Hazeley headmaster Iain Denning said that his school received no complaints about the scheme.

Councillor Sandra Clark, who is in charge of children's services in the city said: "I question the need for finger prints for dinner money," she said.

"I think its a bit extreme. I'm very much for protecting people's identity."

■ **Do you think the fingerprinting scheme should or shouldn't be used in city schools? Let us know your views by e-mailing editor@mk-news.co.uk**

Police seek owner of attack dog

A SHEEPDOG attacked a woman and pulled her off her bike twice in Shenley Wood.

The 43-year-old woman was riding near Foxcovert Road at approximately 10.15am on Wednesday, July 9 when a dog, being walked by a man off its lead, chased her and bit her on her left leg before pulling her off the bike.

After running behind the owner to shield herself from the collie dog she got back on her bike, but the dog again pulled her to the ground.

In her panic she managed to get up and clamber into a nearby van.

The woman had puncture wounds to her left ankle and her right calf, and scratches to the back of her left thigh.

Police are appealing for witnesses to the attack, including the owner of the dog, who is white, aged between 55 and 65, slim, approximately 6ft tall with a grey beard and long narrow nose.

PC Adrian Mcintosh said: "This was a terrifying attack and we need to identify who the owner of this dog is as soon as possible."

Anyone with information contact police on 0845 8 505 505.

Mum's anger over rat-infested estate

Smelling a rat: Coffee Hall Residents' Association chairman Lisa Banks

BY JESSICA CUNNIFFE
jessica.cunniffe@mk-news.co.uk

A MOTHER has banned her children from playing outdoors because their estate is infested with rats.

Lisa Banks, from Daniels Welch, Coffee Hall, said the 'last straw' came last week when two of the rodents appeared in her sandpit – while her three-year-old daughter Astara was playing in it.

The single mother says she spots rats in her garden more than three times a day and as a result began a petition last week, which already has 120 signatures, lobbying the council to act.

"I've never had to live with rats before," she said.

"Milton Keynes is a new, growing city and this is not acceptable. We are breeding the plague here. I'm going to have to move if this carries on.

"Since I have been there I have been disgusted with the way the estate is. If my kids pick up something in the garden they could be picking up a deadly disease."

At the moment, the council charges people £40 for pest control (£20 if they are on benefits).

Cllr Steve Coventry highlighted the problem at last Tuesday's full council meeting.

"It's affecting a large area – three or four streets, 150 to 200 houses, he said,

"One guy killed eight rats in his garden in one day. Are the council waiting for people to get seriously ill before they do something?"

A council spokesman said: "Nationally and locally there is an increase in rodent activity but some localities are more affected than others.

"The causes are generally the same, for example rubbish, discarded food wrappers and other litter, putting out food for wild birds which actually attracts rats, people not keeping gardens clear of waste materials or not checking under sheds and outbuildings for signs off infestations

"In respect of Coffee Hall, our animal health officer will be meeting the local ward councillor, the local residents' association chairman and parish members soon for a 'walk through' of the alleged problem areas. We've had small infestations in four of the gardens which were dealt with promptly.

"We have provided advice and guidance to residents who have contacted us and undertaken treatments upon request. We also understand some DIY treatments have been successful."

City development? We don't care

JUST 230 people out of a population of 230,000 responded to a consultation on the most important document to shape the future of their city.

Only one person in every thousand of Milton Keynes's residents contributed to a 'preferred options' strategy, which will determine the city's development over the next 15 to 20 years.

Residents were given the opportunity to comment between September 27 and November 8 2007 on all the major development sites and influence how the targets of 70,000 new homes by 2031 will be met.

At a cost of £3,500 the council even resorted to using websites like Bebo, Myspace and Facebook, as well as holding exhibitions, placing adverts and sending out copies of the consultation, to drum up interest.

Then it paid a company £8,000 to collate the responses, which the cabinet will use to inform its implementation of the core strategy.

The news comes in a week when the council was debating ways of combating voter apathy, following a turnout of less than 36 per cent at the recent local elections.

Cllr Douglas McCall, cabinet member for sustainable development, said: "The council does go out of its way to consult people on lots of major issues. Its disappointing we got such low responses but it means on the whole people are happy."

Man charged with cocaine smuggling

A 32-YEAR-OLD man has been remanded in custody after being charged with smuggling three kilos of cocaine into the UK.

Gavin Archibald Thorburn, of Scatterill Close, Bradwell, appeared at Solihull Magistrates Court yesterday.

He was arrested last Monday after he landed at Birmingham international airport on a flight from Nairobi via Dubai.

Officers from the newly formed UK Border Agency (UKBA) seized the drugs which were found concealed in luggage.

Mr Thorburn was charged with attempting to import three kilos of cocaine with a value of £120,000 – this would have doubled or even trebled once 'cut' by drug dealers.

He has not yet made a plea and was remanded until August.

Steve Roper, Detection Manager for UKBA, said: "This is an excellent result and an example of good joint working by our teams of officers. We will continue to work with our partners in HMRC to tackle smugglers who attempt to bring goods illegally into the UK.

"We hope this sends out a clear message that our approach is one of zero tolerance.

"Regional airports should not be seen as a 'soft touch' for smuggling activities."

■ Anyone with information relating to smuggled goods can contact the Customs Hotline on 0800 595000

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MK LETTERS

Letters to The Editor, MK NEWS, 1 Diamond Court, Fox Milne, Milton Keynes MK15 0DU | letters@mk-news.co.uk

Under the whip

SIR – I note that our Labour MP has professed her 'disappointment' that up to five Post Offices in Milton Keynes could be facing closure.

It is a pity that she did not show the same disappointment earlier this year when there was a chance to stop the closure programme.

Instead she opted to save her Government's skin rather than stand up for local services.

In a House of Commons vote (on March 19) to stop Post Office closures, 20 Labour MPs defied their party whip and voted for Conservative proposals to save the Post Offices.

If just another 11 had done the same, the closures could have been halted.

Dr Starkey had a chance to save the five Post Offices in Milton Keynes that are earmarked for closure. She decided not to do so.

These closures will hurt the communities they serve. Milton Keynes deserves better than this.

Iain Stewart
Conservative Parliamentary Candidate, Milton Keynes South

Ill-advised comments

SIR – I attended a meeting of Milton Keynes Council on Tuesday July 8, primarily because I was interested in the eco-towns debate.

I have not attended a council meeting before, nor am I particularly party political although I do strongly believe in voting and was pleased to see a debate on that subject.

I accept that with Lib Dems and Conservatives being so close in the number of councillors there is bound to be some tough words and strong debate, I also accept and understand that the Conservatives do not like the Liberal Democrats and in particular their leader Isobel McCall. I also accept that there will be some political banter between the political groups.

But the comments from the leader of the Conservatives, Andrew Geary, where he compared Isobel McCall to Mugabe - I found absolutely intolerable.

If Cllr Geary had any idea of what Mugabe has been doing for the past decade, he would not have made such ill advised comments, clearly he is badly educated and in a time when Milton Keynes needs community leaders; he clearly does not fit the bill.

If Cllr Geary does not understand the difference between Cllr McCall and Mugabe he is not fit to be the alternative leader of Milton Keynes Council and he should do the right thing and resign.

Mr J Carville
sent by e-mail

SIR – So Dr Starkey MP has voted to keep the £24k allowance which MPs receive on top of their salary has she?

This is significantly more than I receive as my annual salary, and I suspect it is more than the majority of her constituents receive.

Dr Starkey, do not expect my vote at the next election.

You will not receive it.

Mark, via website

Climate change a gas

SIR – At last someone who can appreciate that climate change is natural and not man- made.

Cllr Andy Dransfield can at least look at the evidence and not be blinded by the rhetoric.

Global warming is a fact, there is no denying that, but the largest source of greenhouse gases – water vapour – is left out of the calculations.

It is 99 per cent natural and when taken into account means that man-made greenhouse gas emissions account for less than one per cent of the total.

It is left out because it does support the unproven hypothesis that we need to cut down the use of fossil fuels which mostly come from volatile areas.

There was no polar ice caps on this planet for over 90 per cent of the time it has existed, using the melting of the caps as proof that we are using too much Russian or Saudi Arabian hydrocarbons is spurious.

The hydrogen car much touted as the solution to global warming, emits only water vapour, which is a greenhouse gas.

Alan Price
Hulton Drive, Emberton

Emissions cut – not half!

SIR – We all know that climate change is upon us, and I applaud the council for wanting to make the city energy efficient.

However, along with Cllr Andy Dransfield, I wonder if is the right thing to spend £20,000 on, although not quite for the same reason.

Whether or not this problem is the result of human activity, the decision to halve CO2 emmissions by 2050 is admirable, but futile.

This kind of reduction can only be achieved if we throw away all our powered consumer goods, including central heating, fridges, freezers, televisions, and computers, to name but a few items. I could include cars, buses and trains, and all air travel too, for good measure.

Making the agreement is one thing. Carrying it out is quite another. I believe the way to go is to accept the change and make provision for it.

Lakes in Africa are already shrinking at an alarming rate, and the polar ice caps are melting to such a degree as to make sea-level rise not only a possibility but inevitable.

Are we to act like King Canute, by pretending we can reverse this trend, or embrace it however reluctantly, and make suitable changesx?

John Page
Fullers Slade

Islamic teaching

SIR – I write in response to the letter to MK NEWS (Muslim money target, July 2).

You make many wide and sweeping generalisations, some of which only serve to cause extremism against Islam.

If one looks at what you say about religiously segregated organisations then the same can be said for all religious groups be it Christian, Jewish, Hindu or even community groups. Where is the gripe with this?

"They have their own football, luncheon club for old people" etc.

Having their own football club allows them to further integrate into British society by playing against other teams and if you look at www.mkmuslims.org you will see the great work that Danny has done in promoting this.

As for the luncheon club I have heard of this in both the Sikh and Christian communities as well so again why the gripe because you claim Muslims do it.

The main objection which I have with your letter really comes with the total lack of distinction between Pakistani culture/political/family affairs and the religion of Islam.

If a person (with a Muslim name) kills another person (with a Muslim name) 100 metres from a mosque one instantly assumes it is a religious fight.

What about a drunken street brawl where John (with a Christian name) slices Matthew (with a Christian name) across the face with a knife within the grounds of a church? Do we see headlines about a religious fight then?

There is of course some (albeit limited) merit in what you say about education standards and future aspirations in the youth, but this is not because they are Muslims. This is due to how those people from villages in Pakistan and Bangladesh came to Milton Keynes in the late 60s to work in the industries in Wolverton and Bletchley.

These poor and sometimes uneducated people formed communities and that community has stayed ever since and some have remained uneducated and poor.

Islam teaches education, integration within society and aspiration as well as forbidding terrorism. However some people choose not to listen. It is all our jobs to remind them about that.

Remember Muslims are from all parts of the world and if you were to come to Friday prayers hosted by the Milton Keynes Muslim Association in Fishermead you may be surprised at the number of people from varied professions, walks of life and countries that attend.

I would be happy to talk to you or anyone else interested in putting aside their pre-judged stereotypes to find out the reality of Islam and Muslims e-mail me on mohamed@mkmuslims.org

Mohamed Shakir Suleman
Woolstone

No-trust trustees

SIR – Regarding 'New architect prompts pool rethink' - July 2).

To drop a development of this size into a congested residential area is a total intrusion of private residents' privacy.

I bet the Rev Trigg does not live on Stratford Road or Christchurch Grove to view this three storey monstrosity.

The trustees of the Radcliffe Trust need bringing to book for selling the covenants on the land for a mere £250k.

Where's the consideration for the nearby households who put money into their coffers a few years ago when College Fields was sold.

The whole thing is dispicable, not that I am against the redevelopmet of the school, just the way and manner in which it has been re-hashed.

Graham Frankland
sent by email

Community post office is worth fighting for

SIR – Can I ask why they feel it necessary to close our local post office on Fishermead?

While I am able bodied it's not really a problem for me to queue at the Crown Walk Post Office for up to 40 minutes.

Imagine if I'm disabled or elderly.

How are they expected to stand in a queue for this length of time? Often outside the post office doors without any seating or even supports.

Is Fishermead just a little too far for an elderly of disabled person to walk? Yes probably, so they will need to get a bus.

Fishermead Post Office has a steady flow of customers throughout the day, most if not all know the staff behind the counter who have always been friendly and polite.

I know one of the people who has been tasked with the job of closing these smaller post offices. He is around 40 years old and at the moment he and his family are able bodied.

But what happens in 20 or 30 years time, when he and his family start to age and they may be unfortunate enough to suffer a disability, will he be happy with what he has done?

I know that pensions, etc can be paid direct into bank accounts, but what if the person does not have an account?

I believe the decision has already been made and our post office will be closing, even though the consultation period is running till August 26.

Please give a thought to those that need a community post office. We all need to voice our views so contact your local MP, e-mail: consultation@postoffice.co.uk or write to the National Consultation Team, Post Office Limited, Freepost Consultation Team

Ian Wright
Fishermead

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Letters must arrive by noon on Monday. Full name and address must be supplied. Details will be withheld in only exceptional circumstances. Letters should be kept short and to the point and may be edited.

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Railway station copies: Haines Watts have verified that for the six months to June 2007 on average an additional 1,939 copies were distributed to passengers at MK Central railway station.

THIS police car came off the worse for wear after it collided with a van last Wednesday. The car was travelling along Stratford Road in Wolverton when the crash happened at about 11am.
A spokesman for Thames Valley Police said: "The officers were on routine patrol along the Stratford Road in Wolverton when a silver van pulled out in front of the police car on a roundabout causing damage to the wing."
No one was injured.

'Sexually motivated' physio awaits fate

A DISCIPLINARY panel has ruled that an osteopath who was treating a woman with back injuries was sexually motivated in his actions.

John Perrott, 55, of Blackmoor Gate, Furzton, appeared before the Health Professions Council this week, accused of a string of allegations including touching a patient innapropriately and making innappropriate comments.

The 26-year-old patient, identified only as Ms A, was required to undress on three occasions after she went to him with a whiplash injury.

It was alleged that Mr Perrott failed to ensure that she was content to undress and failed to ensure that she could undress in private.

Mr Perrott could be struck off if found guilty of unacceptable professional conduct.

No disciplinary measures have yet been taken and the proceedings have now been adjourned until September, for a decision to be taken.

Disciplinary panel chairman, Colin Allies, said: "Mr Perrott made inappropriate remarks of a sexual nature while the internal examination was being carried out."

The panel accepted Ms A's evidence as credible.

Perrott was cleared of removing Ms A's bra without permission but found guilty of a string of other allegations.

Giving evidence the woman told the panel she had suffered whiplash in a car accident and went to the osteopath with neck and back pain.

Ms A said: "Mr Perrott told me he massaged most of the lesbian community in Milton Keynes.

"He said they would turn up with holes in their knickers and one black woman never wore knickers at all."

As her wedding was six days off, he offered to conduct an internal examination to help her childbirth suggesting she may have a twisted pelvis.

Ms A said: "Suddenly, it moved to 'take your knickers off' and I thought what's happening now?"

Ms A said she returned to her place of work, spoke to a colleague and contacted the police.

Perrott told the panel: "I made some light-hearted comments I should not have made.

"I got lax in some procedures.

"I hold my hands up and say I'm sorry."

Mr Perrott, a registered physiotherapist, told the hearing in London that he has now changed his procedures, providing a screen and gowns, and will no longer carry out internal examinations without a chaperone.

Council could save threatened POs

THREATENED post offices in the city could be saved by the council.

Last night Milton Keynes Council was due to commission a £30,000 business case for saving one or more of the city's six threatened branches.

It could, according to Cllr Vanessa McPake, cabinet member for community, result in the council or parish councils taking over the branches or lead to mobile post offices.

This means Milton Keynes could be the second city in the country to save its post offices, following the decision in Rochdale last week for its council to pay its threatened branches' Government subsidies.

An eight-week consultation into the closure of six Milton Keynes post offices, including Fishermead and Weston Underwood, is currently under way as part of the national 'network change programme'.

Cllr McPake said: "We believe that post offices play an important part in the community.

"We know how strongly held people's views are and how much people value the post offices."

Mother airlifted to hospital after collision with lorry

A FAMILY from Milton Keynes were injured when their car collided with a lorry at the weekend.

The driver, a 39-year-old mother, was airlifted to hospital with serious internal injuries after the crash in north-east Lincolnshire on Saturday.

The woman's 81-year-old mother was sitting in the passenger seat and suffered serious chest injuries.

Her children, an 11-year-old boy and 14-year-old girl, were rear-seat passengers and received minor injuries.

The crash occurred at about midday, when the family's car collided with a lorry on the A180.

The lorry driver was unhurt in the collision. All the occupants of the car were taken to the Diana Princess of Wales Hospital, in Grimsby.

The road was completely blocked following the collision and closures were in place for about four hours while the clear-up was carried out and the vehicles were removed.

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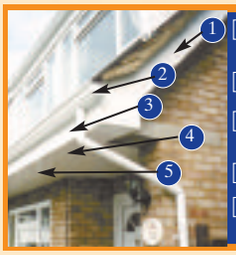

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MKFUN WEEKEND

DESPITE fears over the weather, Big Moo 2, the Fringe Festival of the Arts and MusiK 4U were all labelled a success by organisers.

The bonanza began on Friday and visitors were treated to a busy weekend schedule which included world record attempts, a diversity parade, mascot Olympics and a 150ft funfair ride.

Big Moo 2 organiser, Stewart Bailey, said: "It was superb. There were challenges with the weather on Saturday but Avebury Boulevard was packed all day and the mascot race was a huge success again. It was quite incredible seeing 610 people walking around with their faces painted as cows too!"

At Station Square teenagers and children enjoyed skateboarding and rocking out by the MusiK 4U stage while others headed to the urban beach to see some professional volleyball.

The mass face painting event broke the previous world record by just two faces while art of a different kind impressed shoppers during the city's first Fringe Festival.

Over 100 artists and organisations showcased their work one highlight at thecentre:mk was seven robotic parrots, created by local artist Martin Christie, which echoed every word said to them.

On Sunday the most diverse group of people ever to assemble in Milton Keynes filled Christ the Cornerstone Church to celebrate the city's variety.

Residents of every age, sexual orientation, religion, ethnicity and physical disability then paraded through the city centre.

Fringe Festival organiser Gavin Anderson said: "I saw a Jamaican poet from Birmingham talking about worshipping Jesus in a g-string, standing in the pulpit at Christ the Cornerstone Church next to an Anglican priest!"

No travel worries: The Big Moo beach proved a poular venue. Below: One of the 602 painted faces

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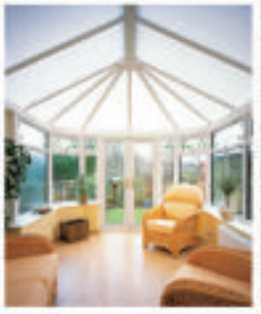

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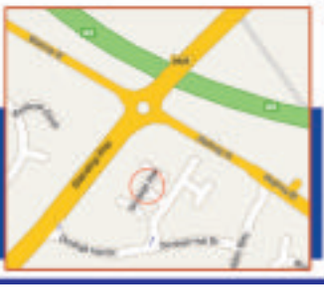

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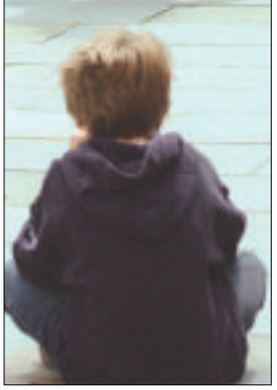
MKFUN WEEKEND

Ice, ice baby: Percy the penguin all of a flutter on the ice slide



Jessica Rost as Gasping Goldie in Magaret Powell Square

I got rhythm: Wolverton Samba band heads the Celebr8 parade

Fur 'n' feather: Carlisle United mascot Olga the Fox is ready to pounce as Mooie takes on Theo the Wyvern in the egg and spoon race

MORE ACTION PAGE 9

Scrambled eggs: The mascot egg and spoon race turned to mayhem as Captain Blade goes wild

In the pink: Cherry KiKZ on the Big Moosic stage in Campbell Park on Sunday

Net call: Volleyballer Liane Herbert, left, in action during the Dodge tour

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MKFUN WEEKEND

FROM PAGES 6 AND 7

Up, up and away: The Big Moo2 Moosic Stage in Campbell Park

Dress code: A street entertainer joins the Celebr8 parade to close the Fringe Festival

All the world's a stage: MKT Youth Theatre perform A Midsummer Night's Dream

On time: On Point on stage at Station Square during Musik4U

The Extractors on stage at Station Square in Musik4U on Saturday

Left: Skateboarders strut their stuff at Musik4U urban sports. Above: Fabulous

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MKNEWS 'Where news comes first in MK' www.mk-news.co.uk

No through road: Emergency services and drivers on the M1 southbound at Little Linford after a trailer tipped over and cows and dogs escaped onto the carriageway

M1 cattle gridlock

CATTLE and dogs were loose on the southbound M1 on Friday morning after a trailer tipped over.

Traffic was brought to a standstill between junction 15 and 14 at around 9.30am when four cows and three dogs escaped from their trailer, which overturned after one of its wheels broke.

Drivers and onlookers watched as traffic came to a halt while animals ran round on the motorway before they went into a nearby field and were caught.

The trailer was on the inside lane, on one side, while a Landrover ended up in the outside lane facing oncoming traffic.

It is thought that a man was injured and one of the cows had to be treated by a vet.

Eyewitness Stacey Ford, from Newport Pagnell, was on the Little Linford motorway bridge just after the trailer tipped over.

She said: "I saw two cows running up the carriageway.

"There was a black one and a brown one, running all the way up and down the road.

"It was surreal – like something out of Pink Floyd."

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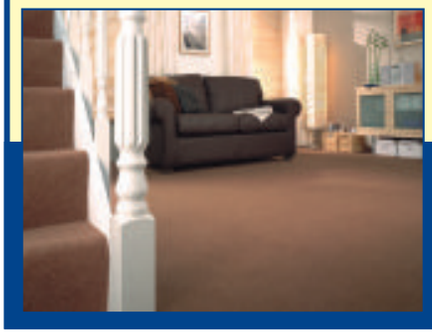

MKNEWS BRIEFS

Nuclear kids' treat

CHILDREN from Chernobyl were treated to a new pair of shoes courtesy of John Lewis at thecentre:mk

The store invited a group of children from the Friends of Chernobyl charity down on Monday to give them their presents.

The children are part of an annual trip to the city where they stay with local families.

Fuelling fears

THE rising cost of petrol is one of the biggest concerns for residents of Milton Keynes.

That is according to Conservative city MP Mark Lancaster, who is asking residents to respond to a consultation on the cost of fuel.

His party is proposing a 'fair fuel stabliliser' which would see fuel duty drop whenever oil prices rise - instead of the automatic 2p rise in tax in October.

Mr Lancaster said: "It's really important that we see more done to tackle the cost of living here in Milton Keynes."

He added: "Milton Keynes was built for the car and city residents are suffering more than most at the rising cost of fuel.

"I'm keen that anyone in our area, who has a view on the price of petrol and diesel is able to be heard."

■ To have your say go to www.conservatives.com

Family's tribute to stabbed mum

Sandra Andrews: Found dead at a city flat with multiple stab wounds – her ex-husband, David Andrews has been charged with her murder

BY ROB GIBSON

rob.gibson@mk-news.co.uk

THE family of a woman found dead at a city flat has paid tribute to the mother-of-four.

Police found the body of Sandra Andrews, aged 54, at a third floor flat on Ramson Avenue, Conniburrow, last Sunday morning.

Her estranged husband, David Andrews, 55, has been charged with her murder.

At an inquest into the death yesterday, coroner's clerk Linda O'Reilly said that an initial post mortem indicated that Mrs Andrews died from multiple stab wounds to various parts of her body, including her neck.

Mrs Andrews had eight grandchildren and was living with her daughter in Middleton. She worked at the River Island warehouse in Magna Park.

A statement from her family said: "Everything about Sandra was caring and special and she was completely devoted to her family. There are no words to express how much Sandra will be missed, her loss is felt very deeply and has left her family reeling from the shock of her sudden and tragic departure.

"She was a beloved mum to daughters Tracey, Letitia and Charlotte and son Edward; a doting nanny to granddaughters Logan, Sammie, Shian, Lauren and Kerryanne and grandsons Lewis, Mason and James; a devoted sister to Allan and Graham and a dear friend to Jane and Pat."

Mr Andrews, a cleaning supervisor at Ikea, will appear at Luton Crown Court next week.

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Speaking out on organ transplants

A CYSTIC fibrosis sufferer is battling to spread the word about the importance of transplants.

Oli Lewington, 24, of Knaresborough, Bletchley, has just recovered from a double lung transplant.

Tomorrow he is planning to attend a meeting at the Treasury as a Live Life Then Give Life Trustee, to help answer questions about organ donation from the assembled civil service members.

Oli, 26, has previously worked alongside Tamzin Outhwaite and Harry Lloyd on a TV series Vital Signs to show them what it is like to live with the genetic disease.

He said: "Words cannot describe the difference my transplant has made to my life.

"From having weeks left to live, I've gone to planning a future and I want to help make sure other people get the same chance I've been given."

Oli was born with Cystic Fibrosis, a progressive lung condition that damaged his lungs to such an extent he was listed for a double lung transplant.

Knowing 50 per cent of people in his position die waiting due to the desperate shortage of registered organ donors, Oli has long been an avid campaigner and raises awareness whenever he can.

Oli and vice-chairman Emily Thackray will head to Whitehall to address members of the Treasury about the transformation a transplant can bring.

Emily said, "Whilst Oli and I have been lucky enough to receive the gift of life, 1,000 people still die every year whose lives could have been saved by a transplant.

We have lost many friends over the years and it's so sad when you know what could have been. We are looking forward to talking to the Treasury and answering any questions they might have. "

Oli added, "There are so many misconceptions about organ donation and it's part of our mission to make sure people understand the facts and the realities of such an important topic, which is so hotly debated."

■ To sign up to the NHS Organ Donor Register please visit www.uktransplant.org.uk or telephone 0845 60 60 400. For more information on Live Life Then Give Life please visit www.livelifethengivelife.co.uk

Answering transplant questions: Oli Lewington

MP Starkey warns: 'Don't build new towns like Milton Keynes'

A CITY MP has warned the Government against designing its new towns to be like Milton Keynes.

Dr Phyllis Starkey, as chairman of the Communities and Local Government Select Committee, issued a report criticising the Government for never fully evaluating the 32 'new towns' built after the second world war, despite its plans to built three million new homes by 2020 and a series of eco-towns.

The committee hopes the 'mistakes' made previously will be considered in the design of future towns. In Milton Keynes's case, Dr Starkey, who is also MP for Milton Keynes South West, says mistakes include infrastructure wearing out, such as the 200 bridges being in need of repair, as MK NEWS revealed last week.

She also cited the fact that the city was built around the needs of the car – an outmoded approach in today's environmentally-conscious society.

"We are one of the more successful new towns," she said.

"But we do have to issues on our infrastructure, such as the bridges wearing out.

"We also need to invest money in older estates so we do not have a two speed city. A lot of the what's been done in Milton Keynes is good, most estates have mixed housing for mixed communities. There is also great landscaping.

"Less successful is the fact that we were built in an era when people thought it was OK to rely on the car. We are very low density and it is extremely hard to run a decent bus service. Fuel costs are rising and greenhouse gas is taken more seriously. One wouldn't want to reproduce the ground plan of Milton Keynes in other places."

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Beijing-bound runner turns out for children

BY SIMONE CORGAN
simone.corgan@mk-news.co.uk

A BRITISH athlete is planning to incorporate a Milton Keynes running event into her Olympic warm-up.

Liz Yelling, who competes for Great Britain in the 10,000m, cross country, and the marathon, has signed up to take part in the National Society for the Prevention of Cruelty to Children's MK Half Marathon.

This Sunday the 33-year-old will line up alongside residents of Milton Keynes to raise money for the children's charity while gaining some valuable preparation ahead of this year's Beijing Olympics.

Speaking to MK NEWS Liz said: "I've participated in the NSPCC Milton Keynes half marathon before and apart from being a terrific fund raising opportunity it's a great race to be a part of.

"It's a warm and friendly atmosphere and I just love seeing everyone trying their best and achieving their goals.

"This race will be final run in the UK before I head out the Beijing and I'm really excited to be able to join in the day's fun and running."

Liz will not be taking the 13.1 mile run as a stroll in the park, she will be her usual competitive self and can not wait to see the MK sites.

Olympian Liz Yelling: Running the NSPCC half-marathon in MK

She added: "I think Milton Keynes is a great place for sport and especially running. The redways, canals and parks offer lots of opportunities for running.

"I grew up in Ampthill, lived in Maulden and Bedford so MK was a regular running and shopping venue for me."

It is the tenth year of the NSPCC half marathon, which begins at 10am at Bury Lawn School, and has raised over £210,000 through the hard running of volunteers.

Organisers are hoping the event will go smoothly as they aim to top the £250,000 mark.

Liz is a veteran in her game and has seen many youngsters fail to make the grade in the gruelling athletics world.

So what does Liz think of our own athletics Olympic hopefuls Craig Pickering and Greg Rutherford?

"I'm sure Craig and Greg would love to make it to Beijing and join me. They certainly are very talented in their respective events.

"The city also boasts a great triathlon scene with Team MK and a strong running club with Marshall MK Athletic club showing some very promising youngsters."

■ To take part in Sunday's NSPCC MK Half Marathon or to find out more visit www.mkhalfmarathon.org.uk or call 01908 328060.

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New university boss is a 'convert' to city

A LEADING academic who was behind the development of the first MRI body scanner has been appointed as the man in charge of the new University Centre Milton Keynes.

Dr Keith Straughan has taken up the post of vice principal of the new centre where degrees will be taught from September 2008.

His previous high profile roles include being senior tutor and Fellow in Theology at Cambridge University and lecturer in medical imaging at Imperial College, London where he was involved in the establishment of a major new medical research centre.

"I'm very excited about my new role. I have become captivated by Milton Keynes. Until I applied for the job, all I had seen of the city was its shopping centre and Standing Way so I had a very artificial view of it. But after spending time looking around and getting to know the area I am a complete convert, so much so that we have bought a house here," he said.

"Milton Keynes is a young, exciting, dynamic city which has a successful track record of being first in establishing things. I want to do the same by leading the way in higher education here. I was captivated by the ethos and atmosphere of the College and feel this is a fantastic opportunity for the city as well as for my own professional development."

The new University Centre Milton Keynes (UCMK) will open on September 22 at 200 Silbury Boulevard. Milton Keynes Partnership has provided an investment of £7.3m to purchase and refurbish the building.

Dr Keith Straughan, vice principal of the University Centre MK

It will be run by Milton Keynes College and will initially have places for 700 undergraduates with a wide range of degree-level courses on offer.

MK College†Principal Rob Badcock said he is delighted that Dr Straughan has taken up the prestigious post: "Keith is an exceptional individual who will be able to use his extensive knowledge to help make UCMK one of the most credible and successful modern higher education institutions in the UK."

Dr Straughan has already been working closely with the senior team at MK College and added: "We will also be carrying out research and development from an early stage and I already see a synergy emerging between my own specialism in digital imaging technology and MK's strong presence in the high tech and creative industries. We are still at an early stage but knowledge transfer is a big part of our plans and we aim to deliver enormous benefits to the local economy."

He added: "I am incredibly passionate about higher education and I am really excited to be involved in moulding a university in a modern context. Our provision will be high quality and dynamic; it is a great opportunity to put Milton Keynes at the cutting edge of focussed and tailored higher education. Modern society has to respond to the needs of business and to think creatively about the shape and nature of sustainable communities. Universities ought to be at the heart of such engagement and the new University of Milton Keynes certainly will be."

Dr Straughan is moving to Milton Keynes from Ely, Cambridgeshire with his wife Christine, a chemical pathologist, and son Matt, 17 and daughter Becky, 14.

He lists his hobbies as going to the gym, walking, photography, wine tasting, reading and watching sport. He supports Everton football club.

'Joined up' services for kids

SERVICES for young people are being transformed in Milton Keynes after the launch of the Children's Trust on Friday.

Nearly 200 headteachers, social workers and health professionals met at a conference on Friday at Whittlebury Hall in Northamptonshire to discuss their priorities and how they could work together.

It ties in with the annual review of the city's children and young people's plan, which has shown an increase in the number of children playing sport, more children saying they feel safe, a greater number of volunteers and more people in education.

Cabinet member for children, Cllr Sandra Clark, said: "By working together in partnership, we are committing to a common vision for improving services for children, young people and their families. We had a very successful inaugural event last week, which showed a strong desire to provide joined up services to ensure that our children and young people thrive and prosper.

"We gathered many useful ideas and comments for the Children's Trust to take forward and act on."

She has defended criticism that the event was held out of the county saying it was a decision made by officers which the council had no leader in May.

The event cost £55 per person plus £800 for the hire of other rooms at the hotel.

Counterfeit porn DVDs sold at car boot

A 30-YEAR-OLD man who sold counterfeit hardcore pornographic DVDs at a car boot sale has been handed 200 hours community service.

Paul Wood, of Thame Court, Stantonbury, pleaded guilty to 32 charges relating to the supply of the DVDs.

Magistrates sitting in Bedford were told that between June and September last year Trading Standards officers visited the Lidlington Car Boot Sale in Bedfordshire, where they made a series of test purchases of counterfeit DVDs from a stall being run by Wood.

Once they had their evidence, officers raided the stall and seized a number of DVDs, including hardcore pornography films. A search of Wood's home address in Milton Keynes was carried out, where more DVDs were seized, together with a computer system that was being used to manufacture DVDs.

Woods was sentenced at Bedford Magistrates' Court on Monday, June 30, following a prosecution brought by Bedfordshire County Council.

In sentencing Mr Wood to undertake 200 hours of unpaid work in the community, the magistrates said these were serious matters but they had taken into account his guilty plea and the fact that he was the sole carer of three young children.

They imposed a 15-day training order, £250 in costs, and ordered the destruction of the DVDs and the computer system.

Cllr Bob King, Bedfordshire County Council cabinet member for community services, said: "Here we have an individual who thought that trading in both counterfeit and pornographic DVDs was going to be a profitable enterprise. However, Trading Standards officers have made sure that this has been extremely costly."

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Cold comfort for carbon vote pair

A FRONT bench Tory councillor's motion against the 'religion' of climate change was defeated last Tuesday.

Cllr Andy Dransfield proposed a motion that Milton Keynes Council should acknowledge that causes of climate change are not yet certain.

He was concerned that the council was steaming ahead with plans to cut carbon emissions without considering research that shows humans may not be the cause.

However only two councillors, himself and Cllr Don Hoyle, voted in favour.

Cllr Douglas McCall, cabinet member for the sustainable development, said: "All sensible scientists believe man is impacting on climate change.

"Those against this tend to be from interest groups.

"I'm really pleased that the overwhelming majority of councillors reaffirmed the position the council took on climate change in January."

Cllr Dransfield said: "I didn't expect it to be successful.

"There are too many people with their heads in the sand."

'Too many people with their heads in the sand': Cllr Andy Dransfield

Sporting great on a mission

SPORTING legend, Tanni Grey-Thompson has visited the city to help local sports education charity, Sports Leaders, get business involved in leadership training.

Dame Tanni, Britain's greatest Paralympian with 10 gold medals, spoke to city business leaders at the launch of the World Trade Centre and met Sports Leaders' staff at its Linford Wood HQ.

She also accepted a cheque for £3000 on behalf of the charity from Abbey and its employees.

Sponsorship money raised by Sports Leader entrants in the British 10k London Run, together with the Abbey donation will pay for Sports Leadership courses in areas of sporting deprivation in MK.

Sports Leaders chief executive, Linda Plowright, said: "Sports Leadership awards give young people practical skills in organisation, fitness, self-confidence and communications.

"These qualities have real value to employers so it is in companies' own interests to get behind our growth plans."

Dame Tanni is an ambassador for Britain's Sports Leaders who aim to complete one million hours community volunteering before London 2012 and half a million before Glasgow 2014.

Dame Tanni said: "Spectacular though they are, the benefits of major sporting events like the London 2012 Games and Glasgow 2014 need to be translated into sporting reality by our young leaders.

"Their work in making sport happen will add up to one of the biggest benefits attracting major sporting events to Britain."

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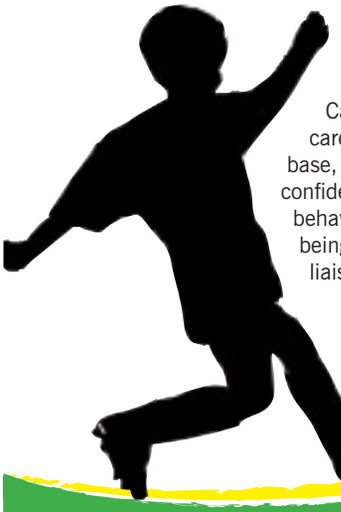
Long term foster carer required

Carl is a 10 year old child of dual heritage; his parents are White British/ Jamaican. He is a charming bright boy with a quick sense of humour, who loves football, swimming and singing. Carl is a natural artist and loves colours. He's also a big fan of Star Wars and Harry Potter.

He lacks self confidence and as a result finds it hard to share with young children.

Carl needs experienced foster carers to provide a long term base, and to help boost his confidence as well as manage his behaviour. He would benefit from being in a family where he can liaise with a Black role model.

For more information contact Indrani Kesar, Senior Social Worker on 01582 54 76 12.



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Seven-day week at health centre

BY JESSICA CUNNIFFE
jessica.cunniffe@mk-news.co.uk

PEOPLE in Milton Keynes find it more difficult to see their doctor than those living in other areas.

That is according to the Primary Care Trust which is, as a result, consulting on a GP-led health centre in the city.

A recent survey revealed that almost half the people in the city said they found it difficult or very difficult to get a GP appointment at a time that suited them.

Therefore the proposed new health centre will be open seven days a week from 8am until 8pm in an attempt to fill in the gaps in services.

Anyone would be able to register there, wherever they lived in Milton Keynes.

It is an alternative approach to that used in other parts of the country with the introduction of controversial super surgeries.

So-called polyclinics – which 1.2 million people signed a petition against, believing they threaten existing doctors' surgeries – were an initiative feared by city MP Mark Lancaster.

However Ben Bradshaw MP, a minister at the Department of Health, assured him in the House of Commons that they will not be adopted in Milton Keynes.

Meanwhile, other city MP Dr Phyllis Starkey was arguing the case for flexible clinics, describing a constituent who could not get an appointment to be referred to a consultant because she is a shift worker.

A PCT spokesman said: "Although we are obliged to open a new GP-led health centre anyway this is particularly helpful in the context of Milton Keynes because of the population growth we are expecting means we need two new GP surgeries in the next five or seven years. GP services remain highly valued by both patients and the trust and, apart from addressing the issues of access in some practices, there are no plans to change the way in which they operate."

Woman hurt in drunken daylight attack

TWO drunken females punched and shouted abuse at a woman in a city underpass.

The offenders were shouting at people as they walked through the underpass between CMK shopping centre and the Exchange building.

Their aggression escalated when they stopped a 32-year-old woman and started punching her.

She was hit a number of times and sustained a cut to her hand.

The incident happened at about 1.30pm last Wednesday, July 2, and the police have just launched an appeal for eye witnesses.

The first offender is white, about 17-years-old, thin with straight blonde hair, and was wearing light blue jeans and a striped top.

The second is white, in her mid-20s, quite broad and had brown hair with a pony tail.

She was wearing jeans, a turquoise top and trainers.

PC Alex Gurr said: "There would have been a number of people around the time who would have seen the two women. I urge anyone who witnessed the assault to contact the police."

PC Gurr can be contacted on 08458 505505 or call Crimestoppers anonymously on 0800 555111.

■ Two women, aged 17 and 25-years-old have been arrested on suspicion of racially aggravated ABH. Both have been bailed until August, when they must return to Milton Keynes police station.

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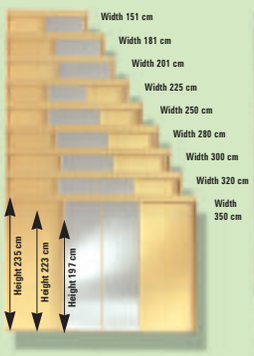

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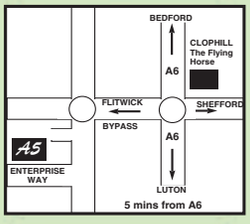

Welcome to the Team Dr Thorogood

Doctor of Chiropractic, Rachel Thorogood.

Milton Keynes Chiropractic Clinic in Fenny Stratford has gone from strength to strength in the 3 years since it was established.
When asked why his clinic has become such a popular and successful clinic the principal practitioner Gary D. Jackson DC said the following:
"There are many reasons for our success but I would say that on-top of the thorough level of professional training that all associates in my clinic have undergone, the key factor is that to us patient care really means something, we are passionate about what we do and take great pride in doing the best for our patients; that is crucial and I always look for that with anyone who wishes to be based in my clinic. This is more than the case with Rachel, she is an exemplary practitioner and I am so very pleased to have her onboard. I spent 5 years studying with Rachel and I know how determined she was all those years ago as a student, I know she will be an asset to the clinic, her patients and Milton Keynes".

Rachel has had 7 years experience in clinical practice in Devon and Greater London. She graduated from the
Anglo-European College of Chiropractic with a first class honours degree and a Masters degree in Chiropractic
medicine.
Although 'back, neck, pelvis and limb pain', 'sciatica', 'disc and nerve problems', 'pins and needles' and 'arthritic pain' are all common problems that chiropractors are know to successfully treat Rachel's clinical expertise runs broader than that.
Since graduating she had studied numerous post graduate courses in the fields of paediatrics and sports injuries.

She led on to say "These are particular areas of interest to me. The treatment of babies and children is always rewarding and they often respond very quickly to chiropractic treatment. Common complaints include colic, feeding difficulties, sleep problems, ADHD and many more. Of course mums are often in need of treatment too! Which is especially important during pregnancy. If any of your readers have any questions about what we do and the conditions we treat them please give us a call. We look forward to hearing from you".

Milton Keynes Chiropractic clinic is located in Aylesbury Street, in Fenny Stratford. They offer evening till 9pm and weekend appointments and can be contacted on 01908 372737. www.mkbackpain.com

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Burglars threaten mum and children

BY ROB GIBSON
rob.gibson@mk-news.co.uk

A WOMAN and her two young children were subjected to a horrifying ordeal when burglars ransacked their home.

A group of men broke into the house in Goodwin Close, Wavendon Gate, and threatened the 29-year-old mother and children.

They then raided the house, taking a computer, a laptop and some mobile phones, before escaping.

The incident occurred at around 11.30pm on Friday, June 20.

On Friday, three weeks after the incident, Thames Valley Police released a statement appealing for witnesses to come forward.

DC Darren Street said: "We would like to talk to anyone in the area at this time who may have seen the men leaving the property. Because of the size of some of the goods that were taken it's likely that the men had a vehicle parked nearby.

"This was a terrifying ordeal for those involved so anyone with information about who these men might be should contact us.

"Burglaries like this are rare in Milton Keynes but I would remind residents to ensure windows and doors are kept secure overnight."

Anyone with information can contact PC Darren Street on 08458 505505 or call Crimestoppers anonymously on 0800 555111.

Thieves could be selling stolen watches

ANYONE looking for a cheap tan should be wary of cut price products after a salon was raided by burglars.

The offenders forced the back door at the Factor Me tanning salon at Queensway, Bletchley, and stole £20,000 worth of goods, including Fake Bake tanning products, STORM watches, jewellery, perfumes and cash.

Police are appealing for anyone who has been offered a cut-price STORM watch or Fake Bake products, to call them.

PC Kelly Gardner said: "STORM only allow certain companies to sell their watches and there are only a few approved stockists in Milton Keynes. If you are approached by anyone trying to sell you a STORM watch, there is a high chance that they have come from this burglary and we would urge you to contact us."

The burglary occurred on Friday, July 4.

Contact PC Gardner on 08458 505505 or call Crimestoppers anonymously on 0800 555111.

Firefighters treating plastic factory blaze as suspicious

AN investigation into a factory fire is taking place after a suspicious blaze took place on Saturday.

Fire crews from all over the city were called to Massmould, in Bradbourne Drive, Tilbrook, at 7.22am.

The fire started in an oil drum outside the two-storey building, where plastic products are made.

Incident commander, David Norris, said that without specialist equipment they could not have stopped the fire spreading.

"Crews wearing breathing apparatus were able to get inside with a hose reel and knock the fire down," he said.

"Had they not been able to do this it could have spread very quickly."

Former French Vogue fashion editor Barbara Baumel: in the city to promote Eurostar

Let le train take the strain

VIDEO

THE distance from Milton Keynes to Paris may be long but the journey is not.

It takes just four hours to get from city to city, and to emphasise that fact former French Vogue fashion editor Barbara Baumel came to the centre:mk last week.

Stylist to the stars, including Carla Bruni, Mme Baumel advised the shoppers of Milton Keynes on adopting the French style.

She encouraged them to take a trip to Paris to get inspired, as a through fare system from Milton Keynes to continental Europe has recently been introduced.

Reporter Jessica Cunniffe popped to Paris and back with Barbara on the Eurostar (or rather the Eurostar simulator). To watch the video interview go to www.mk-news.co.uk.

Last year's Milton Keynes & North Bucks Chamber of Commerce Business Excellence Awards at stadiummk

Still time to enter MK's best business awards

SOME of the very biggest names within the Milton Keynes business community have come together to sponsor the most prestigious awards ceremony of the year.

The 2008 Milton Keynes & North Bucks Chamber of Commerce Business Excellence Awards celebrate and acknowledge the best businesses across a wide variety of sectors.

The main sponsor of the awards and the annual dinner being held at StadiumMK on October 9 is Milton Keynes Partnership but many other companies are backing the awards and sponsoring individual categories. This year there are 15 different categories for companies to enter covering a wide range of activities including training, business innovation and international trade.

MKNEWS is the main media sponsor for this year. Among the category sponsors you'll find blue-chip companies together with local businesses all lending their support to the awards.

Marshall Amplification is sponsoring the Young People in Business category to find the local budding entrepreneurs of the future.

Coca Cola Enterprises Ltd is, once again, sponsoring the Training Excellence category which aims to find the company most demonstrating success through a commitment to developing its people.

Other category sponsors include the-centre:mk, emw Law, Kimbells, The Open University, D & P Consultants and Cawleys - all showing a commitment to celebrating the skills and successes of Milton Keynes and North Bucks businesses over the last 12 months. There are a few category sponsorships still available and if your company is interested please contact the Chamber of Commerce on 01908 259000.

There is still time to enter your business for the Awards by applying for an application form at www.mk-chamber.co.uk or via email at chamberawards@mk-chamber.co.uk. You don't have to be a member of the Chamber of Commerce to enter.

■ Tickets for the Awards Dinner can be booked by telephoning 01908 259000 or e-mailing theevents@mk-chamber.co.uk

CATEGORYCRITERIA

The Business Excellence Award
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Category 2
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Category 3
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(£1m - £5m turnover)
Open to Businesses with turnover between £1m - £5m in the last year:

Category 4
Business of the Year
(under £1m turnover)
Open to Businesses turning over less than £1m in the last year:

Other categories

Category 5
International Trade Consistent Performance

Category 6
New International Trader

Category 7
Commercial Property Company of the Year

Category 8
Business Innovation Award

Category 9
Training Excellence Award

Category 10
Contribution to the Community Business Supporting the Local Community

Category 11
Energy & Environmental Award

Category 12
Retailer/Food Service Provider of the Year

Category 13
Young People in Business Award

Category 14
Schools Award for the Best Relationship in Business

Category 15
Milton Keynes Community Foundation 'Contribution to the Community' Award

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Milton Keynes has been host to a number of festivals and musical events recently, such as The Big Moo 2, Linkin Park's Projekt Revolution & Togfest as well as being home to various live music venues in and around the City Centre. So, if all the recent music activity has wet your appetite why not check out what MK has to offer in the way of Music

MKANNOUNCEMENTS

Congratulations

LOUISE CONNELLY
Congratulations in obtaining a First Class BA with honours degree in Business and Marketing.
Love Mum, Dad, James

ANDREA BEESON
Congratulations on your first class B.A (Hons) Degree.
Very proud of you.
Lots of love Mum xxx

GEORGINA ATKINSON
Congratulations on your 1st Class Honours degree in Sociology.
Well done on your wonderful achievement!
Love Caron, Corrina, Mum, Ron, Irene and friends

MARIA SINKO
Congratulations on completing your degree with 1st Class Honours
"Practically perfect in every way"
Well done.
All your family and friends are very proud of you

CHAMPION/ CHAMBERS
Lisa, Steve & Beth
You surprised us all with your wedding on **Beths naming Day! 5th July 2008.**
Love and congratulations Mum, Colin and all the family.
Well done Steve on your Sports Studies Degree and forthcoming Research Masters

Births

MICK & GILL PEDLEY
are proud to announce the safe arrival of their daughter
MOLLY LILLE MAY
a sister for Brett and Brandon

Birthdays

KIM GATES
Congratulations and lots of love for your 18th Birthday on 17th July 2008
from Gran and Pa

Birthdays

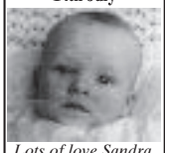
Look who's 18 on the 15th July
Happy 18th Birthday!
DANNY
Love from Mum, Nan and Grandad, Ang, Si & Corey x

WILL DONNELLY
A very **Happy Birthday WILL** (light of my life)
Enjoy your special day.
Lots of love Joan and family

JOE ALLISON
Happy 3rd Birthday
to our special Little Boy
Lots of love Mummy & Daddy xxx

DANIEL CLARK
Happy 18th Birthday for 17th July
Have a Great Day.
Also Congratulations on achieving a place at Thames Valley University.
We're all very proud of you.
Love Mum,Dad, Laura, Nan & Grandad Balmforth & Gloria.

MARK MUNDAY
GOTCHA!
Happy 40th Birthday 14th July

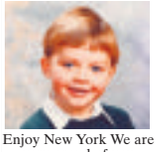


Lots of love Sandra, Sam, Joe & Matthew

STACEY HORNE
"Flea"
Always or Little Treasure
Happy 18th Birthday

Lots of love from Mum, Dad, Leo, Bella & Star

MARK PANTER
Happy 21st Birthday 15th July 2008



Enjoy New York We are very proud of you
Lots of love Mum and Dad xxx

STACEY LEIGH HORNE
"Flea"
18 on the 16th

Good luck at Warwick
Loads of love from all at Redhills, Maulden

KIM GATES
Happy 18th Birthday

Lots of love Mum, Dad & Steven xxx

SHELLEY CARTER
Wishing you a very Happy 18th Birthday on 15th July
With love from Mum, Hywel and Grandad xxx

WILLIE DONNELLY
Happy 80th Birthday 15th July 2008

All our love Sheila, Caroline, Diane, Dan, Zara & Jade xxxx

Engagements

SIOBHAN KING & TIM WOODBRIDGE
Congratulations on your **Engagement** on 5th July 2008.
Love from all your family

Forthcoming Marriages

Congratulations and love from both families
CHARLOTTE & GAVIN LLOYD
for the wedding on Saturday 19th July

MKNEWS

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Anniversaries

CAROLE & NATHAN
Congratulations on your Silver Wedding Anniversary 6th July 2008

Love from Mum, Dad, Shaun & Yvonne xx

Congratulations on your **Golden Wedding Wedding**
GINA & TIM
From John & Thelma

ENA & TIM DRING
Congratulations on your **Golden Wedding Anniversary** on 19th July 2008.
Love from all your family xxx

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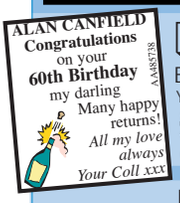
(actual size adverts below)



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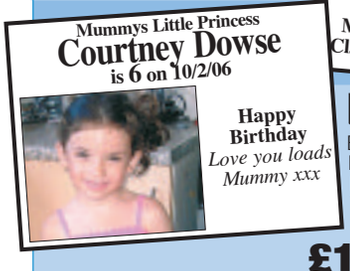
Your message in a box with suitable illustration
£7 for 12 words
(55p per additional word)

❑ 5x1
Boxed with Photo or Illustration
Your message in a box with suitable illustration or photo
£11 (20 words max)



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	12 words
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I authorise you to debit my credi/debit card to the sum of £.....
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Signature.....
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City in line for boost to railway capacity

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

A NATIONAL review to consider building new railway lines is to look at Milton Keynes train services.

Network Rail announced on Monday, June 23 that it will be conducting a strategic review into the case for building new rail lines across the country's network.

The review will look at five of Network Rail's strategic routes north and west of London, including the West Coast mainline which serves Milton Keynes and neighbouring stations.

The other routes included are Chiltern, East Coast, Great Western and Midland Main Lines.

Iain Coucher, Network Rail's chief executive said: "By 2025 many lines will be full up, especially those running to and from the north and west of London.

"This will happen even after we have implemented the investment to boost current capacity.

"With popularity for rail growing, we have to start planning for the medium and long-term future today.

"We have to see how we can meet the capacity challenge and see what solutions – including, potentially, that of new lines – are deliverable and affordable.

"This review, working in partnership with other players in the railway industry, will kick start this process."

Network Rail has launched a tendering process to appoint a consultancy to assist this study.

Andrew Pakes, Labour parliamentary candidate for North East Milton Keynes, welcomed the announcement.

"I think most commuters in Milton Keynes will recognise the description of the crowded nature of our network," he said.

"The railway has turned a corner since the dark days following privatisation but there is still a lot of room to improve.

"The Government has made a good start focusing attention on improving performance and building the extra platform at MK Central station, but we need more innovation and sustained investment.

"Our transport system is crying out for new high-speed links as a real alternative to the growth in domestic flights and the never-ending expansion of the road network."

Work alongside MK Central station to accommodate a new line and platform

> With popularity for rail growing, we have to start planning for the medium and long-term future today
>
> – Iain Coucher, Network Rail's chief executive

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at
THE MK DONS STADIUM
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Denbigh
Bletchley
SUNDAY 27th JULY 2008
11.00am - 3.00pm
FREE ADMISSION
Come and meet The Wedding Guild
refreshments available

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AA602809

CHILDREN and their parents now have a different way to relax while out shopping – watching a video. Similar to a photo booth parents pay for KIDS TV, which allows a child to watch a short video of either Postman Pat, Rupert the Bear or Basil Brush, while the parents have a chance for a brief respite from the offspring. The pod can be found in front of Starbucks near Door 5 at thecentre:mk.

Cops seek teenagers after bungalow blaze

BY ROB GIBSON

rob.gibson@mk-news.co.uk

THREE teenagers are wanted for questioning after a city bungalow was gutted by fire.

Police are appealing for witnesses after a suspected arson at a bungalow in Chervil, Beanhill, on Monday (July 7).

The fire started in the empty property at approximately 2pm, leaving the bungalow totally burnt out.

Three teenagers aged between 14 and 16-years-old were seen close to the bungalow shortly before the fire started.

Detective Constable Darren Street said: "We would like to speak to anyone who was in the area around the time of the fire who may have information that can help with the investigation.

"Although the property was empty the fire could have got out of control and caused injury to nearby residents or damage to their properties.

"We are particularly interested in speaking to the teenagers seen outside the address or anyone who may know who they are."

■ Anyone with information can contact DC Street on 08458 505505 or Crimestoppers on 0800 555111.

Concerns over surge in stamp duty costs

STAMP duty in Milton Keynes has surged dramatically in the last decade.

The average detached home in Milton Keynes now requires owners to pay three per cent stamp duty, which is £9,058 – an increase of £7,945 since 1997.

City MP Mark Lancaster is concerned about the charges. Combined with hikes in council tax, difficulties securing mortgages and the rising cost of living, he believes it will make his constituents suffer even more.

Mr Lancaster said: "We've seen taxes hiked on family homes across Milton Keynes year on year with Government increasing the burden of stamp duty by stealth, punishing people who have invested in and improved their homes.

"Now it appears even more stealth taxes are on the way in the form of new bedroom taxes to extend your home and a intrusive council tax revaluation.

"At a time when the housing market is fragile and we are entirely reliant on the Milton Keynes tariff to fund infrastructure in the city, we need practical measures to help people, such as abolishing Home Information Packs and cutting stamp duty for first-time buyers who are suffering the most."

Fonz on hand for panto plans

THE Fonz, aka Henry Winkler has visited MK Theatre to discuss panto plans.

He was in the city last Wednesday as part of a tour of UK schools to promote his series of Hank Zipzer children's books.

Before jetting back home to America he took the time to visit Milton Keynes Theatre to meet the team and lend a hand (or should that be hook) to their panto plans for Peter Pan in which he will star as the bad guy we all love to hate – Captain Hook.

The theatre's chief executive, Elizabeth Adlington said: "It may only be July but preparations are already well under way for Peter Pan.

"I was delighted to welcome the absolutely charming Henry Winkler to the theatre to discuss all our ideas for what promises to be our most spectacular pantomime ever."

Peter Pan is at Milton Keynes Theatre from December 5 until January 18.

Hey: Elizabeth Adlington and Henry Winkler

■ For tickets call 0870 060 6652 (bkg fee) or visit www.miltonkeynestheatre.com (booking fee).

ABTA

MKNEWS

NEWMARKET Holidays

BATH CHRISTMAS MARKET & THE COTSWOLDS

Look no further for a couple of festive days away and join us on this great value break to Bath's famous Christmas Market. Combining the very best of seasonal shopping and entertainment with Bath's spectacular Christmas lights. It's a yuletide experience to remember! You'll also enjoy a short tour of the Cotswold's and visit beautiful Cheltenham.

Includes ● Return coach travel ● 1 night's bed and English breakfast accommodation at the Express by Holiday Inn, Swindon ● A visit to Bath Christmas Market ● A short tour of the Cotswolds ● The services of a Tour Manager

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Includes ● Return coach travel and Channel crossings ● 1 night bed and continental breakfast accommodation at a comfortable hotel in the Lille area, such as the Campanile ● Visits to the Christmas Markets of Lille & Bruges ● The services of a Tour Manager

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5oz Dessert Bowles – 40's
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Ideal for Curries, Barbeques and all hot foods
10" Round Plates – Pack of 8
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Electricals

AA 4 Pack	39p
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MK LIFE

YOUR GUIDE TO LEISURE IN YOUR CITY

Pieces of eight at MK Theatre – see inside

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Motor Show
15 – 20 July
Come and browse the latest models and new launches in Middleton Hall. With all the top local car dealerships under one roof, it's an ideal opportunity to speak to a professional about the car you are interested in or arrange a test drive.

Proms in the Park
Campbell Park - 19 July
A classical music spectacular with Juliette Pochin and the London Gala Orchestra

Summer Concert
Campbell Park - 20 July
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Last chance for Summer Concerts!
Buy tickets at Customer Services.

thecentremk.com 0870 890 2530 thecentre:mk

WEDNESDAY
July 16

BBC1

6.00 Breakfast (T) **9.15** Heir Hunters (T) **10.00** Homes under the Hammer (R/T) (Followed by BBC News; Weather) **11.00** To Buy or Not to Buy (T) **11.30** Sun, Sea and Bargain Spotting (T) (Followed by BBC News; Weather) **12.15** Cash in the Attic (R/T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** Adrian Chiles and Christine Bleakley present a magazine series. (T)
7.30 **Heir Hunters** Series which follows the work of teams of probate detectives, who track down missing family members of people who have died without making a will. (T)
7.57 **BBC News and Regional News**
8.00 **Celebrity MasterChef** Chef and restaurateur John Torode and food writer and ingredients expert Gregg Wallace search for the country's top celebrity chef. (T)
9.00 **Cars, Cops and Criminals** Three-part series examining the changing face of car theft, narrated by Jamie Theakston. (T)
10.00 **BBC News** (T)
10.25 **Regional News and Weather**
10.33 **BBC Weather** (T)
10.35 **The National Lottery Draws**
10.40 **The Visit** Comedy set in the visiting room of HMP Radford. (T)
11.10 **FILM: What's Love Got to Do with It?** (1993) No-holds-barred account of Tina Turner's life, from her humble beginnings in a church choir to the status of world-famous rock star. Stars Angela Bassett, Laurence Fishburne and Vanessa Bell Calloway. (T)

1.05 Weatherview (T) **1.10** Sign Zone: Mary, Queen of Shops (R/T) **2.10** The Man with 20 Kids (R/T) **3.00** A Taste of My Life (R/T) **3.30** Bargain Hunt (R/T) **4.15** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **10.30** Earth: The Power of the Planet (T) **11.30** The Daily Politics (T) **1.00** Out Of The Blue (T) **1.25** Coast (R/T) **1.30** Working Lunch (T) **2.00** Open Gardens (T) **2.30** Castle in the Country (T) **3.00** Murder, She Wrote (T) **3.45** Flog It! (R/T) **4.30** Ready Steady Cook (T) **5.15** Cash in the Celebrity Attic (T) **6.00** Eggheads (R/T) **6.30** Animal Park (T)

7.00 **Timewatch: Hadrian's Wall** Documentary about Hadrian's Wall, which for 300 years has stood as the Roman Empire's most imposing frontier and one of the unsung wonders of the ancient world. (T)
7.50 **Coast** (R/T)
8.00 **Sport Mastermind** Des Lynam hosts a spin off series of the classic quiz. (T)
8.30 **Francesco's Mediterranean Voyage** On the next step of his sea voyage from Venice to Istanbul, Francesco da Mosto is sailing into the Bay of Kotor where Venetian sailors knew they were leaving safe waters for the dangers of pirates and the ships of rival powers. (T)
9.00 **Tribal Wives** (T)
10.00 **Room 101** Paul Merton hosts the chat show in which guests are given the opportunity to rid the world of the things they hate. (R/T)
10.30 **Newsnight** Comprehensive coverage of today's important national and international news stories. (T) (Followed by Weather)
11.20 **Golf: The Open Preview** With the 137th Open Championship beginning first thing tomorrow morning at Royal Birkdale, Gary Lineker and guests assess the main contenders in this year's tournament. With Tiger Woods missing out through injury, all of his rivals will be harbouring ambitions of lifting the famous Claret Jug on Sunday. (T)

12.00 Sport Mastermind (T) **12.30** Joins BBC News (T) **3.45** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (R/T) **10.30** This Morning (T) **11.10** ITV News (T) **11.15** Regional News and Weather **11.20** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Good Bid, Good Buy (T) **3.00** Daily Cooks Challenge (T) (Followed by Local Weather) **4.00** Heartbeat (R/T) **5.00** Goldenballs (R/T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Terry regrets allowing the factory to relocate to the B&B. (T)
7.30 **Coronation Street** Michelle sets Steve up for a fall. Tyrone plans his proposal. Ken raises eyebrows when he ventures out with Ted. (T)
8.00 **The Bill** Smithy is still undercover, working for arms dealer Darren Cutler. He soon meets Bob Gatting - boss of the notorious SE1 gang. (T)
9.00 **Marco's Great British Feast** Marco Pierre White continues his travels across the British Isles in search of the nation's finest food. (T)
10.00 **News at Ten and Weather** A round-up of the day's news, a national weather forecast and the latest news and weather in your region. (T)
10.40 **Six Degrees** Whitney and Carlos are on the hunt for new apartments, and Carlos, Anya and Caseman's lives change when a friend from the past returns. (T)
11.40 **iTunes: Festival (New)** Peaches Geldof and Dave Berry present all that's best in contemporary music at London's month-long festival, with 62 bands performing over 31 days.

12.10 Bingo Night Live **1.10** Quincy, ME (R/T) **2.00** Hack (T) (Followed By ITV News Headlines) **2.55** Loose Women (R) **3.40** The Jeremy Kyle Show (R/T) **4.35** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Everybody Loves Raymond (R/T) **7.25** Big Brother's Little Brother (T) **7.55** Big Brother (R/T) **9.00** Frasier (R/T) **9.30** Frasier (R/T) **10.00** ER (R/T) **11.00** Without a Trace (R/T) **12.00** News at Noon (T) **12.30** The Class (T) **1.00** Will & Grace (R/T) **1.25** Supporting Acts (R/T) **1.45** Desperate Housewives (R/T) **2.35** Desperate Housewives (R/T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** Richard & Judy (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)
7.50 **The Seven Wonders Of The Muslim World** (T)
8.00 **Location, Location, Location** Kirstie Allsopp and Phil Spencer help two sets of buyers with different budgets search for new homes. A catch-up with lottery winners Roger and Lara Griffiths and with Anjie Tilley, an ex-army major who, having travelled the world, was ready to settle down. Anjie was looking for a dream property in scenic Yorkshire near her friends and family. (T)
9.00 **Personal Services Required** Four-part reality series in which two individuals or families seeking domestic help are given the chance to test three candidates to see if they are suitable for the job. (T)
10.00 **Big Brother** Today's highlights from the Big Brother house. (T)
11.05 **Wife Swap USA** An edition of the hit American version of Wife Swap. Kimberly Mink, wife of a travelling cowboy performer, swaps places with working mother Rebecca Oak, who claims she is the supervisor, manager and CEO of her family, leaving domestic duties to her husband Warren. (T)

12.05 Shariah TV (T) **1.05** 4music: Road To V 2008 (T) **1.20** 4music: Gaymers Grassroot Gigs (T) **1.30** 4music: The Nokia Green Room (R/T) **1.55** Stargate SG-1 (R/T) **2.40** Big Brother Live **4.25** Shariah TV (R/T) **5.25** Countdown (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (R/T) **11.30** Put Your Money Where Your House Is (R/T) **12.00** Monkey Life (R/T) **12.30** five news (T) **12.45** House (R/T) **1.45** Neighbours (T) **2.15** Home & Away (T) **2.50** I Own Britain's Best Home: Flying Visits (T) **3.10** **FILM: Time to Say Goodbye?** (1997) A doctor diagnosed with Alzheimer's disease asks his wife to help him end his life before the condition takes hold but finds his family is divided by his controversial request. Because of his medical training, the man knows how to avoid prolonged suffering. But when his wife tells their grown-up children of his plans, the youngest son takes legal action, accusing her of plotting to murder her husband. Emotional drama, starring Richard Kiley, Eva Marie Saint and Margaret Colin. (T) **5.00** Five News with Natasha Kaplinsky (T) **5.30** Neighbours (R/T) **6.00** Home & Away (R/T) **6.25** Football (T)

8.45 **Greatest Ever Disaster Movies** Giles Coren presents a rundown of 40 of the world's best disaster movies, as voted for in an exclusive poll of Five's viewers and readers of The Times. A host of film fans, critics and actors including Robert Vaughn, George Kennedy, Ali Larter and John C McGinley offer their thoughts on what makes the genre so madly compelling. (R/T)
11.30 **Lockdown** Gritty documentary series plunging head-first into the world of America's most dangerous prisons. The final programme of the series examines North Carolina's Alexander Correctional Institution - a facility with a reputation for ultra-tough security and fearsomely strict rules and regulations. (T)

12.30 PartyPoker.com European Open IV **2.00** European Drag Racing Championships **2.25** Indycar **3.15** Rolex Grand Am **3.55** Race and Rally UK **4.45** UEFA Cup Classic **5.10** House Doctor (R/T) **5.35** Neighbours (R/T)

SATELLITE

SKY ONE
6.00am Cruise With Stelios: Mediterranean **6.30** Cruise With Stelios: Mediterranean **7.00** The Dog Whisperer **8.00** Airline **8.30** Airline **9.00** The Zoo UK **9.30** The Zoo UK **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Relic Hunter **1.00** Las Vegas **2.00** Wonderfalls **3.00** Stargate SG-1 **4.00** Stargate SG-1 **5.00** Malcolm in the Middle **5.30** Malcolm in the Middle **6.00** Futurama **6.30** Malcolm in the Middle **7.00** The Simpsons **7.30** The Simpsons **8.00** Don't Forget The Lyrics **9.00 FILM:** Saving Private Ryan **12.10am** Road Wars **1.10** Road Wars **1.35** Bite Size Brainiac **1.50** Street Wars **2.40** Airline **3.05** Airline **3.30** Cruise With Stelios: Mediterranean **3.55** Cruise With Stelios: Mediterranean **4.20** Rescue Me **5.10** Guilty!

ITV2
6.00am Emmerdale: You've Been Framed **7.05** The Montel Williams Show **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Emmerdale: You've Been Framed **10.30** Judge Judy **11.00** Judge Judy **11.30** Airline **12.00pm** Emmerdale: You've Been Framed **1.00** Airline USA **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.20** The Montel Williams Show **6.05** Judge Judy **6.35** Judge Judy **7.00** iTunes Festival 2008 **7.30** The Office: An American Workplace **8.00** Homes from Hell 2008 **9.00 FILM:** Open Water **10.40** iTunes Festival 2008 **11.10** Coronation Street **11.40** Ghosthunting With... Radio One **1.40am** Teleshopping **4.40** ITV2 Nightscreen

BBC3
7.00pm Doctor Who **7.45** Doctor Who Confidential **8.00** Make My Body Younger **9.00 FILM:** Tombstone **11.00** Family Guy **11.25** Family Guy **11.45** Summer Heights High **12.15am** Snog Marry Avoid? **12.45** Make My Body Younger **1.40** Touch Me, I'm Karen Taylor **2.10** The Real Hustle **2.40** Snog Marry Avoid? **3.10** Britain's Missing Top Model **4.10** Close

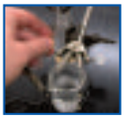
BBC4
7.00pm World News Today **7.30** Pop Go the Sixties **7.35** Batman **8.00** Sahara with Michael Palin **9.00** The Thirties in Colour **10.00 FILM:** The Bothersome Man **11.30** The Thirties in Colour **12.30am** What Happened Next? **1.30** Samuel Johnson Prize 2008: The Contenders **2.30** The Thirties in Colour **3.30** What Happened Next? **4.30** Close

Ousedale School
Community Learning

OUSEDALE SCHOOL

Available Courses from Autumn 2008

Science GCSE



Venue: Newport Pagnell Campus
Day & Time: Wednesday 6.00-9.00pm
Cost £40.00 (plus materials and exam fees)
Duration 30 weeks Start Date: 17th September 2008

Science is the means by which we understand the natural events we see happening in, and to, the world around us.
The aim of this course is to give students a much clearer insight into how Science works. Students will follow the Science B (Core Science) course. This will lead to a single GCSE with the opportunity to achieve the full range of grades. Whilst there are no formal entry requirements, aspirant applicants need to have a basic grasp of mathematics and the commitment to study at least two hours per week at home.

Computers for the Terrified

Venue: Olney Campus
Day & Time: Tuesday 7.00 – 9.00pm
Cost: £35.00
Duration: 6 weeks Start Date: 16th September 2008

This course is for the absolute beginner. The basic skills to operate a computer will be covered: mouse control, keyboard familiarity, logging in/out and printing, as well as some background knowledge such as health and safety. The course will also look at the most common programs that are used.

An Introduction to CAD CAM

Venue: Olney Campus
Day & Time: Tuesday 7.00-9.00pm
Cost: £65
Duration 10 weeks Start Date: 7th October 2008

The aim of this course is to introduce you to the basic principles of computer aided design and manufacture, using both the software and CNC machinery. Our CNC machinery consist of a vinyl cutter, laser cutting machine, 3D engraving and a CNC router. Our software packages consist of Techsoft 2D design and ProDesktop.

Further Courses - We also hope to offer further courses throughout 2008 and 2009 including:
Festive Pastries, Entry Level Maths, Cake Decoration, ICT – ECDL,
Easy steps to Building a PC in ten weeks, Bread Making and Horticulture.

If you would like any further information on our courses or would like to book a place please contact Jo Lancaster on 01908 210203 ext 2207 between 9.30am – 1.00pm (Monday to Friday). Or email: joanne.lancaster@milton–keynes.gov.uk

MUSIC REVIEWS

THE ONE

Sharam featuring Daniel Bedingfield

THESE days Daniel Bedingfield's almost forgotten and you know your career can be referred to in the past tense when people start creating new songs based around your old ones.

That's what's happened here, one half of Deep Dish has gone out on his own, dug up a copy of If You're Not The One from a car boot sale and thought, 'I can do something with this'.

As I recall, as a general rule if a Daniel Bedingfield single didn't do too well I usually rated it as a half-decent song, and if it was below par it motored its way into the top three first week out.

If You're Not The One reached Number One in December 2002. So, Sharam's moved a things around and sped things up a bit, but is the end result actually any cop whatsoever?

Well, yes. It passes the time even though there's something missing. Can't blame the singer for that, this time it's the tune – it's missing a little spark of something.

GREAT BRITISH SUMMERTIME

Imperial Leisure

I DON'T think it's overstating the case when I say there aren't too many bands that sound like this.

If you start off with Madness, then get rid of Suggs and bring in a couple of rappers, then bring in someone else to do some scratching noises on a record deck, and THEN after that you beef up the sound to make it a little edgier than what you already had before, only then do you have an idea of what Imperial Leisure sound like.

Oh, and a sense of humour's very important too. True to the title of the song, the video features the band members larking about on the beach in shorts and T-shirts, and also true to the title of the song it's cold, grey and tipping it down.

That alone would get them bonus points from me, but it just so happens that the tune's better than the video.

It's a proper three minute pop song, it's fun, lively and doesn't go on forever.

LET IT DIE

Foo Fighters

JUST in case you missed it before, I have a theory regarding the Foo Fighters – the better the song, the worse the accompanying video.

I haven't seen the video to Let It Die yet, but I'm willing to bet it's really, really dismal. Just as the the video's likely to be way down there with the likes of One By One and The Pretender for quality, so the song is definitely way up there alongside the likes of One By One and The Pretender.

Actually, it might even be slightly better than either of those two because it's a bit more varied. Yes, there are quiet bits and loud bits, but this time round Dave Grohl and his cohorts have absolutely nailed it.

For two minutes, this sounds as though it's going to be a nice little slowie with a rather harsh title because all you've got is a very understated Dave, an acoustic guitar and not really very much else.

And then, all hell breaks loose. I'm not easily surprised when I'm listening to music, but when this single burst into life I really was caught out because it happened earlier than I thought it would.

The Foo Fighters played me for a fool and won, and I have no complaints because it's a great song.

SIMON DARNELL

FILM REVIEWS

Odeon 0871 2244 007 Cineworld 0871 200 2000

WALL-E (U)

Ben Burtt, Sigourney Weaver, Jeff Garlin, Kathy Najimy

From Friday

HUMANS have abandoned Earth, leaving a fleet of robots to clear up their mess. The only one of those robots remaining is WALL-E (Burtt), who has developed a fascination with our rubbish. That fascination finds a new target when shapely super-robot EVE (Weaver) touches down.

MEET DAVE

Eddie Murphy, Elizabeth Banks, Gabrielle Union, Brandon Molale, Ed Helms

From Friday

A CREW of tiny aliens try to save their planet with the use of their humanoid spaceship . However the aliens find themselves in trouble when their ship becomes besoted with an earth woman.

PUFFBALL

Kelly Reilly, Miranda Richardson

From Friday

Powerful supernatural forces are unleashed when a young architect (Kelly Reilly) becomes pregnant.

STANDARD OPERATING PROCEDURE (15)

Christopher Bradley, Sarah Denning, Joshua Feinman

From Friday

IN 2003, photographs leaked from Abu Ghraib prison showing US military personnel abusing Iraqi detainees. This documentary examines the scandal of photographs that represent both exposÈ and cover-up of US interrogation techniques used in the War On Terror.

DARK RAGE

Christopher Dunne, Christopher Dane, Helen Millar

From Friday

NED Harris is a fifty-something everyman. Doting father. Loyal colleague. Compassionate landlord. Serial killer...

MAMMA MIA! (PG)

Meryl Streep, Pierce Brosnan, Colin Firth, Amanda Seyfried, Stellan Skarsgard, Julie Walters, Christine Baranski

Now showing

SOPHIE (Seyfried) invites three men (Brosnan, Firth, Skarsgard) who could be her father to her wedding in Greece, unbeknownst to her single mother Donna (Streep). Shock reunions, confusions and Abba's greatest hits ensue.

THE FORBIDDEN KINGDOM (12A)

Jet Li, Jackie Chan, Michael Angarano, Collin Chou, Yifei Liu

Now showing

KUNG fu-obsessed Jason Tripitikas (Angarano) falls off a roof while holding a Chinese fighting staff, and is somehow transported to ancient China. There, he is tasked with freeing the powerful Monkey King with the help of drunk immortal Lu Yan (Chan) and Silent Monk (Jet Li).

JOURNEY TO THE CENTRE OF THE EARTH 3D (PG)

Brendan Fraser, Josh Hutcherson, Anita Briem

Now showing

SCIENTIST Trevor Anderson (Brendan Fraser) and his nephew Sean (Josh Hutcherson) travel to Iceland, following Sean's long-missing father. With guide Hannah (Anita Briem), they are trapped in a cave and forced to follow Jules Verne's perilous route into the centre of the Earth.

SHOT ON SIGHT

Naseerudin Shah, Sadie Frost, Om Puri

Now showing

A SUSPENSE drama dealing with the current terrorism attacks in UK through a Metropolitan Police officer of Muslim heritage who must display courage and persevere in his duties in the face of family conflict.

KUNG FU PANDA (PG)

Jack Black, Angelina Jolie, Jackie Chan, Lucy Liu, Dustin Hoffman, Ian McShane, Seth Rogen

Now showing

SLACKER panda Po (Black) gets more than he bargained for when he is selected as the Dragon Warrior - a fabled kung fu master - and pitted against a vengeful snow leopard (Ian McShane).

HANCOCK (12A)

Will Smith, Charlize Theron, Jason Bateman, Eddie Marsan

Now showing

LA wino John Hancock (Smith) has superheroic powers, but his drunken attempts at fighting crime have caused huge damage and alienated people.

THE MIST

Marcia Gay Harden, Toby Jones, Thomas Jane, Andre Braugher, Jeffrey DeMunn, William Sadler, Laurie Holden

Now showing

A THICK mist engulfs a small town and kills anyone caught in its darkness. When terrified survivors hunker down in a supermarket, they're attacked by deadly creatures...

COMPETITION

MK NEWS has teamed up with Cineworld at the Xscape to offer readers the chance to win a pair of tickets to see the film of their choice. We have two pairs to give-away.

Answer this simple question: What does WALL-E have an obsession with?

Answers by e-mail to competitions@mk-news.co.uk please include your name, address and daytime telephone number.

Closing date Tuesday, July 21.

MAMA MIA THE FILM

I WAS on the way to watch James Bond sing Abba last week.

This is the film of the hit musical about a young girl who has a wedding problem – her big day is approaching and she doesn't know who her father is. She knows that he is one of her mother's (Meryl Streep) three old boyfriends, one of whom is Pierce Brosnan.

She decides to find out by inviting all three to her wedding. Amusing chaos themed around a selection of Abba tunes ensues.

Anyway I saw an old teacher of mine of mine outside the cinema and I was about to say hello but couldn't remember her name. Knowing me, I thought, I'll offend her by guessing it wrong, so I gave my pal Fernando a ring ring for a bit of an SOS and told him I had a little challenge for him. "OK, what's the name of the game?" he asked. "I bet you a fiver you don't remember our old music teacher's name," I challenged him. "I Do, I Do, I Do" he said. "Well Gimme, Gimme, Gimme her name," I begged. "It's Honey". "Honey,, I replied, "are you sure?" "Mama Mia", he exclaimed, "of course I am. She works as a dancing queen in Waterloo these days." "Fair enough," I conceded, "the winner takes it all", and paid up.

So I went over and chatted to our old teacher and told her thank-you for the music and then went and watched the film, which was good fun, even considering the way they shamelessly crow-bar in Abba songs into the plot line.

PAUL STEPHENSON

THURSDAY
July 17

BBC1

6.00 Breakfast (T) **9.15** Heir Hunters (T) **10.00** Homes under the Hammer (R/T) (Followed by BBC News; Weather) **11.00** To Buy or Not to Buy (T) **11.30** Sun, Sea and Bargain Spotting (T) (Followed by BBC News; Weather) **12.15** Cash in the Attic (R/T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** Adrian Chiles and Christine Bleakley present a magazine series. (T)

7.30 **EastEnders** A killer spider is on the loose in Walford. Dawn is torn over whether to accept Jase's money. (T)

7.57 **BBC News and Regional News**

8.00 **Celebrity MasterChef** Chef and restaurateur John Torode and food writer and ingredients expert Gregg Wallace search for the country's top celebrity chef. (T)

9.00 **On the Fiddle?** Documentary series following the work of benefit fraud investigators. This week a highly respectable middle-aged lady and her cousin are found guilty of falsely claiming nearly two million pounds in benefits, using 192 stolen identities. (T)

10.00 **BBC News** (T)

10.25 **Regional News and Weather** (T)

10.33 **BBC Weather** (T)

10.35 **A Question of Sport: Uncensored** A special episode of the sports quiz. (T)

11.15 **This Week** A political review of the week presented by Andrew Neil and his resident helpers Michael Portillo and Diane Abbott. (T)

12.00 Weatherview (T) **12.05** Sign Zone: Panorama (R/T) **12.35** Festival Fever! (R/T) **1.05** Countryfile (R/T) **2.00** A Taste of My Life (R/T) **2.30** Bargain Hunt (R/T) **3.15** Joins BBC News (T)

BBC2

6.00 CBeebies: Tikkabilla (R/T) **6.30** Teletubbies (R/T) **6.55** Tweenies Songtime (R/T) **7.00** CBBC: Pitt and Kantrop (R/T) **7.25** Newsround (T) **7.30** Secret Show (R/T) **7.45** Secret Show (R/T) **7.55** Bernard (R/T) **8.00** Prank Patrol (R/T) **8.30** Get Squiggling (R/T) **8.45** Something Special (R/T) **9.00** Golf: The Open (T)

7.15 **Today at The Open** Hazel Irvine introduces a chance to catch up on the main action and talking points from the opening day of the Open Championship at Royal Birkdale. Tiger Woods shared the lead at this stage 10 years ago when the Open was last held at the course. (T)

8.00 **Top Gear** Top Gear undertakes one of its epic races as Jeremy Clarkson attempts to drive the remarkable new Nissan GT-R right across Japan faster than Richard Hammond and James May can make the same journey on the legendary Bullet Train. (T)

9.00 **Mock the Week** Two teams of comedians take a satirical swipe at the news and world events. Host Dara O'Briain is joined by regulars Hugh Dennis, Frankie Boyle, Andy Parsons and Russell Howard. (T)

9.30 **Lab Rats** (T)

10.00 **Still Game** Jack and Victor are worried that old Bert has gone downhill since his wife died. (T)

10.30 **Newsnight** Comprehensive coverage of today's important national and international news stories. (T) (Followed by Weather)

11.20 **The Culture Show Uncut** In this edition, The Charlatans take the busking challenge in Manchester. And The Culture Show has an exclusive preview of the third in Simon Toefield's 'cat' trilogy. (T)

12.05 Two Pints of Lager and a Packet of Crisps (R/T) **12.35** Malcolm in the Middle (T) **1.20** Joins BBC News (T) **3.05** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (R/T) **10.30** This Morning (T) **11.10** ITV News (T) **11.15** Regional News and Weather **11.20** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Good Bid, Good Buy (T) **3.00** Daily Cooks Challenge (T) (Followed by Local Weather) **4.00** Heartbeat (R/T) **5.00** Goldenballs (R/T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Nicola plans to publish Rodney's book secretly. Bob makes a decision about his future with Viv. Pollard cuts a deal with Terry. (T)

7.30 **Coastal Ways** A portrait of the traditionally charming Suffolk seaside town of Aldeburgh, where locals teach others to sail, keep the best beer in town, paint and sketch the beauty all around, and supply local fish to the family run chippy. (T)

8.00 **The Bill** Taking some time out, Jack enjoys a game of poker with his oldest friends Keith Jordan and Geoff Porter and Mickey. (T)

9.00 **Harley Street (New)** Contemporary medical drama about a private practice run by three GPs. (T)

10.00 **News at Ten and Weather** (T)

10.40 **Sky High** Series of helicopter journeys following major transport routes through the Midlands and east of England, presented by Richard Mervyn. (T)

11.10 **Cabbie Confidential** Arthur Smith eavesdrops on some revealing conversations between some of the region's cabbies and their fares. (T)

11.40 **Bouncers** Grub Smith narrates a series following nightclub bouncers. (R/T)

12.10 Bingo Night Live **1.10** Motorsport UK (T) **1.40** Hack (T) **2.30** Loose Women (R) **3.20** The Jeremy Kyle Show (R/T) **4.10** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Everybody Loves Raymond (R/T) **7.25** Big Brother's Little Brother (T) **7.55** Big Brother (R/T) **9.00** Frasier (R/T) **9.30** Frasier (R/T) **9.55** ER (R/T) **10.55** Without a Trace (R/T) **11.55** 3 Minute Wonder (T) **12.00** News at Noon (T) **12.30** The Class (T) **1.00** Will & Grace (R/T) **1.25** Supporting Acts (R/T) **1.45** Desperate Housewives (R/T) **2.30** Desperate Housewives (R/T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** Richard & Judy (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** (T)

7.50 **The Seven Wonders Of The Muslim World** (T)

8.00 **Gok's Fashion Fix** Gok reveals the secrets to beach holiday glamour on a high street budget, while Alexa heads to Italy to meet the woman behind the multi-coloured knits of Missoni. And former OC star Mischa Barton opens her wardrobe. (T)

9.00 **Big Brother** (T)

10.00 **The Charlotte Church Show** Charlotte hosts a mix of celebrity guests, hidden camera stunts, comedy sketches and top music acts. This week's guests include violinist Nigel Kennedy, who will be performing with Charlotte, and Katie Price. (T)

10.45 **My Name is Earl** Randy decides to take care of Earl when the hospital attempts to discharge him and, in an effort to help him recover, he tries to continue crossing misdemeanours from his list. (T)

11.15 **The Sunday Night Project** Eastenders star and Carry On legend Barbara Windsor joins presenters Justin Lee Collins and Alan Carr for the usual mix of sketches, news and audience interaction. (R/T)

12.20 Shariah TV (T) **1.20** 4music: Road To V 2008 (R/T) **1.30** Big Brother Live **2.55 FILM: Ministry Of Fear** (1944) Film noir starring Ray Milland. (T) **4.25** Shariah TV (R/T) **5.25** Countdown (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (R/T) **11.30** Put Your Money Where Your House Is (R/T) **12.00** Monkey Life (R/T) **12.30** five news (T) **12.45** House (R/T) **1.45** Neighbours (T) **2.15** Home & Away (T) **2.50** I Own Britain's Best Home: Flying Visits (T) **3.05** five news update (T) **3.10 FILM: Guilt by Association** (2002) Harrowing tale starring Mercedes Ruehl, Alberta Watson and Alex Carter. (T) **5.00** five news (T) **5.30** Neighbours (R/T) **6.00** Home & Away (R/T) **6.30** Wild Animal ER (T)

7.00 **five news** National and international news. (T)

7.30 **Rough Guide to Bang for your Buck** Travel series presented by Julia Bradbury and Toby Amies. Julia and Toby show how to get the best value out of a holiday. (R/T) (Followed by five news update)

8.00 **How to Build a New Life in the Country** Property series giving practical advice on how to create the perfect rural lifestyle. (T) (Followed by five news at 9)

9.00 **The Hotel Inspector** Series in which failing hotels and bed and breakfast establishments are reformed. Alex Polizzi inspects an inn on the banks of the River Severn in Worcestershire. The hotel is losing money while its huge restaurant stands empty, and its four bickering owners cannot agree on how to save it. (T)

10.00 **Grey's Anatomy** Cristina has an unwelcome blast from the past. Izzie treats a battle-scarred Korean war veteran. George's marriage to Callie starts to unravel. (T)

11.00 **Cathouse** Intimate portrait of life inside one of America's largest and best-known legal brothels, the Moonlite Bunny Ranch in Nevada. (R/T)

12.00 Quiz Call **4.00** Major League Soccer **4.45** Nick's Quest (R/T) **5.10** House Doctor (R/T) **5.35** Neighbours (R/T)

SATELLITE

SKY ONE

6.00am Cruise With Stelios: Mediterranean **6.30** Cruise With Stelios: Mediterranean **7.00** The Dog Whisperer **8.00** Airline **8.30** Airline **9.00** Zoo Story **9.30** Zoo Story **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Relic Hunter **1.00** Las Vegas **2.00** Wonderfalls **3.00** Stargate SG-1 **4.00** Stargate SG-1 **5.00** Malcolm in the Middle **5.30** Malcolm in the Middle **6.00** Futurama **6.30** Malcolm in the Middle **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** The Simpsons **9.00** Bones **10.00** Bones **11.00** Empire **12.00am** Road Wars **1.00** Road Wars **1.50** Street Wars **2.40** Airline **3.05** Airline **3.30** Cruise With Stelios: Mediterranean **3.55** Cruise With Stelios: Mediterranean **4.20** Rescue Me **5.10** Guilty!

ITV2

6.00am Coronation Street **6.30** Emmerdale **7.05** The Montel Williams Show **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Coronation Street **10.00** Emmerdale **10.30** Judge Judy **11.00** Judge Judy **11.30** Airline **12.00pm** Coronation Street **12.30** Emmerdale **1.00** Airline USA **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.20** The Montel Williams Show **6.05** Judge Judy **6.35** Judge Judy **7.00** iTunes Festival 2008 **7.30** The Office: An American Workplace **8.00** My Child Won't Eat **9.00** Bionic Woman **10.00** Gossip Girl **11.00** The Feeling Live at IndigO2 **11.30** iTunes Festival 2008 **12.00am** The Office: An American Workplace **12.30** 101 Sexiest Celebrity Bodies **1.30** Teleshopping **4.30** ITV2 Nightscreen

BBC3

7.00pm Greek **7.45** Greek Uncovered **8.00** Britain's Missing Top Model **9.00** Sasha: Beauty Queen at 11 **10.00** EastEnders **10.30** Touch Me, I'm Karen Taylor **11.00** Family Guy **11.25** Family Guy **11.45** Greek **12.30am** Summer Heights High **1.00** Britain's Missing Top Model **1.55** Sasha: Beauty Queen at 11 **2.55** Touch Me, I'm Karen Taylor **3.25** Make My Body Younger **4.25** Greek Uncovered **4.40** Close

BBC4

7.00pm World News Today **7.30** Born to Be Wild **8.00** Alistair Cooke: Postcards from America **9.00** The Unseen Alistair Cooke **10.00** Journeys into the Ring of Fire **11.00** Session: Ray LaMontagne **12.00am** Born to Be Wild **12.30** The Unseen Alistair Cooke **1.30** Journeys into the Ring of Fire **2.30** Born to Be Wild **3.00** The Unseen Alistair Cooke **4.00** Close

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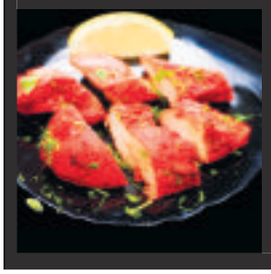

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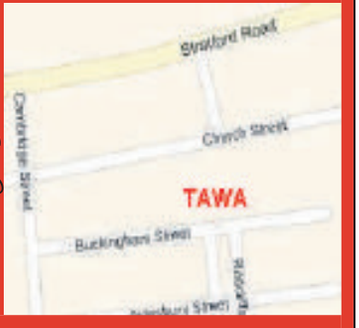

The Agora Centre, Church Street, Wolverton Milton Keynes MK12 5LG

CLUBS AND PUBS

OCEANA
Xscape 670976
THE city's biggest nightclub is undergoing a multi-million pound refubishment. Set to open late August, the refurbishment will create a new VIP lounge, VIP suites and booths. Due to the refurbishment, Oceana is currently restricted to Oceana Bar and New York Disco. Student night on Mondays. Dress code is smart casual.

THE LIVING ROOM
thehub:mk 608643
A SWANKY new bar at thehub:mk features an upmarket restaurant and piano bar with an outdoor terrace overlooking the central piazza. Food from midday until late.Each evening one of The Living Room's resident musician's perform live on a baby grand.

REVOLUTION
Xscape 679875
VODKA cocktail bar. Monday Madness: Indie to beat driven house. Tuesday: Two-for-one on 56 cocktails. Wednesday: What the funk? - Soul, funk and house. Thursday: Vanity - Indie, rock and hip hop upstairs. Friday: Deep house, electro and Ibiza anthems with different promoters each week. Saturday: I Love Vodka - funky commercial house. Sunday: Acoustic sessions. Dress code smart casual.

OPUS
Theatre District john@opusmk.com
A BOUTIQUE bar with live DJs playing over two floors. Monday: I love 80s and 90s .Wednesday: Kiss Kiss Bang Bang alternative night. Thursday: Honey Trap - RnB and funky house. Fridays and Saturdays: Chart and funky house. Sunday: Salsa. Dresscasual cool. Food until 9pm. Cocktails. Two for one offer on Tuesday nights.

LLOYDS NO.1
Theatre District 558905
POPULAR bar on two levels with a large dance floor and giant disco ball. DJs play into the early hours at weekends. Free entry. Drinks and food are reasonably priced.

BUDDHA BLUE
Theatre District info@buddhablue.co.uk
DJs spin RnB tunes into the early hours. Dress code is smart.

SHOUT
Station Square 233430
FORMERLY Chicagos. On Friday and Saturday party until 2pm. Entry is £18 on the door - but for that you can drink all you want. Monday: Sabotage - student rock night, cheap drinks 9pm-2am. Entry £2.

MOOD
Xscape 251060
DANCE and chart music until 3am on Fridays and Saturdays - small entry fee before 10pm. Upfront house, dance, chart and RnB.

FIRST BASE
Xscape 295222
SPORTS bar with regular DJs and live bands at the weekend, pool tables, and a big screen TV for matches. Casual dress and food is available.

SLUG AND LETTUCE
Theatre District 395147
BAR that offers wide range of bottled and drought beers from around the world, quality wines and classic cocktails. Outdoor seating.

ALL BAR ONE
Midsummer Boulevard 397216
COSMOPOLITAN bar aimed at people who enjoy great drinks and food in a contemporary environment.

FOX & HOUNDS
Stony Stratford 563307
PUB showcasing live bands on some nights.

THE SONG LOFT
Stony Stratford 566407
FOLK and country music special on alternate Friday nights. Dress as you please.

THE PLOUGH
Water Eaton 373118
PUB with a late licence and live rock bands on Saturdays.

THE CANNON
Newport Pagnell 211495
PUB with open mic night every Thursday. Free entry. To play just turn up with your instrument.

CRAUFORD ARMS
Wolverton 313864
Pub with live music. Friday: Lionsex, Thesocalled, Altersketch, D-Koy and Milk It. £4. Doors 7.30pm.

THE STABLES 280800

Andy Fairweather Low

ANTONIO FORCIONE QUARTET
Thursday, July 17. 8pm.
INTENSE, formidably creative and hailed as the "Jimi Hendrix of the acoustic guitar", multi-award-winning Antonio Forcione breaks the mould of most conventional, popular guitar sounds, be they jazz, Spanish, African, Brazilian or improvised music. Tonight's concert also features Brazilian master-percussionist Adriano Adewale, cellist Jenny Adejayan, and Nathan Thomson on double bass and flutes.
Tickets £17.50

BLUEHOUSE
Thursday, July 17, 8.45pm
FOLK-FLAVOURED pop melodies meshed with powerful, intricate harmonies and inspired guitar and bass playing have made Bluehouse one of Australia's premier independent bands. Bluehouse is Australian for great music, mate!
Tickets £12

THE RING OF FIRE
Saturday, July 19, 8pm
THE Man in Black may be gone, but this is as close to a live Johnny Cash show as you'll ever get. From the earliest Sun Sessions material to the modern classics from Rick Rubin's American Recordings, all played on authentic 1950s equipment, this is a rock 'n' roll party paying homage to a true legend. All the favourites are here, from Folsom Prison Blues to Walk the Line and Ring of Fire, taking you back to those magical 50s shows that marked the birth of rock 'n' roll.
Tickets £16

NEW AMEN CORNER'S SUMMER OF LOVE
Featuring The Summer Of Love Orchestra
Sunday, July 20. 8pm
DIG out those flares and kaftans for a magical mystery tour that takes you from Carnaby Street to San Francisco on a musical trip that changed the world, with classic hits such as Whiter Shade Of Pale, Little Help From My Friends, Bend Me Shape Me, California Dreaming, Flowers In The Rain, Happy Together, Out Of Time, Itchycoo Park, Nights In White Satin, and many more.
Tickets £18

ANDY FAIRWEATHER LOW
Friday, July 25, 8pm
A WORLD tour as musical director with Roger Waters' band followed by a European tour with Bill Wyman's Rhythm Kings might be difficult to top for most people but not for Andy. He just segues smoothly to a solo tour with some of the world's finest musicians in his band: Geraint Watkins, Dave Bronze and Paul Beavis complete the line-up.
Tickets £21.50

CAMPBELL PARK

Jools Holland and Ruby Turner

THIS weekend see's two fantastic events taking place at Campbell Park.

On Saturday, starting at 8pm its Proms in the Park.

Take your picnic along and listen to a night of amazing classical music, Proms favourites and a spectacular laser and firework display.

The London Gala Orchestra and soprano Julliette Pochin and conducted by Hilary Davan Wetton. Gates open from 6pm.

Then on Sunday the Park will be rocking to the sounds of Jools Holland and his famous Rhythm and Blues Orchestra and special guest vocalists.

Jools will be bringing a big band feel to a host of familiar tunes and some hidden gems.

Guest stars include former Soft Cell frontman Marc Almond, blues and gospel legend Ruby Turner and Imelda May.

THE PITZ 660392

FELL SILENT
Plus Johnny Truant and Blachole
Tonight
MILTON Keynes metal legends Fell Silent play their first Pitz gig since the release of their debut album titled 'The Hidden Words' released throughout Europe 30th June through Basick Records.

The band have record lable and tour interest in both Japan and America for the new year, with a lot of industry insiders saying they have the potential to become one of the biggest young metal acts in the UK or even Europe.

Fell Silent will also be playing their first major headlining London gig in October at the legendary Camden Underworld venue.

Tickets £6adv. Doors7.30pm.

THE METEORS
Supports Devilish Presley, Lunavegas and Henry and the Bleeders
Friday, July 18
THE Meteors started almost 30years ago as a reaction against the soft rockabilly that was popular at that time and they have now evolved to become the acknowledged Kings of Psychobilly.

They are the original creators of Psychobilly Music, and although they have spawned hundreds of imitations, The Meteors are proud to be the only pure Psychobilly band ever.

Their songs are inspired by their personal experiences and interests; horror, perversion, and death in general.

They list their hobbies as motorbikes, Rock'n'Roll, and burying the living; amongst their heroes are Michael Myers, Charles Manson and Mark Chapman the man who shot John Lennon.

Their live show is wild, addictive and sweaty, but nobody gets seriously hurt.

Tickets £11. Doors 7.30pm.

MK THEATRE BOX OFFICE 0870 060 6652

EUROBEAT
Until Saturday
STARRING Les Dennis and Mel Giedroyc, left, the hilarious world of the Eurovision Song Contest is live on stage.

Grab a flag and a clacker, face the front and cheer just like a real Eurovision nutcase as ten countries compete - then text in your vote on the night, because the audience decides who wins!

TREASURE ISLAND
Tuesday, July 22 - Saturday, July 26
A SWASHBUCKLING adventure filled with treasure maps, buried gold and fearless seafaring pirates as Robert Louis Stevenson's classic story is brought vividly to life on stage.

When young Jim Hawkins discovers a treasure map in The Admiral Benbow Inn, he hands it over to Squire Trelawney.

Seized with excitement, Trelawney sets sail with Jim in search of the island. They are joined on the ship by the hand-picked crew and the ship's cook, Long John Silver.

But the one-legged Silver has a shocking secret in store and when they reach their destination, Jim faces the most dangerous and exciting adventure of his life.

FRIDAY
July 18

BBC1

6.00 Breakfast (T) **9.15** Heir Hunters (T) **10.00** Homes under the Hammer (R/T) (Followed by BBC News; Weather) **11.00** To Buy or Not to Buy (T) **11.30** Sun, Sea and Bargain Spotting (T) (Followed by BBC News; Weather) **12.15** Cash in the Attic (R/T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** (T)
7.30 **Sky Cops** Jamie Theakston narrates a series about Britain's helicopter police. (T)
7.57 **BBC News and Regional News**
8.00 **EastEnders** Mo's attempt to capitalise on Charlie's spider bite has terrible consequences for Billy. (T)
8.30 **Celebrity MasterChef** Chef and restaurateur John Torode and food writer and ingredients expert Gregg Wallace search for the country's top celebrity chef. (T)
9.00 **Would I Lie to You?** Comedy panel show hosted by Angus Deayton. (T)
9.30 **The Two Ronnies Sketchbook** (R/T)
10.00 **BBC News** (T)
10.25 **Regional News and Weather** (T)
10.33 **BBC Weather** (T)
10.35 **Comedy Connections** (T)
11.15 **National Lottery Euromillions Draw** (T)
11.20 **FILM: Rumble in the Bronx** (1996) Sizzling action thriller about a Hong Kong cop vacationing in New York who puts his martial arts skills to good use when he helps out a friend whose shop is targeted by a vicious street gang. Stars Jackie Chan. (T)
12.45 Weatherview (T) **12.50** Sign Zone: Top Gear (R/T) **1.50** Paradise or Bust (R/T) **2.50** The Supersizers Go... Regency (R/T) **3.50** Joins BBC News (T)

BBC2

6.00 CBeebies: Tikkabilla (R/T) **6.30** Teletubbies (R/T) **6.55** Tweenies Songtime (R/T) **7.00** CBBC: Pitt and Kantrop (R/T) **7.25** Newsround (T) **7.30** Secret Show (R/T) **7.45** Secret Show (R/T) **7.55** Bernard (R/T) **8.00** Prank Patrol (R/T) **8.30** Get Squiggling (R/T) **8.45** Something Special (R/T) **9.00** Golf: The Open (T)

7.15 **Today at The Open** Hazel Irvine presents highlights and reaction from today's second round at Royal Birkdale, including details of which players will be returning for the weekend and which have fallen victim to the dreaded halfway cut. (T)
8.00 **BBC Proms 2008: First Night of The Proms** The world's greatest music festival gets under way with Charles Hazlewood and Suzy Klein presenting live from the Royal Albert Hall. The BBC Symphony Orchestra and their chief conductor Jiri Belohlavek perform Strauss's Four Last Songs, Beethoven's Rondo in B flat major, Mozart's Oboe Concerto, and organist Wayne Marshall launches proceedings on the Royal Albert Hall's historic organ in Strauss's Festliches Präludium. (T)
10.30 **Newsnight** (T)
11.00 **Newsnight Review** (T) (Followed by Weather)
11.35 **T in the Park: Highlights** REM, Kaiser Chiefs, The Verve and Chemical Brothers headline the 15th annual T in the Park festival from Kinross, Scotland. Edith Bowman presents extended highlights of the whole weekend. (T)

1.35 Star Trek: The Next Generation (T) **2.20** Star Trek: The Next Generation (T) **3.05** Malcolm in the Middle (R/T) **3.30** Malcolm in the Middle (R/T) **3.55** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (R/T) **10.30** This Morning (T) **11.10** ITV News (T) **11.15** Regional News and Weather **11.20** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Good Bid, Good Buy (T) **3.00** Daily Cooks Challenge (T) (Followed by Local Weather) **4.00** Heartbeat (R/T) **5.00** Goldenballs (R/T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Perdy's thrilled when Katie offers her more access to the baby. (T)
7.30 **Coronation Street** Michelle demands the truth from Steve. Tyrone's romantic plans are thwarted. (T)
8.00 **Country Lives** Chris Beardshaw joins a team from Trinity House on a repair mission to a light vessel in the North Sea, and then travels to Southend where he meets one of the longest serving RNLI volunteers. (T)
8.30 **Coronation Street** There's no way back for Steve and Michelle. Tyrone postpones his proposal. Dev is impressed by a high flier on the golf course. (T)
9.00 **A Touch of Frost** When a man's body is found in Denton canal, the ageing detective unravels the mystery of a missing dance partner and a web of intrigue involving blackmail, envy and murder. (R/T)
11.00 **The Late News and Weather** A round-up of the day's news, a national weather forecast and the latest news and weather in your region. (T)
11.45 **Bingo Night Live** The free to play bingo show on ITV.

12.50 Nightwatch With Steve Scott: Crime (R/T) **1.45** Hack (T) (Followed By ITV News Headlines) **2.35** **FILM: Possession** (2002) Drama starring Aaron Eckhart. (T) **4.15** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **7.00** Everybody Loves Raymond (R/T) **7.25** Big Brother's Little Brother (T) **7.55** Big Brother (R/T) **9.00** Frasier (R/T) **9.30** Frasier (R/T) **9.55** ER (R/T) **10.55** Without a Trace (R/T) **11.55** 3 Minute Wonder (T) **12.00** News at Noon (T) **12.30** The Class (T) **1.00** Will & Grace (R/T) **1.25** Supporting Acts (R/T) **1.40** Desperate Housewives (R/T) **2.35** Desperate Housewives (R/T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** Richard & Judy (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)
7.50 **The Seven Wonders Of The Muslim World** (T)
8.00 **A Place in the Sun: Home or Away** With an impressive £1.3 million in the bank, Paul and Caroline Feinson want a dream home. Should they move out of London to the Chilterns, or buy in Italy's Umbria region? (T)
9.00 **Big Brother** Davina McCall announces the eviction results live and direct to the house in a special eviction night show. Plus highlights from the past 24 hours in the Big Brother house. (T)
10.00 **8 Out of 10 Cats** Jimmy Carr hosts proceedings as team captains Sean Lock and Jason Manford battle it out to discover who knows what is going on in Britain today. (T)
10.35 **Big Brother** (T)
11.05 **Gordon Ramsay's F Word** Janet Street-Porter faces one of the most difficult moments of her life - her veal calves David and Elton have had a very happy life in a field in Yorkshire but now it's time for them to go to slaughter. (R/T)

12.10 4music: Chemical Brothers Video Exclusive **12.15** 4music: Smirnoff Experience: Paris (T) **1.05** 4music: 4play: Dan Le Sac Vs Scroobius Pip (T) **1.15** Goalissimo (T) **2.10** Big Brother Live **4.25** Transworld Sport (R/T) **5.25** Countdown (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (R/T) **11.30** Put Your Money Where Your House Is (R/T) **12.00** Monkey Life (R/T) **12.30** five news (T) **12.45** House (R/T) **1.45** Neighbours (T) **2.15** Home & Away (T) **2.50** I Own Britain's Best Home: Flying Visits (T) **3.05** five news update (T) **3.10 FILM: Diamond Girl** (1998) Romantic drama starring Kevin Otto, Joely Collins and Jonathan Cake. (T) **5.00** five news (T) **5.30** Neighbours (R/T) **6.00** Home & Away (R/T) **6.30** Wild Animal ER (T)

7.00 **five news** National and international news. (T)
7.15 **Cricket on five** Mark Nicholas presents highlights from day one of the second npower Test match between England and South Africa at Headingley Carnegie. (T) (Followed by five news update)
8.00 **Superstars** Athletes from a range of disciplines compete against each other in a series of sporting challenges. (T) (Followed by five news at 9)
9.00 **NCIS** The team investigates a marine's wife who has killed an intruder that tried to rape her. However, all is not as it first seems, and they learn that a serial rapist may be on the loose. (R/T)
10.00 **Shark** A Las Vegas-based businessman once represented by Stark offers the lawyer big money to defend him against a murder charge. After taking on the case, Stark finds himself in a moral dilemma as the extent of his client's wrongdoings becomes clear. (T)
11.00 **Law and Order** When a skeleton with a $40,000 diamond ring is found, the team discover that the victim was thought to have died during the September 11 terrorist attack on the World Trade Center. (R/T)

12.00 Quiz Call **4.45** Out of Practice (R/T) **5.10** House Doctor (R/T) **5.35** Neighbours (R/T)

SATELLITE

SKY ONE

6.00am Cruise With Stelios: Mediterranean **6.30** Cruise With Stelios: Mediterranean **7.00** The Dog Whisperer **8.00** Airline **8.30** Airline **9.00** Zoo Story **9.30** Zoo Story **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Relic Hunter **1.00** Las Vegas **2.00** Wonderfalls **3.00** Stargate SG-1 **4.00** Stargate SG-1 **5.00** Malcolm in the Middle **5.30** Malcolm in the Middle **6.00** Futurama **6.30** Malcolm in the Middle **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** The Simpsons **9.00** Don't Forget The Lyrics **10.00** Don't Forget The Lyrics **11.00** Gladiators **12.00am** Road Wars **1.00** Road Wars **1.50** Street Wars **2.40** Airline **3.05** Airline **3.30** Cruise With Stelios: Mediterranean **3.55** Cruise With Stelios: Mediterranean **4.20** Rescue Me **5.10** Guilty!

ITV2

6.00am Emmerdale **6.30** Airline USA **7.05** The Montel Williams Show **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Emmerdale **10.00** Judge Judy **10.30** Judge Judy **11.00** Airline USA **11.30** Airline **12.00pm** Emmerdale **12.30** Planet's Funniest Animals **1.00** Airline USA **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.20** The Montel Williams Show **6.05** Judge Judy **6.35** Judge Judy **7.00** iTunes Festival 2008 **7.30** The Office: An American Workplace **8.00** Pushing Daisies **9.00** America's Got Talent **10.20** Bionic Woman **11.20** Coronation Street **11.50** Coronation Street **12.20am** iTunes Festival 2008 **12.50** The Passions of...Girls Aloud **1.50** Teleshopping **4.50** ITV2 Nightscreen

BBC3

7.00pm Top Gear **8.00** The Real Hustle **8.30 FILM:** The Haunted Mansion **9.55** Three's Outtakes: Little Britain **10.00** EastEnders **10.30** Two Pints of Lager and a Packet of Crisps **11.00** Two Pints of Lager and a Packet of Crisps **11.30** Family Guy **11.55** Family Guy **12.15am** Touch Me, I'm Karen Taylor **12.45** Trexx and Flipside **1.15** Snog Marry Avoid? **1.45** Two Pints of Lager and a Packet of Crisps **2.15** Two Pints of Lager and a Packet of Crisps **2.45** The Real Hustle **3.15** Touch Me, I'm Karen Taylor **3.45** Trexx and Flipside **4.15** Snog Marry Avoid? **4.45** Close

BBC4

7.00pm World News Today **7.30** A Seaside Parish **8.00** Soweto Strings **9.00** Sophiatown **10.25** Arena **11.55** The Avengers **12.45am** The Avengers **1.35** Sophiatown **3.00** Soweto Strings **4.00** Close

SATURDAY
July 19

BBC1

6.00 Breakfast (T) **10.00** Golf: The Open (T) **12.00** BBC News (T) **12.10** Golf: The Open (T) **5.35** BBC News (T) **5.55** The Green Green Grass (T) **6.25** Last Choir Standing (T)

7.30 **The National Lottery: This Time Tomorrow** Tess Daly hosts the National Lottery show where being a winner tonight means being somewhere fabulous tomorrow. Includes the Thunderball and Lotto draws live from Lottery HQ. (T)

8.20 **Casualty** Jessica lives through a mother's worse nightmare when her son is hit by a car. Emotion is rife as Adam and Sean argue as to the best approach while a desperate Jessica watches on. Will Adam be able to save him? (T)

9.10 **Last Choir Standing Results** Myleene Klass and Nick Knowles host the search for Britain's best choir. (T)

9.35 **BBC News** (T) (Followed by National Lottery Update)

10.00 **FILM: Derailed** (2002) Tense thriller in which two people who meet on a train begin an affair, but are caught in the act by a violent robber who blackmails the pair with the threat of revealing their adultery. Stars Clive Owen, Jennifer Aniston and Vincent Cassel. (T)

11.35 **FILM: The Relic** (1996) Suspense thriller about a deadly creature at large in the Chicago Field Museum and, following several grisly murders, a policeman and a biologist's attempts to find the demonic force stalking the corridors of the institution. With the museum's gala opening imminent, they face a race against time to track down the creature before it strikes again. Stars Tom Sizemore, Penelope Ann Miller and Linda Hunt. (T)

1.15 Weatherview (T) **1.20** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **10.30** The Slammer (T) **10.55** Prank Patrol Pocketsize (T) **11.00** The Story of Tracy Beaker (R/T) **11.30** Eliot Kid (R/T) **11.45** Sportsround (T) **12.00** Animal Park (R/T) **1.00** Celebrity MasterChef (R/T) **1.30 FILM: The Red Shoes** (1948) Fairy tale starring Anton Walbrook. (T) **3.40** Flog It! (R/T) **4.40** Coast (T) **4.50** Murder, She Wrote (T) **5.35** Golf: The Open (T)

7.30 **Dad's Army** Walmington-On-Sea's Home Guard attempt to bring ashore a German Luftwaffe aircraft crew who have bailed out into a nearby lake and intend to stay in their dinghy until nightfall. (T)

8.00 **Hadrian** As the British Museum prepares to launch its spectacular exhibition on the emperor Hadrian, Dan Snow takes us on a journey around Hadrian's vast empire. (T)

9.00 **Have I Got Old News for You** Comedy quiz show that grills celebrity contestants on the week's news. (T)

9.30 **Comics Britannia** Armando Iannucci presents a series which explores the history of British comics. He looks back to a golden age when children's humour comics sold in their millions, and reveals the artists and writers behind the magical worlds where grown-ups are terrorised and kids rule. (T)

10.30 **Mock the Week** Comedy show combining the best elements of panel show, stand-up and improvised games. (R/T)

11.00 **Today at The Open** Hazel Irvine presents highlights of the third round at Royal Birkdale. 12 months ago, Sergio Garcia held a three shot lead at this stage. (T)

12.00 Comedy Connections (R/T) **12.40** **FILM: Girl from Rio** (2003) Romantic comedy starring Hugh Laurie. (T) **2.20** Arrested Development (T) **3.05** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** CITV: Jim Jam and Sunny (T) **9.40** Captain Mack (T) **9.55** Captain Mack (T) **10.10** Supernormal (T) **10.25** Drake and Josh (R/T) **10.55** Art Attack (R/T) **11.15** Finger Tips (R/T) **11.35** Prove It! (R/T) **12.00** ITV News and Weather (T) **12.05** Regional News and Weather **12.10** F1: German Grand Prix Qualifying (T) **2.40 FILM: Mystery Men** (1999) Ironic spin on the superhero action film starring William H Macy. (T) **4.45** Regional News and Weather **5.00** ITV News and Weather (T) **5.15 FILM: Junior** (1994) Comedy starring Arnold Schwarzenegger. (T)

7.10 **You've Been Framed!** Harry Hill delves into the archive to present a collection of the funniest home videos from 18 years of You've Been Framed in this special hour-long show. (T)

8.10 **Who Dares Sings!** Denise Van Outen and Ben Shephard host the ultimate singing gameshow - a TV karaoke party with a 50,000 cash prize. Members of the audience must sing against the super computer SAM. (T)

9.10 **Foyle's War** Drama about an enigmatic detective working on the south coast during World War II. A murdered farmer, a past love affair, a mysterious land girl and the crash landing of a German plane present an unsettling case for Foyle. (R/T)

11.10 **ITV News and Weather**

11.25 **Benidorm** Everybody's back at the Solanas for more sun, sangria and swinging - including Madge's new boyfriend Mel, Didsbury's answer to Julio Iglesias. (R/T)

11.55 **Benidorm** Instead of escaping from the resort, Martin and Kate find themselves babysitting Telle's baby, Coolio. (R/T)

12.25 Bingo Night Live **1.30** Nightwatch With Steve Scott (R/T) **2.25 FILM: Quatermass and the Pit** (1967) Cult sci-fi chiller starring Andrew Keir. (T) **4.05** ITV Nightscreen **5.00-6.00** CITV

FOUR

6.10 The Hoobs (R/T) **7.00** Goalissimo (R/T) **8.00** The Morning Line (T) **8.55** T4: Big Brother (R/T) **9.55** Six On The Beach: Mcfly (T) **10.00** Big Brother (R/T) **10.30** Six On The Beach: Alexa Chung (T) **10.35** Friends (R/T) **11.05** Six On The Beach: Hollyoaks And Skins (T) **11.10** Shipwrecked 2008: The Hutcam Diaries (T) **11.40** Six On The Beach: The Hoosiers (T) **11.45** Friends (R/T) **12.15** Six On The Beach: Alesha Dixon (T) **12.20** Movie Special (T) **12.50** Six On The Beach (T) **12.55** Red Bull Air Race 2008 (T) **2.00** Channel 4 Racing From Newbury, Newmarket and Market Rasen (T) **4.00** Deal Or No Deal (T) **4.45** Supernanny (T) **5.40** Gok's Fashion Fix (R/T) **6.40** Channel 4 News (T)

7.00 **The Seven Wonders Of The Muslim World** Series exploring Islam as it is lived and practised and following six pilgrims from different countries, including a young Spanish pizza chef and a newspaper boy from Jerusalem, who want to visit Mecca. (T)

7.10 **Who Downed Douglas Bader?** Documentary examining the mystery surrounding the last flight of Douglas Bader, an RAF hero from WWII who claimed he was forced to bail out over France after a collision. (R/T)

9.10 **Big Brother** (T)

10.10 **FILM: Jackass: The Movie** (2002) Johnny Knoxville and his daredevil buddies take their eye-watering antics to new extremes in this darkly funny spin-off from the cult TV series. Action, starring Johnny Knoxville. (T)

11.50 **4music: Live From Abbey Road** New series featuring performances from some of the best musical talent around, both old and new, filmed at the legendary Abbey Road Studios in London. Music comes from Panic at the Disco and David Gray. (T)

1.00 Big Brother Live **4.25** St. Elsewhere (R/T) **5.20** Countdown (R/T)

FIVE

6.00 Sunrise **7.00** Milkshake! **10.00** Britain's Strongest Man (R/T) **11.00** Britain's Strongest Man (R/T) **12.00** Warship (R/T) **1.00** Fifth Gear Short Cuts (T) **1.10 FILM: The Computer Wore Tennis Shoes** (1995) Comedy, starring Cesar Romero, Kurt Russell and Joe Flynn. (T) **3.00 FILM: Jane Doe - The Harder They Fall** (2006) Mystery drama starring Lea Thompson. (T) **4.45** Football on Five (T)

7.00 **five news and sport** The latest national and international headlines. (T)

7.15 **Cricket on five** Mark Nicholas presents highlights from day two of the second npower Test match between England and South Africa at Headingley Carnegie. (T)

8.00 **Superstars** Athletes from a range of disciplines compete against each other in a series of sporting challenges. (R/T) (Followed by five news update)

9.10 **NCIS** The team work on an assignment against a terrorist group without Gibbs, who is still recovering, but he may be the only person who can help. (R/T)

10.10 **CSI: NY** When a young woman dressed from head-to-toe in blue is found dead in the subway after a rave party, Mac is summoned from a night at the opera to process the scene. Across town, a famous bachelor is found dead in his swim gym. (R/T)

11.10 **Law and Order: Criminal Intent** Crime drama series that looks inside the minds of criminals as well as following the Major Case Squad's investigation into their misdemeanours and felonies. Goren pursues a serial killer who preys on beautiful women. (R/T)

12.10 Quiz Call **4.45** Out of Practice (R/T) **5.10** Wildlife SOS (R/T) **5.35** Wildlife SOS (R/T)

SATELLITE

SKY ONE

6.00am Pokémon Advanced **6.30** America's Dumbest Criminals **7.00** Dinotopia **8.00** Lion Man **8.30** Lion Man **9.00** The Zoo UK **9.30** The Zoo UK **10.00** The Zoo UK **10.30** The Zoo UK **11.00** Stings, Fangs and Spines **12.00pm** Vroom Vroom **1.00** Don't Forget The Lyrics **2.00** Don't Forget The Lyrics **3.00** Don't Forget The Lyrics **4.00** Futurama **4.30** Malcolm in the Middle **5.00** Malcolm in the Middle **5.30** Malcolm in the Middle **6.00** Gladiators **7.00** Malcolm in the Middle **7.30** Malcolm in the Middle **8.00** The Simpsons **8.30** The Simpsons **9.00** Road Wars **10.00** Road Wars **11.00** Inside: Gangs Behind Bars **12.00am** Street Wars **1.00** Road Wars **1.50** The Villa **2.40** Mile High **3.30** Greece Uncovered **4.20** Road Wars **5.10** Guilty!

ITV2

6.30am Coronation Street Omnibus **8.50** Emmerdale Omnibus **11.35** Holiday Showdown **12.35pm** Holiday Showdown **1.40** Holiday Airport: Sydney **2.40** Nanny 911 **3.40** All Star Family Fortunes **4.20** Planet's Funniest Animals **4.50** Animals Do the Funniest Things **5.50** Gossip Girl **6.50** America's Got Talent **8.10** **FILM:** Free Willy 3: The Rescue **9.50** **FILM:** The Chronicles of Riddick **12.00am** America's Got Talent **1.20** The Fratellis Live at IndigO2 **1.50** The Passions of...Girls Aloud **2.50** The Office: An American Workplace **3.15** Sugababes: The Hot Desk **3.30** Emmerdale Omnibus

BBC3

7.00pm Snog Marry Avoid? **7.30** Snog Marry Avoid? **8.00** Two Pints Outtakes **8.10** Top Gear **9.10** **FILM:** Tombstone **11.10** Family Guy **11.35** Family Guy **12.00am** Touch Me, I'm Karen Taylor **12.30** Britain's Missing Top Model **1.30** Sasha: Beauty Queen at 11 **2.25** Snog Marry Avoid? **2.55** Snog Marry Avoid? **3.25** Touch Me, I'm Karen Taylor **3.55** Britain's Missing Top Model **4.55** Close

BBC4

7.00pm Tiger Spy in the Jungle **8.00** Sykes **8.25** Perpetual Motion: The Routemaster Bus **9.00** Arena: Little Platform, Big Stage **9.55** To the World's End: Scenes and Characters on a London Bus Route **10.45** Open Space: A Day Off the Buses **11.20** Mark Lawson Talks to Liz Smith **12.20am** The Unseen Alistair Cooke **1.20** Alistair Cooke: Postcards from America **2.20** Arena: Little Platform, Big Stage **3.15** The Unseen Alistair Cooke **4.15** Close

ADVERTISEMENT FEATURE

BELLA'S BLOG

TRACEY'S HOLIDAY DRAMA!

Hello darlings – Bella Here! I'm a regular girl-about-town and especially love spending my time in Xscape. This week, I got a call from Steve – who looks after all of their marketing and promotions at Xscape.

"Bella darling!" he said. "Can you do me a favour? I am off on my hols for 2 weeks and need someone to do my column in the MK News" Naturally my heart skipped a little beat as I realised that this was my 15 minutes of fame and I am known for my indiscretions!!!! So here I am, warts and all with the latest news and gossip on what's on at Xscape!

After a stint on the treadmill and a facial in Virgin Active, and a quick shop for a few summer essentials in Xscape, I went for an early evening cocktail, when I bumped into an old friend of mine Tracey. She looked completely miserable. I said "What's up love?" and she told me how she has packed her suitcase for her holiday with her boyfriend to Turkey. "Oooh lucky you," I said. However Tracey's summer trip may be over before it's begun as she can't find her passport!

Being a dizzy blond (well out of a bottle I might add), she has no idea where she last laid it!!!! I am sure one or two of you boys out there may have a good idea!!! Well I was in a hurry you see – I was off to catch the Mamma Mia premiere at Cineworld... So, I made my excuses and legged it from dear old Tracey.....she did ask that I mention her lost passport in my column just in case anyone finds it...

If you find it, or if you just want to chat (I am a fabulous agony aunt too) just e-mail me on miltonkeynes@xscape.co.uk

Until next week darlings!

B xx

www.xscape.co.uk

SUNDAY
July 20

BBC1

6.00 Breakfast (T) **9.00** The Andrew Marr Show (T) **10.00** Sunday Life (T) **11.00** Countryfile (T) (Followed by Weather for the Week Ahead) **12.00** BBC News (T) **12.05** 'Allo 'Allo! (T) (Followed by Weather for the Week Ahead) **12.25** EastEnders (T) **2.20** Lifeline (T) **2.30** Golf: The Open (T)

7.10 Last of the Summer Wine When Alvin and Entwistle see Lance trying to convince his wife that Elvis is still alive, they feel a duty to help the King make an appearance. (T)

7.40 BBC News National and international news, followed by Weather. (T)

8.00 George Gently When a returning German POW is found dead in the harbour of a small fishing village, Gently and Bacchus find themselves investigating past grievances and present violence. (T)

9.30 The Vicar of Dibley The local elections are looming and David is confident of victory. His new plans include twinning Dibley with every country in Europe - except Belgium. (T)

10.00 BBC News (T)

10.25 Commercial Breakdown with Jimmy Carr Jimmy Carr presents a collection of the funniest, wildest and weirdest television commercials from across the globe, as well as delivering his own incisive view on the advertising industry. (T)

11.05 FILM: The Lonely Guy (1984) A young man thrown out by his girlfriend feels lost and alone in New York City, until he meets a melancholy soulmate who befriends him and shows him how to survive bachelorhood. Stars Steve Martin, Charles Grodin and Judith Ivey. (T)

12.30 Sign Zone: Weatherview (T) **12.35** Ray Mears Goes Walkabout (R/T) **1.35** Holby City (R/T) **2.35** A Taste of My Life (R/T) **3.05** Bargain Hunt (R/T) **3.50** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.30** Something for the Weekend (T) **11.00** Golf: The Open (T) **2.30 FILM: The War Bride** (2001) Drama starring Anna Friel. (T) **4.15** New Forest Ponies (T) **4.25** Songs of Praise (T) **5.00** Coast (R/T) **5.15 FILM: The Great Escape** (1963) Star-studded WWII classic starring Steve McQueen, James Garner and Richard Attenborough. (T)

8.00 Top Gear Jeremy and James show off the ageing but massive luxury cars they bought for the price of a new Ford Mondeo. Meanwhile, the Nissan GT-R is given a thorough work out around Japan's legendary Fuji circuit and, straight from the Dragons' Den, Peter Jones and Theo Paphitis are the stars in the Reasonably Priced Car. (T)

9.00 Long Way Round Documentary showing the preparation and planning of Ewan McGregor and Charley Boorman's famous motorbike journey. Ewan and Charley travel through Europe, heading for the border into Slovakia. (T)

9.40 Moto GP Live action from the Laguna Seca circuit as we cross the Atlantic. Last year Casey Stoner dominated proceedings, winning the race from pole position. We follow all the dramatic action as Valentino Rossi, Dani Pedrosa and Casey Stoner continue to jostle for position in the race to become the 2008 champion. (T)

11.00 Today at The Open Hazel Irvine brings the curtain down on the 137th Open Championship with highlights of the action. Relive the thrills and spills of the final round from Royal Birkdale and see who succeeds Padraig Harrington as the new Open Champion. (T)

12.00 FILM: The Wraith (1986) Supernatural horror starring Charlie Sheen. (T) **1.30** Joins BBC News (T) **3.45** Super League Show (T) **4.05** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** CITV: Meg and Mog (R) **9.35** Coronation Street Omnibus (T) **11.50** ITV News and Weather (T) **11.55** Regional News and Weather **12.00** F1: German Grand Prix Live (T) **3.00 FILM: Dr No** (1962) Spy drama starring Sean Connery, Ursula Andress and Joseph Wiseman. (T) **5.00** Robbie Coltrane: B-Road Britain (R/T) **6.00** Bygones (T) **6.30** Regional News and Weather **6.45** ITV News and Weather (T)

7.00 The Royal Matron takes decisive action to deal with her troublesome porter. Lizzie finds a soulmate, but is he just a flash in the pan? (T)

8.00 Midsomer Murders (New) A reclusive couple are found dead, victims of a supposedly botched burglary which shocks the occupants of the village of Dunstan. (T)

10.00 ITV News and Weather (T) (Followed by Local Weather)

10.15 TV's Naughtiest Blunders Neil Morrissey presents more risque outtakes and unbleeped bloopers, featuring foul-ups and colourful language from famous faces. (R/T)

10.45 F1: German Grand Prix Highlights Steve Rider presents the best of the action from Hockenheim. After a stunning victory at his home round at Silverstone, can Lewis Hamilton maintain his momentum? (T)

11.45 A Match Made in Heaven Series going behind the scenes at three of the most popular religious dating agencies to expose the reality of modern-day dating for Britain's young Muslims, Jews and Christians. (T)

12.15 The Way We Worshipped (R/T) **12.45** 60 Minute Makeover (R/T) **1.35** Vanessa's Real Lives (R/T) **2.25** Fat Chance (R) **2.50** Fat Chance (R/T) **3.15** ITV Nightscreen (T) **5.00-6.00** CITV

FOUR

6.05 The Hoobs (R/T) **6.30** The Hoobs (R/T) **6.55** Transworld Sport (T) **7.50** The British Formula 3 International Series (T) **8.20** Relentless Wakestock Festival: Sport (T) **8.50** T4: Hollyoaks Omnibus (R/T) **11.20** Shipwrecked 2008: Battle Of The Islands (T) **12.45** Big Brother's Little Brother (T) **1.50** on the Beach (T) **6.00** Channel 4 News (T) **6.25** 3 Minute Wonder (R/T) **6.30** Empire's Children (R/T)

7.30 The Seven Wonders Of The Muslim World Documentary which gains unprecedented access to the holy city of Mecca. The programme meets a host of individuals, including the muezzin who makes the call to prayer, the man who massages the feet of the faithful, the head of the religious police and just a few of the countless pilgrims who have made the trip to this holy Muslim shrine. (T)

9.00 Big Brother Highlights from the past 24 hours in the Big Brother house. (T)

10.00 The Sunday Night Project Entertainment and comedy series. Will Young joins presenters Justin Lee Collins and Alan Carr for the usual mix of sketches, news and audience interaction. (T)

11.10 8 Out of 10 Cats Topical comedy panel show with Jimmy Carr. Guest panellists tonight in the last show of the current series are David Baddiel and Michael McIntyre. (R/T)

11.40 Back To You The staff at WURG prepare for Gracie's class to make a field trip to the station although they are warned that the kids have a bully within their midst. Marsh faces a test of his willpower and Montana is embarrassed by a young girl in Gracie's school. (T)

12.10 The Charlotte Church Show (R/T) **12.55** Big Brother Live **4.25** St. Elsewhere (R/T) **5.15** Countdown (R/T)

FIVE

6.00 Milkshake! **10.00** The Gadget Show (R/T) **11.00** Monster Moves (R/T) **12.00** Ice Road Truckers (R/T) **1.00** Zoo Days (R/T) **1.30 FILM: On The Town** (1949) Oscar-winning musical starring Gene Kelly. (T) **3.20 FILM: Captain Ron** (1992) Comedy starring Kurt Russell. (T) **5.15 FILM: The Secret Garden** (1993) Children's classic starring Kate Maberly.

7.05 five news and sport The latest national and international headlines. (T)

7.15 Cricket on five Mark Nicholas presents highlights from day three of the second npower Test match between England and South Africa at Headingley Carnegie. (T)

8.00 Hitler's Secret Bunkers: Revealed Historical documentary exploring a vast network of Nazi bunkers in Berlin. Multi-award-winning writer and historian Antony Beevor returns to the German capital to uncover this lost world, much of which has been hidden from public view since 1945. With almost 90 per cent of the city destroyed in the war, this is virtually all that remains of Hitler's Berlin. (R/T)

9.00 FILM: Anger Management (2003) Comedy in which a mild-mannered man gets caught up in an incident aboard a plane and ends up being sent to anger management classes to avoid going to jail. Stars Adam Sandler. (T)

11.00 Banged Up Documentary series presented by David Blunkett MP in which ten youths spend ten days in prison. Each of the teenagers has convictions ranging from theft to assault, but none of them have ever served time behind bars. (R/T)

12.00 Disorderly Conduct (R/T) **1.05** Major League Baseball **4.20** ITU Triathlon **5.10** Wildlife SOS (R/T) **5.35** Wildlife SOS (R/T)

SATELLITE

SKY ONE
6.00am Hour of Power **7.00** Pokémon Advanced **7.30** Pokémon Advanced **8.00** Brainiac: Science Abuse **9.00** Robot Wars Extreme II **10.00** The Cesc Fabregas Show **11.00** WWE - Experience **12.00pm** Gladiators **1.00** Futurama **1.30** Futurama **2.00** Sea Monster: Search For The Giant Squid **3.00** Don't Forget The Lyrics **4.00** The Dark Knight Special **4.30** Futurama **5.00** Futurama **5.30** The Simpsons **6.00** Gladiators **7.00** Don't Forget The Lyrics **8.00** The Simpsons **8.30** The Simpsons **9.00 FILM:** Batman Begins **11.40** Gladiators **12.40am** Road Wars **1.40** Street Wars **2.30** The Villa **3.20** Mile High **4.10** Caribbean Uncovered **5.00** Bite Size Brainiac **5.10** Guilty!

ITV2
6.00am Nanny 911 **7.00** Supermodels: Gone Bad **7.25** Vernon Kay's Gameshow Marathon **8.30** Pushing Daisies **9.30** America's Got Talent **10.50** Gossip Girl **11.50 FILM:** Free Willy 3: The Rescue **1.25pm** Emmerdale Omnibus **4.15** Coronation Street Omnibus **6.40** An Audience with Neil Diamond **7.40** America's Got Talent **9.00 FILM:** The Chronicles of Riddick **11.10 FILM:** 48 Hrs **1.10am** Supermodels: Gone Bad **1.40** Teleshopping **4.40** ITV2 Nightscreen

BBC3
7.00pm Doctor Who **7.45** Doctor Who Confidential **8.00** Greek **8.45** Greek Uncovered **9.00** Jamelia: Whose Hair Is It Anyway? **10.00** Family Guy **10.25** Family Guy **10.45** Trexx and Flipside **11.15** Touch Me, I'm Karen Taylor **11.45** Two Pints of Lager and a Packet of Crisps **12.15am** Two Pints of Lager and a Packet of Crisps **12.45** Jamelia: Whose Hair Is It Anyway? **1.45** Trexx and Flipside **2.15** Touch Me, I'm Karen Taylor **2.45** Two Pints of Lager and a Packet of Crisps **3.15** Two Pints of Lager and a Packet of Crisps **3.40** Make My Body Younger **4.40** Close

BBC4
7.00pm Coal House **7.30** Proms on Four 2008: Folk Day **9.15** Arena: A Tall Story - How Salman Rushdie Pickled All of India **10.00** Samuel Johnson Prize 2008 **11.00** Arena: The Strange Luck of V.S. Naipaul **12.00am** Born to Be Wild **12.30** Samuel Johnson Prize 2008 **1.30** Proms on Four 2008: Folk Day **3.15** Samuel Johnson Prize 2008 **4.15** Close

MONDAY
July 21

BBC1

6.00 Breakfast (T) **9.15** Heir Hunters (T) **10.00** Escape to the Country (R/T) (Followed by BBC News; Weather) **11.00** Homes under the Hammer (R/T) **11.30** Cash in the Attic (R/T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (R/T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Step Up to the Plate **(New)** (T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 The One Show (T)

7.30 After You've Gone Jimmy is short of cash, so Diana hatches a plan that will help them both. (T)

7.57 BBC News and Regional News

8.00 EastEnders Max attempts to bond with his children. (T)

8.30 Panorama Current affairs programme presented by Jeremy Vine. (T)

9.00 New Tricks The team reinvestigates the murder of a popular DJ who died live on air after an arson attack at 80s music station Roxy Radio and Lane is determined to find the still missing Jack Halford when Pullman and Standing threaten to quit rather than work with a new team member. (T)

10.00 BBC News (T)

10.25 Regional News and Weather (T)

10.33 BBC Weather (T)

10.35 River Police Documentary about the police officers who patrol London's waterways. (T)

11.05 FILM: Where the Heart Is (2000) Drama about a pregnant teenager who, having been abandoned by her boyfriend, hides out in a supermarket and turns her life around with the help of some eccentric locals. Stars Natalie Portman. (T)

1.00 Weatherview (T) **1.05** Sign Zone: Cars, Cops and Criminals (T) **2.05** A Taste of My Life (T) **2.35** Bargain Hunt (T) **3.20** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **10.30** The Flintstones (T) **10.55 FILM: The Three Lives of Thomasina** (1964) Drama starring Patrick McGoohan. (T) **12.30** Working Lunch (T) **1.00** Out Of The Blue (T) **1.25** Coast (T) **1.30** Living in the Sun (R/T) **2.30** Castle in the Country (T) **3.00** Murder, She Wrote (R/T) **3.45** Flog It! (T) **4.30** Eating with the Enemy (T) **5.15** Cash in the Celebrity Attic (T) **6.00** Eggheads (R/T) **6.30** Animal Park (T)

7.00 Battle of the Bishops With the worldwide Anglican Church on the brink of an historic split, this film goes behind the scenes with the key players in the splinter movement. They are traditionalists, with old fashioned attitudes to homosexuality, and their key stronghold is Africa. (T)

8.00 University Challenge Jeremy Paxman asks the questions. (T)

8.30 Chinese Food Made Easy Ching-He Huang, the new star of Chinese cooking, continues her mission to bring fresh, easy and healthy Chinese food to the UK. (T)

9.00 Dragons' Den (New) The multi-millionaire Dragon investors are back and at the top of their game. The Den proves to be an oasis of investment, but only for those entrepreneurs with the best business ideas and inventions. (T)

10.00 Would I Lie to You? Comedy panel show hosted by Angus Deayton in which teams must sort the truth from the fiction. (T)

10.30 Newsnight (T)

11.20 Tribal Wives The Maasai are one of the world's most famous tribes. They are polygamous, men can have up to 10 wives and women are expected to marry at the age of 14. Living with them for the next month is teacher and life coach Dionne Braham. (R/T)

12.20 Ellery Queen (T) **1.10** Joins BBC News (T) **3.25** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.15** ITV News (T) **11.20** Regional News and Weather **11.25** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Dickinson's Real Deal (R/T) **3.00** Daily Cooks Challenge (T) (Followed by Local Weather) **4.00** Heartbeat (R/T) **5.00** Goldenballs (R/T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 Emmerdale Paul's torn when Jonny reveals Katie's plan. (T)

7.30 Coronation Street Will Steve manage a reconciliation with Michelle? Fiz is unnerved by a surprising stalker. Mel gets her marching orders. (T)

8.00 Desperately Seeking Mortgages: Tonight (T)

8.30 Coronation Street Will Fiz accept John back in her life? Steve uses Amy to try and win Michelle back. Jerry has a heart scare. (T)

9.00 Police, Camera, Action Special programme investigating the behaviour of boy racers, looking at what makes them tick and whether anything can be done to curb their behaviour. (T)

10.00 News at Ten and Weather (T)

10.40 FILM: True Lies (1994) Explosive comedy thriller about a US undercover agent who draws his frustrated wife into his dangerous world in a bid to give her the excitement she craves. For her the experience of battling fanatical terrorists is totally unexpected, as she believes she is married to a computer salesman, and not an action man. Stars Arnold Schwarzenegger, Jamie Lee Curtis and Tom Arnold. (T)

1.15 Wright Across America (T) **2.05** Hack (T) (Followed By ITV News Headlines) **2.55** Loose Women (R) **3.40** Moving Day (R/T) **4.05** Moving Day (R/T) **4.30** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.00 The Treacle People (R/T) **6.10** The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Big Brother's Little Brother (R/T) **8.00** Big Brother (R/T) **9.00** Friends (R/T) **9.30** Friends (R/T) **10.00** ER (R/T) **10.55** Without a Trace (R/T) **11.50** Supporting Acts (R/T) **12.00** News at Noon (T) **12.30** The Class (T) **1.00** Will & Grace (R/T) **1.30** Small Railway Journeys (R/T) **1.40** Desperate Housewives (R/T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** Richard & Judy (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 Channel 4 News Includes sport and weather. (T)

7.55 3 Minute Wonder (T)

8.00 Dispatches: The Jab That Can Stop Cancer Flagship current affairs programme covering groundbreaking reports that often set the news agenda. (T)

9.00 Can't Read, Can't Write (New) Three-part documentary series revealing the reality of Britain's adult literacy crisis, as nine illiterate adults enrol on a six month reading course in a bid to change their lives. Controversial award-winning teacher Phil Beadle attempts to guide the mature students towards their goals, whilst also scrutinising the Government's adult literacy course. As the lessons begin Phil finds he has to deal with his pupils' raw emotions as well as their inability to read. (T)

10.00 Big Brother Today's highlights from the Big Brother house. (T)

11.05 New Heroes Of Comedy: Sacha Baron Cohen A profile of Sacha Baron Cohen, the comedian behind Ali G and Borat, charting his rise from a five-minute slot on the 11 O'Clock Show to international stardom which put Staines and Kazakhstan on the map. (R/T)

12.10 4music On The Beach (T) **1.10** Big Brother Live **4.15** St. Elsewhere (R/T) **5.05** Richard & Judy (R)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (R/T) **11.30** Put Your Money Where Your House Is (R/T) **12.00** Monkey Life (R/T) **12.30** five news (T) **12.45** House (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** I Own Britain's Best Home: Flying Visits (T) **3.05** five news update (T) **3.10 FILM: Bermuda Triangle** (1995) Adventure starring Sam Behrens, Susanna Thompson and Lisa Jakub. (T) **5.00** five news (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Wild Animal ER (T)

7.00 five news National and international news. (T)

7.15 Cricket on five Mark Nicholas presents highlights from day four of the second npower Test match between England and South Africa at Headingley Carnegie. (T) (Followed by five news update)

8.00 The Gadget Show Consumer technology show presented by Jason Bradbury, Suzi Perry, Jon Bentley and Dallas Campbell. (T) (Followed by five news at 9)

9.00 Banged Up Documentary series presented by David Blunkett MP in which ten youths spend ten days in prison. (T)

10.00 CCTV Cities Series revealing real-life footage of urban crime, presented by Donal MacIntyre. (T)

11.05 FILM: Lords of Dogtown (2005) Dramatised account of the rise and fall of the skateboarding craze in 70s California, that saw a group of Venice Beach surfers swap the waves for concrete and become international stars. Skating legend Stacy Peralta wrote the screenplay. Stars Emile Hirsch, John Robinson and Heath Ledger. (T)

1.10 USPGA Golf **2.05** Golf - The Challenge **2.55** NHRA Drag Racing **3.45** UEFA Cup Classics (R) **4.05** Boxing: Fight of the Week **5.10** House Doctor (R/T) **5.35** Neighbours (R/T)

SATELLITE

SKY ONE
6.00am The Dog Whisperer **7.00** Brainiac: Science Abuse **8.00** Lion Man **8.30** Lion Man **9.00** Zoo Story **9.30** Zoo Story **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Relic Hunter **1.00** Las Vegas **2.00** Stargate SG-1 **3.00** Stargate SG-1 **4.00** Stargate Atlantis **5.00** Gladiators **6.00** Malcolm in the Middle **6.30** Futurama **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** The Simpsons **9.00** Night Cops **10.00** Road Wars **11.00** Inside: Miami Vice **12.00am** Road Wars **1.00** Road Wars **1.50** Stargate Atlantis **2.40** Airline **3.05** Airline **3.30** Cruise With Stelios: Mediterranean **3.55** Cruise With Stelios: Mediterranean **4.20** Rescue Me **5.10** Guilty!

ITV2
6.00am Coronation Street **6.30** Coronation Street **7.00** Emmerdale **7.25** Airline USA **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Coronation Street **10.00** Coronation Street **10.30** Emmerdale **11.00** Judge Judy **11.30** Judge Judy **12.00pm** Coronation Street **12.30** Coronation Street **1.00** Emmerdale **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.20** The Montel Williams Show **6.05** Judge Judy **6.35** Judge Judy **7.00** iTunes Festival 2008 **7.30** The Office: An American Workplace **8.00** Gossip Girl **9.00 FILM:** 48 Hrs **11.00** Coronation Street **11.30** Coronation Street **12.00am** iTunes Festival 2008 **12.30** Katy Brand's Big Ass Show **1.00 FILM:** Jurassic Park III **2.35** Teleshopping **5.35** ITV2 Nightscreen

BBC3
7.00pm Doctor Who **7.45** Doctor Who Confidential **8.00** Trexx and Flipside **8.30** Snog Marry Avoid? **9.00** Addicted to Boob Jobs **10.00** EastEnders **10.30** The Mighty Boosh **11.00** Family Guy **11.25** Family Guy **11.50** Addicted to Boob Jobs **12.45am** Snog Marry Avoid? **1.15** Trexx and Flipside **1.45** The Mighty Boosh **2.15** Make My Body Younger **3.15** Sasha: Beauty Queen at 11 **4.15** Close

BBC4
7.00pm World News Today **7.30** Proms on Four 2008: Messiaen and Saint-Saens **9.30** The Unseen Alistair Cooke **10.30** Mark Lawson Talks to Jonathan Meades **11.30** Jonathan Meades: Magnetic North **12.30am** Proms on Four 2008: Messiaen and Saint-Saens **2.30** Mark Lawson Talks to Jonathan Meades **3.30** Close

TUESDAY
July 22

BBC1

6.00 Breakfast (T) **9.15** Heir Hunters (T) **10.00** Escape to the Country (R/T) (Followed by BBC News; Weather) **11.00** Homes under the Hammer (T) **11.30** Cash in the Attic (T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (R/T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Step Up to the Plate (T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** (T)
7.30 **EastEnders** Tanya calls a peace meeting but Max has other plans. (T)
7.57 **BBC News and Regional News**
8.00 **Holby City** Maddy enlists Sam in a last-ditch effort to prove Linden's innocence. (T)
9.00 **Bonekickers** The high-risk exploration of secret Celtic chambers beneath the Roman Baths unlocks an ancient love story. (T)
10.00 **BBC News** (T)
10.25 **Regional News and Weather** (T)
10.33 **BBC Weather** (T)
10.35 **Olympic Dreams** Four-part series looking at what it takes to succeed in the world of elite sport. (T)
11.20 **FILM: Shine** (1996) Moving true story of a talented musician's triumph over adversity. Raised by a strict father, David Helfgott is a gifted pianist whose talent is quickly spotted and who later travels to London to study music. However, his troubled relationship with his father and the burdens of genius precipitate an emotional breakdown from which, it seems, he may never recover. Stars Geoffrey Rush. (T)

1.00 Weatherview (T) **1.05** Sign Zone: Springwatch Gardens (T) **2.05** A Taste of My Life (T) **2.35** Bargain Hunt (T) **3.20** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **10.30** The Flintstones (T) **10.55** **FILM: Bad News Bears** (1976) Comedy starring Walter Matthau, Tatum O'Neal and Vic Morrow. (T) **12.30** Working Lunch (T) **1.00** Out Of The Blue (T) **1.25** Coast (T) **1.30** Living in the Sun (R/T) **2.30** Castle in the Country (T) **3.00** Murder, She Wrote (R/T) **3.45** Flog It! (T) **4.30** Eating with the Enemy (T) **5.15** Cash in the Celebrity Attic (T) **6.00** Eggheads (R/T) **6.30** Animal Park (T)

7.00 **Charles Wheeler: A Tribute** A look at the decisive moments of the latter 20th century through the eyes of Charles Wheeler. (T)
8.00 **Des Lynam: Sport Mastermind** Des Lynam hosts a spin off series of the classic quiz. (T)
8.30 **Francesco's Mediterranean Voyage** Architect and historian Francesco da Mosto embarks on a journey across the Mediterranean sea. (T)
9.00 **Jimmy Doherty's Farming Heroes** Five years ago, Jimmy Doherty gave up life in the city to start his own farm. (T)
10.00 **The Culture Show** Lauren Laverne and Mark Kermode present a mix of cinema, super-size sculpture and great music. Mark takes director Terence Davies back to his native Liverpool. (T)
10.30 **Newsnight** (T) (Followed by Weather)
11.20 **Imagine... Damon and Jamie's Excellent Adventure** Alan Yentob presents a documentary about cartoon pop group Gorillaz' foray into the world of Chinese opera, with Damon Albarn composing his first full length score and Jamie Hewlett designing a myriad of gigantic sets and elaborate costumes. (R/T)

12.20 Des Lynam: Sport Mastermind (T) **12.50** Joins BBC News (T) **3.15** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.15** ITV News (T) **11.20** Regional News and Weather **11.25** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Dickinson's Real Deal (R/T) **3.00** Daily Cooks Challenge (T) (Followed by Local Weather) **4.00** Heartbeat (R/T) **5.00** Goldenballs (R/T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale: Bye Bye Baby** Katie's plans are thwarted when she goes into labour unexpectedly. Gennie admits she is jinxed with animals. Val is forced to go cap in hand to Louise. (T)
8.00 **Send In The Dogs** The series about police dog units around the country continues with the West Yorkshire force, following the canines as they fight crime. (T)
9.00 **Doc Martin** Aunt Joan's angry neighbour accuses Doc Martin of killing his wife - but he is hiding a guilty secret. Pauline is on the shortlist to join the Portwenn lifeboat crew. (R/T)
10.00 **News at Ten and Weather** A round-up of the day's news, a national weather forecast and the latest news and weather in your region. (T)
10.40 **Kingdom** Lyle is feeling totally undervalued and Peter, realising that unless he gives him some responsibility he'll leave, sends him off to meet an old Polish Auschwitz survivor. (R/T)
11.40 **Patrick Kielty's Tough Gig** Patrick Kielty, host of hit shows Fame Academy and Love Island, gets down with a group of British rappers in an attempt to find out what makes them tick. (R/T)

12.10 Bingo Night Live **1.15** Hack (T) **2.05** Loose Women (T) **2.55** The Jeremy Kyle Show (R/T) **3.50** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.05 Making It (R/T) **6.10** The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Everybody Loves Raymond (R/T) **7.30** Big Brother's Little Brother (T) **8.00** Big Brother (R/T) **9.00** Friends (R/T) **9.30** Friends (R/T) **9.55** ER (R/T) **10.55** Without a Trace (R/T) **11.50** Suppporting Acts (R/T) **12.00** News at Noon (T) **12.30** The Class (T) **1.00** Will & Grace (R/T) **1.25** Grudge Match (R/T) **1.40** Desperate Housewives (R/T) **2.35** Desperate Housewives (R/T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** Richard & Judy (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)
7.55 **3 Minute Wonder** (T)
8.00 **10 Years Younger** Nicky Hambleton-Jones and her team of cosmetic consultants work magic on members of the public who want to look younger. Nicky revisits singleton Pandora Ankers, who used to smoke 20 cigarettes a day, damaging her complexion and teeth. (T)
9.00 **Gordon Ramsay's F Word** Gordon meets Erin O'Connor to find out what models really eat. Janet Street-Porter spit roasts one of her veal calves and hosts a party attended by 100 Yorkshiremen and women. The recipe challenge sees Jon Snow cooking his salmon fillet dish, while Emma Bunton and her family help Gordon cook three tasty and simple recipes. (T)
10.00 **Big Brother** (T)
11.05 **Reaper** Comedy series following Sam, a lifelong slacker who discovers that his parents sold his soul to Satan before he was born. The Devil sends Sam and Sock to capture an escaped soul who killed President McKinley over a hundred years ago. (T)

12.05 British Superbike Championship **1.05** Relentless Wakestock Festival: Sport (R/T) **1.35** KOTV (T) **2.00** Big Brother Live **4.25** Richard & Judy (R) **5.25** FIVB Beach Volleyball (T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (R/T) **11.30** Put Your Money Where Your House Is (R/T) **12.00** Monkey Life (R/T) **12.30** five news (T) **12.45** House (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** I Own Britain's Best Home: Flying Visits (R/T) **3.05** five news update (T) **3.10** **FILM: Into Thin Air: Death On Everest** (1997) Drama starring Peter Horton, Christopher McDonald and Nathaniel Parker. (T) **5.00** five news (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Wild Animal ER (T)

7.00 **five news** National and international news. (T)
7.15 **Cricket on five** Mark Nicholas presents highlights from the fifth and final day of the second npower Test match between England and South Africa at Headingley Carnegie. (T) (Followed by five news update)
8.00 **Riddle of the Romanovs: Revealed** Historical documentary probing one of the 20th century's most enduring mysteries. (T) (Followed by five news at 9)
9.00 **CSI: Crime Scene Investigation** Catherine and Nick investigate a case in which a guilty man was proven innocent. (R/T)
10.00 **CSI: NY** New York-based spin-off of the crime drama series. The CSI team investigates a string of murders revolving around an online world and apparently performed by a hit man. (R/T)
11.00 **Law and Order: SVU** When a man is arrested after attacking his pregnant wife, he wants to have her charged with neglect - for drinking during her pregnancy. (R/T)

12.00 The FBI Files (T) **1.05** The Great Capital Run **1.55** European Drag Racing **2.20** Indycar Racing **3.10** Race and Rally UK **3.35** Motorsport Mundial **4.00** FIM World Motocross Championship (R) **4.45** UEFA Cup Classics (R) **5.10** House Doctor (R/T) **5.35** Neighbours (R/T)

SATELLITE

SKY ONE

6.00am The Dog Whisperer **7.00** Brainiac: Science Abuse **8.00** Lion Man **8.30** Lion Man **9.00** Zoo Story **9.30** Zoo Story **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Relic Hunter **1.00** Las Vegas **2.00** Stargate SG-1 **3.00** Stargate SG-1 **4.00** Stargate Atlantis **5.00** Malcolm in the Middle **5.30** Malcolm in the Middle **6.00** Malcolm in the Middle **6.30** Futurama **7.00** The Simpsons **7.30** The Simpsons **8.00** Road Wars **9.00** Road Wars **10.00** Street Wars **11.00** **FILM:** Star Trek: Generations **1.15am** Stargate Atlantis **2.10** Road Wars **3.05** Airline **3.30** Las Vegas **4.20** Rescue Me **5.10** Guilty!

ITV2

6.00am Coronation Street **6.30** Coronation Street **7.00** Emmerdale **7.25** Airline USA **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Coronation Street **10.00** Coronation Street **10.30** Emmerdale **11.00** Judge Judy **11.30** Judge Judy **12.00pm** Coronation Street **12.30** Coronation Street **1.00** Emmerdale **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.20** The Montel Williams Show **6.00** Coleen's Real Women **7.00** iTunes Festival 2008 **7.30** The Office: An American Workplace **8.00** Streetmate **9.00** **FILM:** Jurassic Park III **10.45** iTunes Festival 2008 **11.15** **FILM:** Bird on a Wire **1.25am** The Black Donnellys **2.10** Teleshopping **5.10** ITV2 Nightscreen

BBC3

7.00pm Doctor Who **7.45** Doctor Who Confidential **8.00** The Real Hustle **8.30** The Real Hustle **9.00** Britain's Missing Top Model **10.00** EastEnders **10.30** Summer Heights High **11.00** Family Guy **11.25** Family Guy **11.45** Britain's Missing Top Model **12.45am** Jamelia: Whose Hair Is It Anyway? **1.45** The Real Hustle **2.15** The Real Hustle **2.45** Snog Marry Avoid? **3.15** Shopping Is My Life **4.10** Dog Borstal **4.40** Close

BBC4

7.00pm World News Today **7.30** Pop Go the Sixties **7.35** Batman **8.00** Voyages of Discovery **9.00** Charles Wheeler: JFK - Legend and Leader **9.30** Charles Wheeler: Shadow over Europe **10.10** The Armstrong and Miller Show **10.40** Copenhagen **12.10am** The Thirties in Colour **1.10** Charles Wheeler: Shadow over Europe **1.50** Copenhagen **3.20** Voyages of Discovery **4.20** Close

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Mondays 11th and 18th August
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£10 per session/Ages 8yrs upwards
Basic instruction along with snorkel games

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Rookie Life guarding is designed specifically for ages 8-12 yrs. This taster sessions will cover survival, rescue and sport skills along with life support and water safety elements.
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Week 1 – Healthy Living
Week 2 – The Solar System
Week 3 – Emergency Services
Week 4 – Kidz Klub Olympics
Week 5 – Performing Arts

The Kidz Klub Timetable
08.15-09.00 Registration
09.00-10.15* Activity 1
10.30-11.30 Activity 2
11.30-12.30* Swimming or Arts and Crafts
12.30-13.45 Lunch and Afternoon Register
13.45-15.00 Team Games
15.00-16.00 Swimming or Arts and Crafts
16.15-17.15 Activity 3
17.15-17.30 Tidying up and home time.

The daily Kidz Klub structure comprises of team-sports, exclusive swimming, arts and crafts, bouncy castle, scavenger hunts, team quizzes and much more. Themes have been scheduled across the weeks in which children will discuss, discover and participate with specialist people who will be in attendance at the centre.

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Prawn & Anchovies	£9.00	£11.50	£15.95
Chicken Kiev Pizza-Cheese, Tomato, Mushrooms, Chicken & Garlic Butter			
Bolognese-Cheese, Tomato, Bolognese, Onion, Peppers			
Hot & Spicy-Cheese, Tomato, Pepperoni, Spicy Beef Chilli, Onion & Peppers			
Meat Feast-Cheese, Tomato, Pepperoni, Spicy Beef Salami, Chicken & Ham			
Chicken Tikka-Cheese, Tomato, Chicken Tikka & Peppers			
Kebab Pizza-Cheese, Tomato & Kebab Meat	£11.00	£12.95	£17.95
Donner Kebab & Pepperoni			

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Garlic Bread	£2.00	BBQ Ribs	£3.50
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Donner Kebab	£4.20	Chicken & Chips	£3.20
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Chicken Kebab	£4.50	Mixed Special Kebab & Chips	£3.50
Mixed Special Kebab	£5.50	Garlic Mushrooms & Chips	£2.00
Beefburger & Chips	£3.20	£3.60	Garlic Prawns & Chips	£1.60
Cheeseburger & Chips	£3.40	£4.20	Onion Rings & Chips	£1.30
Hamburger & Chips	£3.20	£3.80	Ice Cream 500ml	£3.95
Chicken Burger & Chips	£3.50		Can of Drink	£0.35
Fresh Salad	£2.50		Bottle of Drink	£1.50

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RAPHAELLO SPECIAL Ham & Pineapple	£9.00	£11.00	£15.00
FOUR SEASONS Ham, mushroom & sausage	£9.50	£11.50	£14.50
ALL DAY BREAKFAST Ham, sausage & onion	£9.00	£11.00	£15.00
BEEFEATER spicy beef, mushrooms & onion	£11.00	£13.00	£17.00
MEDITERRANEAN Tuna, prawns, fresh tomato, anchovies	£11.00	£13.00	£17.00
PEPPERONI PRIME double pepperoni	£11.00	£13.00	£17.00
WILD WEST BBQ BBQ sauce, BBQ chicken, pepperoni	£11.00	£13.00	£17.00
MEAT EATER pepperoni, spicy beef, ham	£11.00	£13.00	£17.00
NEW YORKER pepperoni, salami, sausage, ham	£11.00	£13.00	£17.00
VEGETARIAN mushrooms, onion, peppers, sweetcorn	£11.00	£13.00	£17.00
HIGH FANTASTIC fresh garlic, onion, olives, peppers, aubergine, tomato	£11.00	£13.00	£17.00
ORIENTAL sweet chicken, pineapple, peppers	£11.00	£13.00	£17.00
CHICKEN TIKKA tandoori chicken, mushrooms, onion, peppers	£11.00	£13.00	£17.00
CALZONE ROLLED PIZZA spicy beef, sausage, pepperoni, onion, peppers, tomato sauce	£11.00	£13.00	£17.00
HOUSE SPECIAL pepperoni, spicy beef, ham, mushroom, onion, peppers, sweetcorn	£11.00	£13.00	£17.00
AMERICAN HOT pepperoni, onion, chilies, pineapple, peppers	£10.00	£12.00	£16.00
VEGI BAD HOT mushrooms, onion, pepperoni, peppers	£10.00	£12.00	£16.00
CHICKEN HOT tandoori chicken, mushrooms, onion, peppers	£10.00	£12.00	£16.00
SPICY HOUSE chicken tikka, jalapenos, onion, fresh tomato	£10.00	£12.00	£16.00
MEXICANA mexican chicken, pineapple, chilies, peppers	£10.00	£12.00	£16.00

Buy One 16" Get Two 10" FREE upto same value

Buy One Get One FREE upto same value

FREE 1.5 Litre Soft Drink with every order over £10

Side Orders

Garlic Bread (4 pieces)	£1.75
Onion Rings (10 pieces)	£1.80
Garlic Mushrooms & Dip	£2.80
Potato Skins (5 pieces)	£3.00
Potato Wedges	£2.60
French Fries	£1.20

01908 223322

Open 4.30pm 'till late, free delivery most areas in MK

Minimum order £8.50

Pizza Tonight!

01908 56 76 76

BUY 1 - GET 1 FREE

Please see offers for details. We use only HALAL toppings and all our ingredients are FRESHLY prepared daily.

	Medium 10" Round only 4 pieces	Large 13" Round only 8 pieces	X-Large Round only 10 pieces
Thick crust or thin crust			
Cheese and Tomato - *Cheese and tomato*	£6.49	£8.49	£9.99
Tuna Treat - *Tuna, red onion & Jalapenos or chillies*			
Kashmiri - *Chilli, chicken tikka, pineapple and red onions*			
Pepperoni Feast - *Double pepperoni, double cheese*	£7.99	£9.99	£11.99
Hot Chicken - *Grilled chicken, mushrooms, sweetcorn, jalapenos*	£8.99	£10.99	£13.99
NEW! BBQ Chicken - *BBQ grilled chicken, peppers, mushrooms and onions*			
Chicken Supreme - *Chicken, mushrooms, green peppers & red onions*			
Vegetarian (V) - *onions, peppers, tomatoes*			
Beefeater - *beef, pepperoni, onions*			
HOT Triple Chilli Feast - *Jalapenos, chilli & peppers with beef or chicken*			
Hawaiian Special - *Ham, pineapple and sweetcorn*			
Farmhouse Special - *Ham, onions and mushrooms*			
NEW! Full English - *Fried mushrooms, fried onions & fried tomatoes, ham, beef*			
NEW! Chefz Desi Style - *Donor, beef, chicken, onions, peppers & chillies*			
Veggie Special (hot) - *onions, mixed peppers, tomatoes, mushrooms, jalapenos, chillies, sweetcorn*			

THIS WEEK ONLY ANY 13" PIZZA FROM SET MENU £5.99

Chicken Bucket Deal - *8 pieces chicken, 4 chips* £8.99

Kiddies Meal - *4 Chicken Nuggets or 1pc chicken (leg), 1 chips, apple pie, 1 still drink* £2.50

KEBAB HUT

RESTAURANT AND TAKEAWAY

GOOD FOOD AWARD 2007

KEBABS	Small	Large	Meal
Doner (pitta)	£3.50	£4.20	£3.99
Lamb Shish	£3.50	£4.20	£3.99
Chicken Doner	£3.90	£4.90	£4.49
Chicken Tikka	£3.90	£4.90	£4.49
Lamb Tikka	£3.90	£4.90	£4.49
Mix Kebab	£4.50	£6.00	£5.50

Family Kebab (serves 4-5) (d/meat, c/doner meat, 3 shish, 8pc c/tikka, 8pc l/tikka, salad, sauces, 3 naan or 4 pitta, 3 cans) £13.50

BIRYANI

Plain / Chicken / Lamb /Veggie £4.50

Biryani Meal Deal (any biryani & can) £5.00

BURGERS

Chicken / Fish / Veggie / Bean / ¼	£2.50
Burger Meals (excl. ½)	£3.49

CHICKEN

1pc meal (1pc, 2 wings, chips, can)	£2.50
2pc meal (2pc, chips, can)	£2.60
3pc meal (3pc, 3 wings, chips, can)	£3.99
Party Pack (6pc, 3 chips, 3 cans)	£8.50
Family Pack (8pc, 4 chips, 3 cans)	£9.99
Spicy Wing Bucket (25 wings, 4 chips, 3 cans)	£9.99
Mega Bucket (10pc, 6 wings, doner meat, 4 chips, 3 cans)	£14.99

CURRIES

Chicken / Lamb / Veggie	£3.50
Roti	£0.50
Naan	£1.00

8 CHICKEN NUGGETS FREE !!!!

with all orders over £14.00 (subject to availability)

We now cater for parties too, contact for details;

01908 222224

Deliveries available 5pm - 12am, 7 days a week

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MK's first Balti House

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Fully Licenced Indian Restaurant & Take-away

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Within Milton Keynes area. Minimum order £10.00 (20% Discount on collected orders over £12.00)

BANQUET NIGHT

Sunday & Thursday Evenings

5 Course Meal Served.

Only £8.95 per head.

SUNDAY BUFFET

Noon - 5.00pm Only £7.99 per head

Children under 10 - Half Price!

KASHMIR NIGHT

Every Wednesday 5 Course Meal and a glass of wine only £9.95 per head

Starters:

King Prawn Butterfly	£3.95
Reshmi Kebab	£2.95
Somosa.	£2.50
Onion Bhajee.	£2.50
Chicken/Lamb Tikka	£2.50
Aloo Chat	£2.50
Kakuli Kebab	£2.50
Garlic Mushrooms.	£2.50

Eastern Promise for 2- mixtures of chicken/lamb tikka and sheek kebab, lightly spiced and stir fried with onions and green peppers £6.95

Chefs Recommendations:

Gost Kofta Special	£6.95
Chicken/Lamb Korai	£5.95
Achari Chicken or Lamb.	£6.95
Chicken/Lamb Tikka Rehun.	£5.95
Chicken/Lamb Tikka Jalfrezi.	£5.95
Tandoori King Prawn Korai	£9.95
Chukla Tandoori King prawn	£9.95

Chefs Special Thali for 2- Mixture of tandoori chicken, sheek kebab, chicken tikka massala, lamb rogan, chana massala, naan bread & pilau rice £11.95

House Specialities:

Tawa Gosht	£7.95
Duck Special.	£7.95
King Prawn Begun.	£7.95
Chicken/Lamb Rezalla.	£7.95
Chicken Zalfrani	£7.95
Jhinga Jhole	£9.95

Seafood Specialities:

Salmon Achari	£8.95
Ayr Bhuna.	£8.95
Tuna Massala	£8.95
Salmon Ki Bhuna.	£8.95

Traditional dishes also available starting at £4.95. Veg dishes starting at £3.95.

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Lunch: Midday - 2pm. Everyday.

Mon - Thurs: 5.30-11.30pm & Fri - Sat: 5.30-Midnight

Sun: Midday-5pm & 5.30-11.00pm

01908 312969 / 225765

8 Church Street, Wolverton, Milton Keynes MK12 5JN

PAPA LUIGI Dial-a-Pizza! EST'83

PICK 'n' MIX PIZZA!

FREE DELIVERY

TO ALL MILTON KEYNES AREAS BASED ON A MINIMUM FOOD ORDER OF £7.00

	9" STANDARD	12" STANDARD	12" DEEP PAN MEGA	EXTRA LG 15" STANDARD
CHEESE & TOMATO (OR) plus ANY 2 DIFFERENT TOPPINGS	8.60	10.80	12.20	16.20
CHEESE & TOMATO (OR) plus ANY 4 DIFFERENT TOPPINGS	8.60	11.80	13.20	16.20
CHEESE & TOMATO (OR) plus ANY 6 DIFFERENT TOPPINGS	10.30	12.80	14.30	17.00

ADDITIONAL TOPPINGS £1

MEAL DEALS

Chicken Burger & Chips	3.99
1/2 Peanut Beefburger & Chips	3.85
2 Pieces Chicken & Chips	3.20
3 Pieces Chicken & Chips	4.80
4 Pieces Chicken & Chips	5.20
Extra Piece of Chicken	1.00
Quick Mini Grill (1 with Chips, Mushrooms & Salad	6.00
Large Donner Kebab	4.40
Small Donner Kebab	3.60

PIZZA MENU

	9" Standard	12" Standard	12" Deep Pan Mega	Extra Lg 15" Standard
Tomato, Cheese, Tuna, Prawn, Anchovies, Chicken, Beef, Sausage, Bacon, Pineapple, Ham, Salami, Pepperoni, Chicken Tikka, Olives, Mushrooms, Corn, Onions, Pepper, Garlic, Jalepeno, BBQ Sauces				
1. PAPA LUIGI SPECIAL Tomato, Cheese, Ham, Mushrooms, Salami, Peppers, Olives, Anchovies	9.80	11.00	13.00	16.00
2. MILANESE Tomato, Cheese, Ham, Mushrooms	9.50	10.50	12.00	15.00
3. HAWAIIAN Tomato, Cheese, Ham, Pineapple	9.50	10.50	12.00	15.00
4. HOT & SPICY Tomato, Cheese, Peppers, Jalepeno, Salami, Garlic	9.80	11.00	13.00	16.00
5. VEGI SPECIAL Tomato, Cheese, Peppers, Corn, Mushrooms, Pineapple, Olives, Onion	9.80	11.00	13.00	16.00
6. PESTATORE Tomato, Cheese, Tuna, Prawns, Anchovies	9.80	11.00	13.00	16.00
7. NEW YORKER Tomato, Cheese, Onion, Salami, Beef, Chicken Tikka, Onions, Pepper	10.30	12.00	14.00	17.00
8. MIGHTY MEATY Tomato, Cheese, Salami, Beef, Chicken, Ham, Bacon, Sausage	10.30	12.00	14.00	17.00
9. CHICKEN TIKKA MASSALA Tomato, Cheese, Chicken Tikka, Onions, Pepper	10.30	12.00	14.00	17.00
10. MEAT LOVERS Tomato, Cheese, Double Salami, double Pepperoni, Double Ham, Double Beef	12.00	14.00	16.00	19.00
11. BBQ BONANZA Cheese, BBQ Sauce, Red Onion, Spicy Beef, Sausage	9.80	11.00	13.00	16.00
12. TEXAN BBQ Tomato, Cheese, Onion, Peppers, BBQ Chicken, Bacon	9.80	11.00	13.00	16.00
13. PEPPERONI FEAST Double Mozzarella, Double Pepperoni	9.80	11.00	13.00	16.00

NEW

SIDE ORDERS

French Fries	£1.20
Coleslaw	£1.00
Garlic Bread	£1.50
Garlic Bread & Cheese	£2.00
Onion Rings	£1.80
Potato Cartwheel	£2.20
Garlic Mushrooms	£1.70
Salad	£1.50
Chicken Dippers (6pcs)	£3.00
Jumbo Chicken Dippers (6pcs)	£4.00
Potato Wedges	£2.00
Dips	£0.50
BBQ, Mayo & Mustard, Garlic & Herb	
Potato Skins & Dips	£3.00
5 Potato Skins Filled with Mushrooms & BBQ Dip	
BBQ Chicken Wings (5pcs) & Dip	£3.50
Hot Chicken Wings (5pcs) & Dip	£3.50
Onion Rings (10pcs)	£2.00
BBQ Spare Ribs	£4.50

DESERTS

Cheesecake	£1.50
Baklava	£1.20
Ice-Cream Tub (a delicious selection of flavours)	£0.80
Chocolate Fudge Cake	£1.50

DRINKS

Coke/Diet Coke Fanta Sprite Lemonade	£1.00
Coke/Orange/Lemonade can	£0.60

*BUY ONE - GET ONE FREE!

NOTE: No other discounts apply with this promotion & prices are subject to change without notice BUY ONE PIZZA & GET ONE PIZZA (of same value) FREE

'Delivered to your door!'

Milton Keynes 01908 313355

Sun to Thurs 11.30am - 12.30am

Fri to Sat 11.30am - 2.30am

DEALS
Any Pizza, Any Size
£6.99
(Collection only)

BUY 1 GET 1 FREE
OR GET 10% OFF YOUR SINGLE PIZZA
on delivery or collection
buy any pizza and get a second upto the same size and value. (Not in conjunction with any other offer)
Only on large and extra large pizzas

PARTY DEAL
2 XL Pizzas + Spare Ribs + Wedges + Garlic Bread + Drink
£17.99

MEAL FOR TWO
Large pizza, Chicken Wings or Potato Wedges plus a bottle of drink
£10.99

MEAL FOR ONE
Regular pizza, Garlic bread or Potato Wedges plus can of drink
£6.99

	Regular 9" 6 Slices	Large 12" 8 Slices	Extra Large 15" 12 Slices
The Original Suitable for vegetarians *Cheese & Tomato or Cheese & Garlic*	5.99	7.99	9.99
Hawaiian Dream *Ham & Pineapple*	7.99	9.99	12.99
Farmhouse Classic *Ham & Mushrooms*			

SPECIALITY PIZZAS

Meat Feast *Spicy Pork, Ham, Pepperoni, Smoky Sausage*	8.99	11.99	13.99
Vegetarian Delight™ *Mushrooms, Green Peppers, Onions, Sweetcorn*			
All In One™ *Pepperoni, Mushrooms, Green Peppers, Onion, Sweetcorn, Ham, Spicy Pork*			
Smoky Barbeque *Barbeque Chicken, Smoky Sausage, Red Onion, Sweetcorn, Barbeque Sauce*			
Pepperoni Lovers™ *Double Pepperoni, mushroom, onion*			
Coriander Tandoori Chicken Extremely Hot! *Balti Chicken, Green Chillies, Garlic Sauce, Fresh Coriander, Red Onion*			
Mexican Heatwave Very Hot! *'Double' Spicy Pork, Onion, Jalapeno Peppers, Red Peppers, Chilli Powder*			
Vegetarian Volcano Very Hot! *Green and Red Peppers, Red Onion, Sweetcorn, Jalapeno Peppers, Chilli Powder, Chilli Sauce*			
Oriental Express *Chinese Chicken, Green Peppers, Mushrooms, Sweetcorn*			
The Tuscan *Italian Sausage, Salami, Red Onion, Green Peppers, Mushrooms, Garlic Sauce, Italian Seasoning*			
New **Chicken BBQ Sizzler** *Chargrilled Chicken, Bacon, Onion, Barbeque Sauce & Rio Pizza Sauce*			
New **Lamb Donor Pizza** *Lamb Donor, red onion, red & green peppers, garlic sauce*			
New **Chicken Donor Pizza** *Chicken Donor, red onion, red & green peppers, garlic sauce*			

SIDE ORDERS

	Single price	Double up
Delicious Dips (Ideal for dipping crusts) BBQ, Sour Cream, Sweet Chilli or Garlic & Herb	25p	
Oven Baked Chips New Tasty low fat chips baked in our hot pizza ovens	99p	
Garlic Knots 6 delicious knots of dough brushed with garlic butter	1.49	2.25
Coleslaw	1.49	2.25
Garlic Bread	1.75	2.49
Garlic Bread with Cheese	1.95	2.75
Potato Wedges Choice of dips	2.49	3.75
Chicken Wings 8 pieces - BBQ or spicy Peri Peri New	2.99	4.50
Chicken Nuggets 8 chunks of Chicken breast coated in breadcrumbs with choice of dip	2.99	4.50
BBQ Spare Ribs New Juicy rack of ribs marinated in a delicious BBQ sauce	3.99	
Wings 'n' Wedges Combo 6 BBQ or spicy Peri Peri Chicken wings served with spicy potato wedges and two of our tasty dips	3.99	5.99
Kids Deal New 6" pan pizza with up to 2 toppings, garlic bread, can of Coke	2.99	
10 Large Onion Rings	1.99	

CREATE YOUR OWN PIZZA WITH THESE EXTRA TOPPINGS
65p each (Regular) £1.00 each (Large) £1.20 each (Extra Large)
Anchovies • Bacon • Balti Chicken • Barbeque Chicken • Chinese Chicken • Ham • Pepperoni • Salami • Italian Sausage • Smoky Sausage • Spicy Beef • Spicy Pork • Prawns • Tuna • Black Olives • Cheese • Green Chilli Peppers • Green Peppers • Jalapeno Peppers • Mushrooms • Onion • Red Onion • Red Peppers • Pineapple • Sweetcorn • Sweet & Sour Sauce • Barbeque Sauce • Garlic Sauce

Minimum delivery order £7.99

Chef's Corner
158 Queensway, Bletchley
Mon-Sun 12pm-10.30pm
01908 632236
Cash or credit card only
FREE DELIVERY (WITHIN SPECIFIED AREA)

DRINKS & DESSERTS

Coke, Diet Coke, Fanta, Sprite, Dr Pepper - 330ml can	65p	
Coke, Diet Coke, Fanta - 1.25 litre bottle	1.79	
Banoffee Pie - per slice	2.19	3.29
Tennessee Toffee Cream Pie - per slice	2.19	3.29
Ben & Jerrys Ice Cream - 500ml	4.19	

Piece of cake™, Phish Food®, Caramel Chew Chew™, Chocolate Fudge Brownie, Cookie Dough, Chocolate Therapy, New Fair Trade Vanilla

Chefz 01908 56 76 76

APPETISERS

2 Vegetable/Meat Samosas	£1.70
Onion Bhaji	£1.75
Aloo Chat	£2.10
Pakora	£2.30
Chicken Pakora	£2.60

TANDOORI SPECIALITIES

Chicken or Lamb Tikka	£2.20
2 Sheek Kebab	£2.20

VEGETABLE DISHES

Vegetable Curry	£2.00
Saag Aloo	£2.00
Tarka Daal	£2.00
Bombay Aloo	£3.50

CURRY'S

Main Chefz Dishes	
Curry Dishes – Chicken or Lamb	£4.45
Korma Dishes – Chicken or Lamb	£4.45
Karahi Dishes – Chicken or Lamb	£4.45
Achari Dishes – Chicken or Lamb	£4.45
Chicken or Lamb Jalfrezi	£5.50
Madras Dishes	£4.45
Vindaloo Dishes	£4.45

PRAWN AND SPINACH DISHES

Chicken or Lamb	£4.25
Prawn Jalfrezi	£5.50
King Prawn Jalfrezi	£7.00

BIRYANIS

Chicken or Lamb Biryani	£5.50

CHEFZ SPECIALS

Chicken Tikka Masala	£5.20
Garlic Chilli Chicken	£4.25
Rhogan Josh	£4.25

BASMATI RICE AND NAAN BREAD

Pilau Rice	£2.60
Shada Rice	£2.50
Naan	£1.50
Keema Naan Bread	£1.80
Chilli Naan Bread	£1.50
Garlic Naan Bread	£1.70
Tandoori Roti	£0.60

ACCOMPANIMENTS

Chutneys	£0.60
Mixed Green Salad	£1.50
Raitha (cucumber or mixed)	£1.60

THIS WEEK ONLY ANY CURRY £2.99

GREAT YARMOUTH Premier bungalows,chalets and seafront caravans. Pets welcome,free electric. June/July discounts available 01493 730445 www.blueribandholidays.co.uk

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£44 for 4 weeks

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Register at www.odeon.co.uk to get film times by e-mail free every week

The Country Fayre and Charity Classic at Kimbolton
SUNDAY JULY 20th

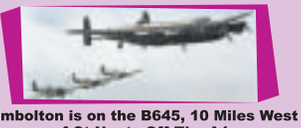
Kimbolton Castle Rotary Club
Sporting Bears Motor Club

Falconry Display
750 Classic Cars
Dog Agility Display
Craft & Trade Stalls
Fairground Rides
Shirehorse Display
Sheep Dog Display
Classic Car Parade

ENTRANCE
£16.00 per Family
£6.00 per Adult
£3.00 per Child/OAP

CAR PARK FREE
GATES OPEN AT 11AM

Battle of Britain Demonstration



Kimbolton is on the B645, 10 Miles West of St Neots Off The A1
The Country Fayre is presented & supported by the Sporting Bears Motor Club & Kimbolton Castle Rotary Club & is raising money in aid of Cancer Research UK, Hemi Help, Burns Camp & Samuel Pepys School

FOREST CENTRE, MARSTON MORTAINE
SATURDAY 26TH JULY

Open air concert with two brilliant live tribute bands
All proceeds to the Bedfordshire Cheshire Home Appeal

Tickets in advance £19.50 (children £13) or on the gate £25.00 if available.

Gates open @ 5.00pm for picnics
FIREWORKS FINALE at 10.30pm
Ticket Hotline 0870 060 0100 or online at www.ticketweb.co.uk

the stables
Box Office: 01908 280800
www.stables.org
The Laine Dankworth Centre WAVENDON MILTON KEYNES

Thursday 17 July - 8pm
ANTONIO FORCIONE QUARTET
Acoustic guitarist is joined by his band for an evening of jazz, Spanish, African, Brazilian and improvised music.
Tickets £17.50

Thursday 17 July - 8.45pm
ACOUSTIC STAGE – BLUEHOUSE
Folk-flavoured pop melodies meshed with intricate harmonies and inspired guitar and bass.
Tickets £12

Friday 18 July - 6pm
ROCKIN' AT THE RECTORY AND SWINGIN' AT THE STABLES
Join us for canapés and entertainment under the Pavilion in the Rectory Gardens, followed by an evening of dancing in The Stables with The John Dankworth Big Band.
Tickets £27.50 including canapés

Saturday 19 July - 8pm
THE RING OF FIRE
Johnny Cash tribute featuring all the favourites all played on authentic 1950s equipment.
Tickets £16

Sunday 20 July - 8pm
NEW AMEN CORNER'S SUMMER OF LOVE
Featuring The Summer Of Love Orchestra With classic hits such as Whiter Shade Of Pale, Bend Me Shape Me, California Dreaming, Flowers In The Rain and many more.
Tickets £18

01908 280800
* Booking Fee of £2.50 per transaction applies to all telephone sales *

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Welcomes the return to our salon of Nicola after a long absence working in London An experienced and talented stylist, Nicola is available at this salon on Tuesdays
Book a colour appointment with Nicola and get
15% OFF
UNTIL JULY 29TH 08
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DAILYLIFE

TODAY
CRICKET - Minor Counties v Nottinghamshire. Campbell Park Pavilion, Silbury Boulevard. All day.

FRIDAY
PSYCHO Mojo Live at The Queen Vic, Wolverton. Local rock band Psycho Mojo will be playing live rock covers from 60s to present from 9pm. Free entry, come along and join in the fun.
Web site: www.myspace.com/psychomojo

FRIDAY AND SATURDAY
TREAD the Boards presents Present Day written by Shirley Jones and directed by Ian Nutt and the gentle and wry comedy Camp Confidence written by Diana Raffle and directed by Sarah Marshallat the Madcap Theatre, Creed Street, Wolverton. Shows start at 7.30pm.
Web site: www.tread-the-boards.org.uk
E-mail: vikkimorton@hotmail.com

SATURDAY
TREASURE Boxes and Medallions Craft Workshop. Yardley Gobion Village Hall.10am-4.30pm. Jayne Nertorenko will be providing samples to view. Tea and coffee provided free throughout the day. Bring your own lunch. All materials are included. Stock will be available for you to purchase on the day at a discount. Pre-booking essential.
Web site: www.jayzcrafts.com
E-mail: julia@jayzcrafts.com
Contact: Julia Watts

SUNDAY
NSPCC Milton Keynes Half Marathon, Bury Lawn School, Stantonbury. The 10th Anniversary Half Marathon. The race will start at 10am Since its inception in 1999, over £210,000 has been raised to date for local NSPCC Child Protection Services. Whether you are a serious athlete seeking a personal best, attempting a half marathon for the first time or joining friends or work colleagues in the Team Challenge, the NSPCC Milton Keynes Half Marathon is the event for you. The course is generally flat. Age and ability are no barriers to taking part. Chip timing available. All finishers receive a medal and an anniversary T-shirt.
Web site: www.mkhalfmarathon.org.uk/
E-mail: mkhalfmara@nspcc.org.uk

SEVENTEENTH Annual Country Fayre and Charity Classic, Kimbolton Castle. The fayre is set within the castle itself and its 60-acre Grounds. There are a host of displays and exhibits on show throughout the day including international sheep dog trialist David Seamark with his sheepdogs and geese; and the ever popular Pacesetters Dog Obedience Display Team from Northampton, with their German Shepherds. The premier event (weather permitting) will be a flypast of a Lancaster Bomber from the Battle of Britain Memorial Flight.
For any further information on the Fayre or events contact: Andy Mitchell e-mail: Andy.Mitchell@skanska.co.uk

ON your bike - Furzton Lake 9am - booking required.
Join in the cycling fun to help raise funds for Cancer Research UK. Approximately 12 miles cycle round the Millennium cycle route. Pre-registration required contact 502418.

TUESDAY
PUSHCHAIRS in the park - follow the trail of cuddly toys and enjoy arts and crafts activities along the way. Meet at the car park immediately off V4 Watling Street.
Furzton Lake 10am-12.30pm.

■ Publicise your event free in the DAILY LIFE column

e-mail: david.gale@mk-news.co.uk

Keep your description brief and make sure it is with us a week in advance of publication date

CHEFS'SECRETS

Get a pizza the barbie action

IN my last article I mentioned that I would do some great BBQ ideas this time.

I have to say this is my favourite time of the year; opening the curtains when you wake up brings a smile to your face, whatever the day ahead involves.

I saw this note in the Sunday paper, which summed it up I thought. 'A perfect Summer's day is when the sun is shining, the breeze is blowing, the birds are singing, and the lawnmower is broken!

As a chef I obviously spend most of my time in a windowless kitchen, so on a rare night off, the chance to get outside with a glass of chilled white wine and oh yes my husband (oops!),is a treat.

If you have an outside space, no matter how large or small, you can BBQ.

It's a great to be able to sit outside and as we brits know, we have to grab the sunny weather when it happens.

A very different thing that we do on our BBQ is pizza. You may well ask, how does that work?

You're probably thinking well she's saying I need to go out and buy some fancy piece of expensive equipment, but no a BBQ is the perfect pizza oven as the metal bars get very hot and with the lid closed this is perfect for cooking pizza dough.

If you make your own pizza dough the pizza will take around four minutes to cook.

It is also a great way of getting the kids involved as you can make up your own favourite toppings

So, forget burgers and sausages for the moment and let's make pizza.

There's two ways of doing this, either buy ready made pizza bases from your supermarket or make your own and you'll be surprised how easy it is.

EMMA

PIZZA
With pear, gorgonzola and pancetta with rocket
(serves 4)

DOUGH
10oz white flour
3tsp dried yeast OR 25g fresh yeast
1tsp olive oil
2tsp salt
175ml warm water

Method
1. Place flour and salt into food processor
2. Dissolve fresh yeast in the water.
3. Turn on food processor, add water mixture and olive oil to the flour and mix, until a ball forms.
4. Cover with a damp cloth for 10 minutes and leave to prove while you make the topping.

TOPPING
1 white onion sliced finely
2 pears(peeled and quartered)
100g gorgonzola cheese
8 slices pancetta
1tsp olive oil
2tsp chopped thyme
2tsp sugar
10g butter

Method
1. In a pan, melt butter and olive oil. Add the onion and sprinkle with the sugar and chopped thyme. Cook until golden brown.
2. To assemble. divide the pizza dough into into 4 balls or 8 smaller ones, if you would like two small pizzas each. Roll out each ball on a floured surface, so it is flat.
3. Spread the pizza bases with the onion, pears, crumbled cheese and lay on the pancetta. Cook on BBQ for 4 minutes until golden brown and crispy on base.

LAMB KEBABS
With apricot and smoked garlic
(serves 4

Ingredients
2lb lean Lamb (ideally leg) cut into 32 cubes
2 x smoked garlic cloves (sliced)
32 dried apricots
2tbsp x apricot jam
1tbsp x soy sauce
1tbsp x chopped fresh parsley (dried if you wish)
Salt and pepper

Method
1. Soak wooden skewers in cold water (this stops them burning)
2. Trim any excess fat off the lamb and cut into 32 cubes.
3. In a small bowl mix together the garlic, parsley, jam and soy sauce. Put over the lamb and mix until coated. Leave to marinate for 1 hour
4. Thread a piece of lamb and an apricot alternate. Four pieces of each on each skewer.
5. Cook on a hot BBQ for 5-6 minutes each side.

CHICKPEA, SWEETCORN AND GARLIC SALAD

This is a really easy salad and tastes delicious.

Ingredients
1 295g tin cooked chickpeas drained
1 295g tin sweetcorn kernels drained
6tbsp mayonnaise
2 garlic cloves (finely chopped)
Chopped parsley (preferably flatleaf)
2tsp sweet chilli dipping sauce
1 lemon (zest & juice)
Salt and pepper

Method
1. In a large bowl combine all the ingredients until thoroughly mixed, taste and check for seasoning.

■ A nice side dish to serve is Jersey royals with a mint and lemon mayo.

■ Another one is the classic tomato, mozzarella and basil salad.

MEET THE CHEF

Emma Gilchrist is the head chef and owner of the multi-award winning Crooked Billet pub restaurant in Newton Longeville. Call 373936 for bookings.

ADULT CONTINUING EDUCATION

ART & DESIGN EXHIBITION

CHURCH OF CHRIST THE CORNERSTONE
CENTRAL MILTON KEYNES

JULY 7 - 24

Drop in to view the exhibition and pick up a copy of our NEW Autumn 2008 Course Programme and info on July and August creative and languages summer schools

☎ 01908 556700

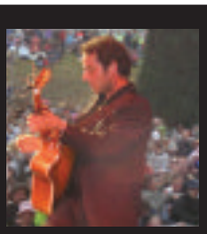
Adult Continuing Education ACE

www.milton-keynes.gov.uk/ace

MILTON KEYNES COUNCIL

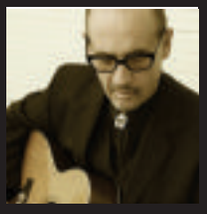
Box Office:
01908 280800
www.stables.org

the stables
The Laine Dankworth Centre
WAVENDON, MILTON KEYNES



Saturday 19 July, 8pm
THE RING OF FIRE
As close to a live Johnny Cash show as you'll ever get, with all the favourites performed on original 1950s equipment for a totally authentic sound.
Tickets £16

Thursday 4 September, 8pm
JASON MANFORD
Award-winning comedian and star of 8 Out Of 10 Cats joins us on his first live national tour.
Tickets £14



Friday 25 July, 8pm
ANDY FAIRWEATHER LOW
With a hit "Best Of" album under his belt, Andy brings his solo show to The Stables.
Tickets £21.50

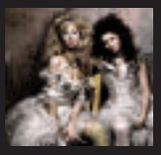
Friday 22 August, 8pm
MANOR HOUSE QUARTET
The greatest rock and pop classics of the last five decades performed by a traditional string quartet! Virtuoso musicianship with a twist.
Tickets £12.50

COMING THIS AUTUMN...

Friday 12 September, 8pm
STACKRIDGE
Back on the road again after their triumphant appearance at this year's Glastonbury Festival.
Tickets £14.50

Wednesday 17 September, 8pm
HOT CLUB OF COWTOWN
The hardest-working Western Swing trio on the planet back with their blend of Americana, vintage pop, folk and hot jazz.
Tickets £15

Saturday 20 September, 8pm
THE HAMSTERS
The Rodent Rockers return for a 3-set show featuring original material plus Hendrix and ZZ Top covers.
Tickets £16



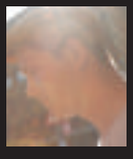
Friday 10 October, 8pm
OPERABABES
International singing sensations Operababes join us for an enchanting evening of classical favourites including Schubert's haunting Ave Maria and the dazzling Chanson Boheme from Carmen.
Tickets £18.50

Monday 27 & Tuesday 28 October, 8pm
EDDI READER
The voice of Fairground Attraction and hits including Perfect, Eddi is a unique figure in British music.
Tickets £23

Saturday 8 November, 8pm
ED BYRNE
Half toff, half pikey, but all comedian, the man's in a class of his own with his new show Different Class.
Tickets £16.50

Coming soon in Stage 2:

Thursday 17 July, 8.45pm
ACOUSTIC STAGE - BLUEHOUSE
Folk-flavoured pop melodies and intricate harmonies – Bluehouse is Australian for great music, mate!



Tuesday 2 September, 8.45pm
JAZZ STAGE – FINN PETERS
One of the leading flute & sax players in the UK today – and a big favourite with Gilles Peterson and Mr Scruff.

Thursday 11 September, 8.45pm
ACOUSTIC STAGE - TINY TIN LADY
One of the most talked-about bands on the acoustic scene and "a triumph of talent over X-Factor garbage" according to Mojo magazine!

Tickets for all shows are £9.50 in advance and £11.50 on the door

NOW BOOKING FOR CHRISTMAS 2008
HEIDI – A GOAT'S TAIL/TALE
Tuesday December 23 to Sunday 11 January
The much-loved classic story – retold through the eyes of a band of unruly goats! Bring the family along for some musical mayhem, acapella bleating, clog dancing, humour and heart. But hold on to your bags and coats – those goats will be in the audience – and they'll eat anything!
Tickets from £9, Early bird offer - £1 off every ticket booked before 30 September
Call the Box Office for details: 01908 280800
Or book online: www.stables.org 01908 280800

01908 280800

* Booking Fee of £2.50 per transaction applies to all telephone sales *

MKBUSINESS

Schoolgirl friends finally saying it with flowers

THE secret ambition of two women has blossomed into a brand new business.

Donna Coventry, 43, of Tinkers Bridge and Ann Scott, 48 of Coffee Hall opened their new florists, Leaf It Out, in the Farthing Enterprise Centre, Netherfied last week.

It marks the end of a long and emotional journey that started as a secret ambition they both had growing up as schoolgirls in South London.

Donna and Ann were inseparable as children growing up in south London. On leaving school Donna went into hairdressing and Ann into office work, working for the local council. Ann married and moved away to Surrey and Donna also married and moved to Milton Keynes. However, about five years ago, following her marriage break-up, Ann too moved to Milton Keynes.

As she approached her 40th birthday Donna listed out the things she would like to do with her life, including her long held ambition to be a florist. It was then that Ann mentioned that this was something she had wanted to do too, but never thought she would have the opportunity. They investigated various courses and eventually signed up to attend a three year evening course run at Northampton College's Moulton campus.

They balanced work, family and travelling to and from Moulton until gaining their National Certificate in Floristry in July 2006. Initially, they worked at a local florist, to gain commercial experience, but held on to their ambition to work for themselves.

About 18 months ago they set up their business ,Leaf It Out, in Ann's garden shed.

From here they have supplied flowers and floral displays for weddings, funerals and special occasions but realised that having a 'shop front' would give them a higher profile and a place for clients to come for consultations, make and collect their orders.

Ann Scott and Donna Coventry at their newly-opened florists, Leaf It Out, in the Farthing Enterprise Centre, Netherfied

They approached the Farthing Enterprise Centre and, following a successful application, moved into a vacant unit which they began fitting out last week. They opened their doors for the first time last Monday. The ribbon was cut by Woughton Parish Council Ambassador, Janet Richardson. First customer was Cath Pantling of Beanhill.

Donna and Ann have acknowledged the support they have had from many people over the years including friends and family, Business Link Enterprise Gateway Service and their participation last year on the SEEDA funded Women in Enterprise course organised by Oxford Women's Training and in particular course tutor Lydia Selby.

Leaf it Out will be open 9am to 5pm Monday to Saturday. For home visits or to make an appointment outside these times call Donna or Ann on 01908 606559 or 07933 403 303 or visit their website: www.floristmiltonkeynes.com

VIDEO

Gallery helps poor Africans earn a living through art

BUDDING artists from Africa are being given their chance to shine, as Anita Hop finds a new home for her business.

The South African born art director has recently moved into her new premises in the Mahogany Gallery, in Framing Corner, Woburn Sands and says that her business is all about 'giving back' to her homeland.

Originally set up in 2005 as an Internet and exhibitions business, Mahogany Gallery opened it's doors last month.

Anita has introduced the Decor range, produced by community projects in South Africa which takes unemployed, low-skilled people from the streets teaching them how to make a living through art.

The project aims to arm township residents with new talents and they are encouraged with business developement skills to generate a living for themselves and their families.

Students of the community projects generally will come and go, however some are given perminent work producing artwork for companies such as Anita's.

During her annual visits to her homeland, Anita looks in on the projects where her artwork is created and sources new collections.

Alongside the artwork which is produced within the project, Anita also sells bags made by AIDs sufferers made from recycled materials. A percentage of the profits made from the bags are donated to an AIDs orphanage.

Since the age of nine, Anita has been involved in a gallery belonging to her parents, where she originally found her interest in art.

Mahogany Gallery not only offers a wide range of community art where price start as little as £50 but also has collection of 'signature art' from more renowned South African artists.

■ For more information, visit www.mahoganygallery.com or www.framingcorner.co.uk

See the video @ www.mk-news.co.uk

MK RECRUITMENT

TO ADVERTISE YOUR VACANCY • CALL 01908 809000 • FAX 01908 809017 • EMAIL classified@mk-news.co.uk • ADVERTISING DEADLINE - TUESDAY 5.00PM

Safety first for Leon pupils

FIFTEEN Year 10 pupils from Leon School and Sports College in Bletchley enjoyed a health and safety workshop with a difference when they recently met local construction company Morgan Ashurst.

In preparation for the new Diploma in Construction and the Built Environment, the school has been working in partnership with Morgan Ashurst, which has offices in Milton Keynes, to organise a health and safety workshop.

Pupils took part in a health and safety presentation led by Dave Bickel, the company's health and safety adviser.

To help introduce issues around health and safety on construction sites in a fun and informative way, Dave took the group through the typical things that affect construction workers.

He also discussed how a person's behaviour plays an important part in everyone's safety on a construction site.

The students tried on hard hats, high visibility jackets, goggles and safety gloves to get an idea of what protective clothing a construction worker should be wearing on site.

"The learners thoroughly engaged in the presentation, learning in a practical way the importance of issues around health and safety," says Kate Bennett, business director for Leon School and Sports College.

"This will support them tremendously in achieving this section of the Diploma and raise their awareness in health and safety as they continue to study construction and look to possible careers in the profession in the future."

Mr Bickel added: "By introducing basic health and safety information to the students now, we hope to prepare them well for their work on the construction diploma as well as to raise general awareness on safe behaviour about sites and to excite them about careers in construction.

"I was extremely impressed with the way that these students acted and their enthusiasm."

Morgan Ashurst is joining a number of key construction companies who have contributed to the construction Employer Forum facilitated by Countec EBP – the Education Business Partnership for Milton Keynes – to support the new Diploma in Construction and the Built Environment. Morgan Ashurst has 'twinned' with Leon School and Sports College to provide continuing support as well as heath and safety training.

Morgan Ashurst's current projects include the construction of new school facilities for Oakgrove School in Middleton.

The £7.4million scheme will provide classrooms, a dance studio, ICT and sixth form facilities. A multi-use games area, car park and landscaped perimeters will also be provided. Sustainable features will include a wind turbine to provide an alternative electricity source.

It is the first project the company is delivering under the framework as part of Milton Keynes Council's £140million education programme.

If the hat fits: Dave Bickel, Morgan Ashurst health, safety and environmental manager shows two Year 10 students from Leon School and Sports College how to safely hold a brick at a recent health and safety workshop

Experienced Site Manager Required

MP

Our diverse & expanding company require a Site Manager with the proven ability to manage sites both effectively and to a high standard in all the key areas.

Applicants should forward a full CV together with any other relevant information to:

MP Modplan Building & Refurbishment Contractors Ltd

Email: info@modplan.fsnet.co.uk or Tel: 01462 819574
www.modplanbuilding.co.uk

OPENING DOORS TO VULNERABLE ADULTS

At Mayday Trust we enable vulnerable people to maximise their potential for independence providing them with a whole new start. In one of these very important positions you can play a vital part in everything we do.

PART-TIME PROJECT WORKER

£14,606 - £18,000 plus London Weighting pro rata plus £350 On-Call Allowance
WORKING 21 HOURS PER WEEK
Leighton Buzzard

Working three days a week you will maintain the delivery of high quality, person-centred housing and support services. This will involve advising on all aspects of home life, health, leisure, education and employment, as you help Service Users realise their full potential and enjoy access to community facilities. In particular, you will empower them to claim benefits and manage their finances effectively, whilst maintaining detailed and accurate records.

You will have a good working knowledge of Supported Housing ideally as a key worker with experience of developing support plans. To successfully fulfill this post you must have excellent communication skills and be able to build productive and respectful relationships with Service Users from every walk of life.

You will be required to participate in an On-Call Rota working weekends and evenings.

We offer excellent benefits including generous holidays, healthcare plans, life assurance cover and contributory pension.

For an informal chat please call Julie Bailey on 01525 852996.
To apply please visit www.maydaytrust.org.uk or call 01708 560176.
CVs will not be accepted
Closing date: 5pm 21st July 2008

Successful applicants will be asked to complete a Criminal Records Bureau check as part of the recruitment process.
We are an equal opportunities employer. Registered Charity: 1072524

Salamander Pumps

Service Manager

Working closely with the technical director from our head office in Bedford , you will manage a department of 6 technical advisors/ admin staff. The ideal candidate will have good plumbing knowledge allied with experience in customer services, and management experience. The candidate will need to be able to communicate effectively with the general public and within the organisation and be computer literate.

The role would include:

Managing a department of technical advisors in a helpdesk environment
Ability to manage a network of field service engineers
Resolve escalated customer calls and service issues
To become an "expert" in technical matters
Ability to prioritise and adopt an organised and methodical approach

A competitive package of salary and benefits is offered.

Please apply in writing to the Mr John Rickaby, Technical Director, Salamander Pumps either in writing to Unit C, Colima Avenue, Enterprise Park West, Sunderland Tyne & Wear, SR5 3XE or by email to johnr@salamanderpumps.co.uk Applications to close by 25th July 2008.

ROBINSON & HALL

LAND & PROPERTY CONSULTANTS

RICS

JUNIOR BUILDING SURVEYOR

ARE YOU ENTHUSIASTIC, HARD WORKING, INTERESTED IN BUILDINGS - THEIR DESIGN, DEFECTS ETC. AND KEEN TO BECOME PART OF OUR EXPANDING TEAM ?

We are looking for a creative individual anticipating good grades in Maths, English & Science at GCSE level to join our Building Surveying Department.

Training will be given in Autocad, the preparation of technical drawings including on-site experience as well as day release to study for further qualifications with the possibility of a degree in Building Surveying.

Please apply by sending in your CV and handwritten covering letter to:
P W Goakes BSc FRICS ACIArb,
Robinson & Hall LLP, 118 Bromham Road, Bedford MK40 2QN

www.robinsonandhall.co.uk 01234 352201

GILES BROOK SCHOOL

**Giles Brook Primary School,
Holborn Crescent, Tattenhoe,
Milton Keynes, MK4 3GB
Tel: 01908 507627
Age Range 4 – 11
NOR 414
Headteacher: Phil Scull**

2 positions required for September 2008

Salary MKC 4: £15,153 - £17,781 pro rata (pay award pending) for both positions

N.N.E.B.

for 27 hours per week to work in our Foundation Stage

We are looking for an inspiring, energetic person with flexibility, humour and a good working knowledge of the Foundation Stage. An NNEB qualification or equivalent is essential.

Teaching Assistant

**for 17.08 hours per week
(mornings only 8.50 – 12.15 p.m.) to work in Year 2**

We need a sparkling teaching assistant to join our terrific team. A commitment to teamwork, parental involvement and high expectations of achievement are vital for this position.

Please contact the school directly for further details. Visits are most welcome. An enhanced CRB check required.

Closing date Tuesday 22nd July 2008
Interviews to take place on Monday 28th July 2008

MKCVO

ChangeUp

capacity builders

FUNDED

MKCVO exists to support the development of an effective voluntary and community sector in Milton Keynes. We promote the principle and practice of voluntary and community activity to facilitate the development of diverse, strong communities and to enhance the quality of life.

Outreach Officer

£24,545 - £26,067 (pay award pending)
Fixed term contract to 31st March 2011

We are seeking an exceptional person to help deliver key elements of a project that includes a programme of outreach visits to voluntary groups, liaising with colleagues in the voluntary and public sector and coordinating training programmes to meet emerging needs. If you have a lively interest in voluntary and community activity, experience of project management and an ability to communicate confidently in writing and face to face, this could be the job for you.

Please note we do not accept CVs

To view the job description and download an application pack go to: www.mkcvo.co.uk

Alternatively, email: general@mkcvo.co.uk
Or telephone 01908 661623

MKCVO welcomes applications from suitable candidates regardless of age, gender, disability, faith, ethnicity or sexual orientation.

**Closing date: noon 4th August 2008
Interviews: 8th August 2008**

Charity No: 1092047 & Company No: 4279401

MK RECRUITMENT

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Production Engineer

Wichita Clutch part of the parent company Altra Industrial Motion, are the World's leading industrial clutch/brake manufacturer and are now seeking to expand our UK team due to continued growth.

Further capital investment to increase our manufacturing capacity means that we need an additional engineer to oversee the successful implementation of new CNC equipment.

Located within the Bedford facility you will become a fundamental part of the manufacturing team, in ensuring that our production operation has full support to meet customer requirements.

The successful candidate will have completed a mechanical engineering apprenticeship, be experienced in programming turning and milling machine tools using CAM and ideally be qualified to HNC standard. They will be experienced in manufacturing processes of a machine shop environment, be confident in creating the production process from engineering drawings and assist in all other aspects of the Production Engineering department.

Please apply in writing including CV to:

Vince Hughes
Manufacturing Systems Manager
Wichita Company Ltd
Ampthill Road
Bedford
MK42 9RD

Closing date: 25th July 2008

Wichita Clutch

Visit: www.wichita.co.uk

MANUFACTURING SUPPORT ENGINEER £23,000

HNC OR ONC QUALIFICATION OR EQUIVALENT IN ELECTRICAL ENGINEERING. EXPERIENCE OF COMPONENT LEVEL FAULT FINDING ON ANALOGUE AND DIGITAL CIRCUITRY. IDEALLY EXPERIENCED GAINED WITHIN AN ELECTRONICS ROLE IN INSTUMENTATION / MONITORING EQUIPMENT.

ESTIMATOR / TECHNICAL ENGINEER £22,000

TECHNICAL ESTIMATING BACKGROUND PREFERRED- BUILDS OF MATERIALS, TAKE OFFS. STRONG EXCEL SKILLS. CONSTRUCTION RELATED BACKGROUND PREFERRED(MAIN CONTRACTOR, SHOP FITTING OR SPECIALIST TRADES)

CABINET MAKER £30-40,000

MANUFACTURING BESPOKE FURNITURE. PREVIOUS EXPERIENCE WITHIN THE FURNITURE MANUACTURING TRADE IS ESSENTIAL. INDENTURED / APPRENTICE BACKGROUND REQUIRED.

01908 698345 Pete Riches
Key Industrial Staff, 302 Witan Court, Witan Gate West, Milton Keynes MK9 1EJ
Email: pete.riches@key-industrial.co.uk
(Emp Bus)

KEY INDUSTRIAL STAFF

Milton Keynes COLLEGE

Due to continuing growth we now have the following opportunities:

Team Leader: Trowel Occupations (experience in Brickwork Essential)
Hours: Full Time
Competitive Salary

Entry to Employment (E2E) Co-ordinator
Hours: Full Time
Salary: Circa £18,000, per annum

Lecturer: Skills / Entry to Employment (E2E)
Hours: Part Time – 30 hours per week, 52 weeks per year
Salary: £16,976 - £30,700, pro rata, per annum

Lecturer: Children's Care, Learning and Development
Hours: Full Time
Salary: £16,976 - £30,700, per annum

Closing date for the above positions: Wednesday 30th July 2008.

For further information and an application pack, please log on to www.mkcollege.ac.uk or contact the recruitment answer phone on (01908) 684327 or e-mail recruitment@mkcollege.ac.uk

Benefits of working for Milton Keynes College

- Training and development
- Excellent Pension and Holiday Package
- Friendly Working Environment
- Childcare Vouchers

Milton Keynes College is student focussed, positive about change, and values diversity. Our success is due to our staff, culture and belief in working in partnership with others.

We want to develop a more diverse workforce and positively welcome applicationsfrom all sections of the community.

Milton Keynes College is committed to promoting the safety and welfare of children, young people and vulnerable adults, therefore all positions require a Criminal Records Bureau check (CRB).

Working Towards

Investors in Diversity

www.iiduk.org

The place to be

At Milton Keynes, we're supporting the growth of our vibrant city while continuing to deliver excellent services. It's an exciting place to be and we're keen to get the balance right - including the work-life balance. So if you're looking for family friendly benefits and the chance to make a difference, make a move to MKC.

Head of Corporate Communications

£45,960 - £54,131 Ref: 50017015/MKN

You will ensure that the Council has an effective corporate communications strategy, a positive local and national reputation, and a consistent corporate visual identity. Your successful experience of communications strategies will be complemented by expertise in partnership working, managing teams and budgets and initiating and delivering change.

Closing date: 11 August 2008.

Interview date: w/c 1 September 2008.

Group Manager - Options for Independence

£35,852 - £41,228 Ref: 50016409/MKN

You will mentor, supervise and manage the performance of the team of social workers and social work assistants while contributing to the development of innovative services. A qualified social worker with GSCC registration, you will bring a proven track record of working with children or young people.

For informal enquiries please contact Pat Callear on 01908 253482.

Fraud Officer

£23,749 - £28,172 Ref: 50010119/MKN

In this key role, you will investigate a range of cases including potentially fraudulent benefits claims by making enquiries, observing individuals, interviewing under caution and preparing sanction files. Persistent, professional and self-motivated, you will have a proven track record of completing or reviewing work of an investigative nature. Knowledge of housing or council tax benefit would be desirable.

For informal enquiries please contact Paul Strangward on 01908 254230.

Home Carer

£13,062 - £15,470 pro rata Ref: 50015672/MKN

20 hours per week - evenings

You will visit clients living in their own homes in the community and provide personal care, administer medication and assist with going to bed if required. Full training will be provided. You will have a full UK driving licence together with the ability to work on a rolling rota.

Auditor

£11,577 - £28,172 Ref: 50010099/MKN

Join our innovative team, and you will undertake a range of audit projects through to completion. Whether you have audit experience, or a background in IT or schools finance, you'll be looking for a new challenge. We are willing to support flexible, tenacious and methodical individuals in their professional studies e.g. ACCA.

For informal enquiries please contact Mark Nicholson or Lynda Baker on 01908 252460.

Interview date: 14 August 2008.

Assistant Auditor (Apprentice)

£6,846 - £11,470 Ref: 50013341/MKN

This is your chance to earn while you learn. You will gain valuable work experience in all departments of the Council while being supported to attain the AAT accountancy technician qualification. Professional in your approach and appearance with good communication skills, you will have four GCSEs or equivalent.

For informal enquiries please contact Mark Nicholson or Lynda Baker on 01908 252460.

Interview date: 19 August 2008.

To apply online visit: www.theplacetobe.info

For an application form, email: jobs@milton-keynes.gov.uk
Call us on 01908 253344 or 253462 (24 hour answerphone). If you have a hearing impairment and have access to Minicom please phone 01908 252727 (office hours only). Please quote appropriate reference. Salaries will normally start at the first point of the grade.

Closing date unless otherwise stated: 1 August 2008.

We are unable to accept CVs, unless accompanied by a completed application form.

We are an Equal Opportunities Employer

It's ability, not disability that counts

MILTON KEYNES COUNCIL

Catalogue Distributors £100-£400 pw. Flexi hrs. 18+ 0207 8067678. www.uptheincome.com

£10 - £15 ph delivering brochures free info call 0800 7810074 (18+) www.freeinfopack.net

MS Multiple Sclerosis Society

Putting the pieces together to beat MS

Service Development Officer

£28,500 pa + car Home based

Responsible for Herts, Beds and Essex

We are looking for an organised individual to work proactively with statutory, voluntary and independent providers using an agreed framework to influence commissioning and also aim to improve local health and social services for people affected by MS.

Excellent communication skills and the ability to persuade, support and negotiate with a range of individuals are essential.

To apply online, please visit our website at www.mssociety.org.uk or, alternatively, please telephone 020 8438 0988 or email jobs@mssociety.org.uk to request an application pack.
The closing date is Wednesday 23 July 2008.
The interview date will be Wednesday 6 August 2008.

The MS Society is committed to promoting diversity.

Want to earn GREAT hourly rates of pay?

We are looking for hardworking, honest people to deliver the MKNEWS in the following areas:

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- Stony Stratford
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If you're interested in delivering the MKNEWS in your area:

- Call us on 01582 390353 OR
- Return the coupon below to the address OR
- Email your name, address and telephone number to us at: distribution@mk-news.co.uk

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Mobile No .....Email address .....
Return this coupon to: Distribution Dept, LSN Media Ltd, 28 King Street, Luton, Beds, LU1 2DP

MK RECRUITMENT

TO ADVERTISE YOUR VACANCY • CALL 01908 242490 • FAX 01908 689550 • EMAIL classified@mk-news.co.uk • ADVERTISING DEADLINE - TUESDAY 5.00PM

Recruitment Consultants

If you are a professional, experienced IT Recruitment Consultant within the Milton Keynes area, consider Intelligent Employment.

We are an established, reputable IT Recruitment agency, seeking sales-focused Consultants who are looking for an opportunity to run their own desk within a specific vertical, be it temps, perms or contract.

Potential applicants will have the maturity and credibility to develop long-term relationships with clients, and provide a high-quality service at all times to further establish and enhance Intelligent's name within the market place.

If you're looking for that **Golden** opportunity to make a name for yourself, or have aspirations of running your own division and increasing your earnings — look no further.

Please email chris.joseph@intelligentemployment.com, or for an informal chat call **01908 630630**.

Intelligent Employment offer the services of an Employment Agency for permanent recruitment and the services of an Employment Business for contract recruitment.

Milton Keynes Hospital NHS
NHS Foundation Trust

Trust Secretary

Membership Officer

Band 5: £19,683 - £25,424 p.a.
37.5 hours p.w. **Ref: PER4433**

This is an exciting opportunity for a well-organised, highly-motivated individual who wants to become involved in membership recruitment and retention initiatives, and who is interested in developing their career in communications.

You will join a small, friendly team committed to helping Milton Keynes Hospital achieve the benefits of NHS Foundation Trust status through the engagement of local people and staff.

You will work to grow and develop our varied public and staff membership through acting as the main point of contact for members, developing membership communications and maintaining the database of members.

There will be additional opportunities to engage in the communications work of the Trust.

You will need strong communications and IT skills, and be comfortable in working with a variety of different people.

For more information contact James Bufford on 01908 243012.

To request an application pack please visit our website www.mkhospital.nhs.uk or call 0870 7870092 quoting ref: PER4433.

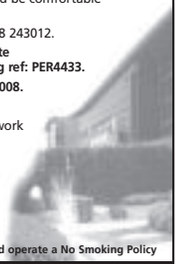
Closing date for receipt of applications: 4th August 2008.

Applications by CV alone will not be accepted.

Some departments are moving towards a seven day work pattern. We welcome applications from people of all ages, including those over 65.

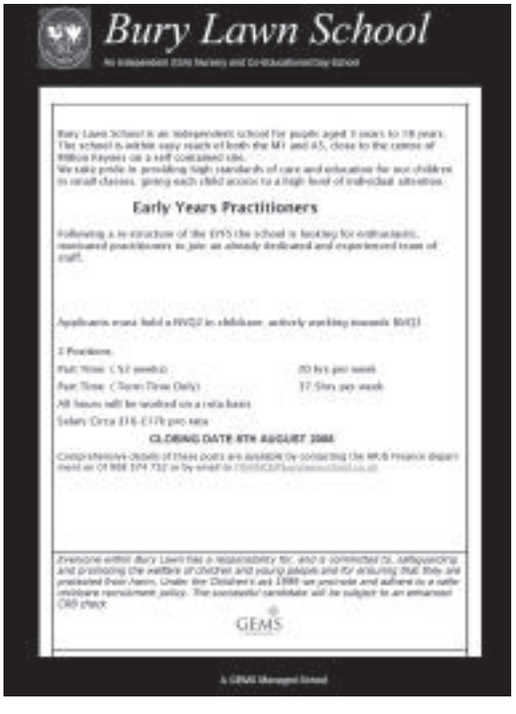
All applicants with a disability who meet the minimum criteria for a post will be guaranteed an Interview.

Only Shortlisted candidates will be informed.



We are committed to equal opportunities and operate a No Smoking Policy

Milton Keynes NHS Foundation Trust, Eaglestone, Milton Keynes MK6 5LD



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every patient matters — Bedford Hospital NHS
NHS Trust

Hospital Sterile Services Department

HSSD Assistant

Ref: OPS41

Band 2 £12,577 - £15,523 p.a. pro rata
Full Time - 37.5 hrs p.w. (Part Time/Job Share considered)

Looking for something different? Looking for a challenge? This may be just the job.

Hospital Sterile Services Department (HSSD) is responsible for the reprocessing of reusable medical devices eg: washing, packing and sterilising.

Monday - Friday: 3 shifts of 8am - 4pm or 10am - 6pm + 2 shifts of 12 - 8pm
Saturday: 10am - 6pm (1 in 5 worked)
Sunday on call: 10am - 4pm (1 in 5 worked)
Bank holiday cover required on a rota system.

All disabled applicants who meet the minimum criteria for the job will be invited for interview.

For an application pack and job description please apply online at www.jobs.nhs.uk

Closing date: Friday 25 July 2008.

Interview date: Friday 15 August 2008.

Only shortlisted candidates will be contacted.

Applicants should note that the offer of employment would be subject to vetting procedures undertaken by the Criminal Records Bureau. We are committed to equality of opportunity and welcome applications from all sections of the community. Bedford NHS Trust is committed to flexible working arrangements. All NHS employees qualify immediately for membership of the NHS pension scheme.

www.bedfordhospital.nhs.uk

RSPB — a million voices for nature

IS Financial Co-ordinator

£15,000 - £17,000 pa *Sandy*

You will provide financial/contract administration and licensing and asset management services to staff within Information Systems.
To maintain a telecommunications database, providing administration and support to RSPB staff.

You will need a good working knowledge of Outlook, Word and Excel, be methodical, good with figures, reading and paperwork and have lots of patience.

Closing date: 25 July 2008. Interview date: w/c: 11 August 2008.

For further information and an application form, please visit our website.

www.rspb.org.uk/vacancies

The Royal Society for the Protection of Birds (RSPB) is a registered charity. England and Wales no. 207076. Scotland no. SC037654.

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apex

Multi Trades building/Handy Person req.
Must have basic experience in carpentry, Painting, Plastering, Tiling etc.
For site work in Milton Keynes
Good rates & long term work imm start
Pls call Simon 07930320183 Apex (Agy)

Harpur

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Milton Keynes MK9 2AH

CROWN CARS require experienced admin assistant. 30 hours per week. Must be computer literate. Contact Jay 07521728002

Stantonbury Campus
Milton Keynes

Stantonbury Campus is a large and successful Arts College with extra specialism's in Maths and Computing and Applied Learning providing education for 2,600 students aged 11 to 18 (with 450+ at Post 16). The Campus includes a large public leisure centre and theatre.

CLEANING SUPERVISOR REQUIRED

3 hours per day (Monday to Friday 2.30pm – 5.30pm)
52 Weeks per year

Full time salary equivalent £13,389 (pro rata £5,427)

To be responsible for the supervision of cleaners in a designated area of the Campus and to take full and regular part in cleaning as agreed with the Cleaning Co-ordinator. The successful applicant will be responsible for cover for absent cleaners on a daily basis and for standards of cleaning in a designated area of the Campus. They will also play a key part in the review and development process for cleaners.

Closing date for applications: 30th July 2008

Comprehensive details of this post and applications forms are available on the Campus' website www.stantonbury.org.uk or from: Louise Egerton at Stantonbury Campus, Milton Keynes MK14 6BN. Tel 01908 324400 (Fax 01908 324401) or email louise.egerton@stantonbury.org.uk

The Campus is an equal opportunities employer committed to safeguarding and promoting the welfare of students

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MK RECRUITMENT

TO ADVERTISE YOUR VACANCY • CALL 01908 242490 • FAX 01908 689550 • EMAIL classified@mk-news.co.uk • ADVERTISING DEADLINE - TUESDAY 5.00PM

This is an exciting opportunity for a motivated and flexible individual. Working within the local Joint Learning Disability Team you will be part of a new team offering person centred short breaks (respite care) for families across Milton Keynes.

As well as offering a break to families we will be developing people's independent living skills and helping them to access activities in their local community.

Experience of working with people with Learning Disabilities is not essential, as we are looking for a person who has flair and imagination in ways of supporting people to develop their own lives.

This role will include flexible working hours, including evenings, weekends and sleep-in duties (for which an additional payment is made), and will also include supporting some people with their personal care needs.

For an informal discussion please contact Kevin Williams or Karen Leeder on 01908 222944.

To apply online visit: www.theplacetobe.info

For an application form, email: jobs@milton-keynes.gov.uk

Call us 01908 253344 or 253462 (24 hour answerphone) or If you have a hearing impairment and have access to Minicom please phone 01908 252727 (office hours only). Please quote appropriate reference.

Salaries will normally start at the first point of the grade.

Closing date: 1 August 2008.

Ref: 50012547

We are unable to accept CVs.

We are an Equal Opportunities Employer

Milton Keynes NHS Primary Care Trust

MILTON KEYNES COUNCIL

Looking for a new Job?

100's of the latest local jobs start on page 81

MKNEWS 01908 242490 www.mk-news.co.uk advertising@mk-news.co.uk

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MAKE SURE OUR READERS SEE YOUR ADVERT!

Call 01908 242490 or email advertising@mk-news.co.uk

Have you ever considered working for yourself?

We are looking for someone who would be happy to join our group of independent associates and be based in the Milton Keynes vicinity.
We are a small business and our concept is original, proven and established. *We will provide full support to help you develop your area.*
As you would expect, starting your own business *will* involve investing some time, effort and money initially and you will need a vehicle.
Age, gender and background are no obstacle to what should be a *rewarding and contented lifestyle* when you work for yourself along with freedom and flexible working.

If you think your circumstances may be appropriate and you would like further information including income potential – please email: intouchuk@aol.com

Avanti Tiles & Bathrooms

Customer Sales Advisor

Working as part of our showroom sales team, providing exceptional levels of customer care and service.

Full product knowledge training will be given.

This position can be either full or part time and will involve weekend working and some heavy lifting. Applicants should be both numerate and literate with proven excellent customer service skills in a sales environment. Maturity, personality and commitment to give the best possible service are the qualities we're looking for.

In return we can offer you an excellent in-house training scheme, good rates of pay and a great bonus, in a relaxed working environment.

Please phone for an application form (01909) 225225

Avanti Tiles and Bathrooms, Stacey Bushes Trading Centre, Milton Keynes MK12 6HS

STANTONBURY HEALTH CENTRE
The Purbeck, Stantonbury, Milton Keynes MK14 6BL

HEALTH CARE ASSISTANT

We are looking for an enthusiastic Health Care Assistant to join our friendly Practice Team. This is a new post for 6 - 10 hours per week in the mornings which will increase as the service develops.

Previous phlebotomy experience desired but training will be offered if necessary.

Please send C.V. to Gaynor Young, Practice Manager.
Closing date: Monday 25th July 2008

SIMPLY EDUCATION

September is not far away, call Simply Education today.

Telephone 01234 216 199 for all types of teaching vacancies

www.simplyeducation.co.uk

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www.muckypupsnursery.com

REQUIRED ASAP:
Flexible, qualified person (NVQ Level 6/Qualified Teacher Status/EYPS)
To work in the Owl Room, caring for children aged 3 - 5 years.
Competitive salary, annual bonus
Please e-mail/call the numbers above.

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required
CIS only
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BEDFORD GLASSFIBRE MOULDINGS LTD

FIBREGLASS LAMINATOR

required
Please call Jamie on (01234) 271119 for an application form

Burger Van for Rent (Milton Keynes)
With all equipment & food supply to start.
All in excellent condition.
Availble immediatly
Call for details. 07932 423651

Wells and Young's are brewers of speciality beer. We are the UK's largest private brewer and we intend to continue our growth. Our portfolio of powerful brands including Wells Bombardier, Young's bitter, Courage Best, Corona Extra, Red Stripe and Kirin Ichiban.

Brewery Tour Guides

✓ **Are you passionate about a great pint of beer?**
✓ **Do you enjoy meeting and chatting to new people?**
✓ **Do you have one or two evenings free per week?**

The role is based at the brewery in Havelock Street, Bedford, and involves working one or more evenings per week, Monday to Thursdays, on a rota basis. The working hours are 7pm to 10:15pm.
Role responsibilities are:-
• To engage visitors in the history of the Brewery, beers that we brew and the brewing process.
• Setting up the bar area and serving drinks to the visitors.
• Selling merchandise and processing card payments for any that is sold
• Clearing up at the end of the evening
• Attending team meetings and training sessions as required
The ideal candidate will be presentable, have strong interpersonal skills, and the ability to enthusiastically promote the Company and its beers.
To apply please send your CV to Shelley Jenkins, Human Resources Department, Wells and Young's Brewing Company Ltd, Havelock Street, Bedford, MK40 40LU or email shelley.jenkins@wellsandyoungs.co.uk. Alternatively apply online at www.wellsandyoungs.co.uk/careers
Closing Date for applications: Friday 27th July 2008
We are an equal opportunities employer.

Wells & Young's BREWING COMPANY

MK RECRUITMENT

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Onside for Life Programme Manager
Job Vacancy
Salary Scale £18,000- £19,500 pa
Hours 40 per week
1 year fixed term contract with extension for year 2 & 3 on successful completion of first year
Closing date for applications is Tuesday 29th July 2008
- To manager and oversee the running and organisation of the "Onside for Life Project"
- Develop partnerships and activities with Health Visitors, other community groups, School Sport Partnerships.
- Co-ordinate the use of football and Multi sports to promote the (MK Dons SET) healthy lifestyles agenda and every child matters framework.

A Criminal Records Bureau enhanced disclosure applies to this post.
Please send a copy of your current CV with a letter supporting your application, saying why you are suitable for this post, to:
Darren Oldroyd, Community Officer
Milton Keynes Dons Sport and Education Trust
Stadium: MK, Stadium Way
Milton Keynes MK1 1ST
For further information on the role or to request a job description please telephone Darren Oldroyd on 01908 622888.
Milton Keynes Dons Sport and Education Trust are committed to equality of opportunity and welcome applications from all sections of the community.

EARN £400-£600 p/m p/t 18+ delivering and collecting catalogues in your area. (01223) 281063

WORK FROM home p/time; f/time. 0800 0 2 7 0 8 7 5 www.plcrecruitment.org

Ampthill Glass Centre
Full Time Clerical Assistant
Currently seeking a friendly, enthusiastic person to work within our busy office.
Good keyboard/Word skills required, telephone skills and ability to deal with customers. Training given. Salary negotiable
Contact Jane Davies 01525 403609/403015

BECOME A MULTI-SKILLED ENERGY ASSESSOR

By law trained Energy Assessors will need to carry out an estimated 3 million Energy Assessments in the year from this October - 200,000 commercial buildings, 1.8 million homes being rented and 1.1 million being sold (2.1m in normal house sale years).

Applicants are therefore required to train now - **no previous surveying experience is required** - at our London, Bristol, Birmingham and Manchester training centres which are approved by the Government-appointed Awarding Body for the Built Environment. The subsidised training is taken in separately bookable 1-week modules usually around current commitments and you **qualify as a multi-skilled Domestic and Commercial Energy Assessor, Flood Risk Assessor and Home Inspector.**

Homes now being sold already require Assessments with **average fees of £70** being paid to our Assessors – fees for the 1.8m rented homes from October are expected to be similar. Fees for currently optional Home Inspections **average £250** - commercial Assessments are expected to be higher. Up to 15 domestic Assessments or 6 commercial Assessments or Home Inspections are estimated to be carried out in a week, subject to size of properties and supply. As well as thousands of Assessors carrying out Energy Assessments, 7500 Home Inspectors will be needed upon Government making Home Inspections compulsory - less than a thousand are currently certified.

Regardless of the 'credit crunch' these new 'green' laws and 3 million Assessments are creating a **rapidly expanding new industry which you could join,** subject to interview and Aptitude test. So apply now for subsidised training and to **start a new career carrying out this environmentally important work with potential multiple income stream opportunities.**

TRAINING

Ring 0208 335 1700 Ref:HLO29E

Parrott
BUILDING CONTRACTORS

SENIOR CONTRACTS MANAGER

Due to continued expansion an excellent opportunity has arisen for a Senior Contracts Manager with construction Management skills.

Construction, planning and programming expertise with enthusiastic approach to join this long established company.

Applications in writing including CV to: Managing Director, V E Parrott (Oakley) Limited, 24 Lovell Road, Oakley, Bedfordshire MK43 7RZ

www.veparrott.co.uk

We are an equal opportunities employer.

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FOSSIL

Administrators c£15-18k

FOSSIL is a unique company who designs, develops, markets and distributes fashion watches, sun wear, bags and accessories which are predicated on fashion and value.

We have administrator roles in various departments within our head office; you will be responsible for the day to day administration of that department.

We are therefore looking for candidates who are competent with all Microsoft office products, and have the ability to communicate at all levels with excellent customer service, and have a minimum of 12 months previous experience.

What vintage are you?

Please send your cv and covering letter by email to ukrecruitment@fossil.com alternatively, post to HR at Fossil UK Ltd, Featherstone House, Featherstone Road, Wolverton Mill, Milton Keynes, MK12 5TH

Closing date 1st August 2008 - no agencies please

Only successful candidates will be contacted

For local news that counts
www.mk-news.co.uk
MKNEWS

Recruitment Agency Listing

Do you want to work in education?
We have vacancies for:
- Primary teachers
- Secondary teachers
- SEN teachers
- Support staff

0845 603 4543
miltonkeynes@selecteducation.co.uk
selecteducation.co.uk
sélect/education
INSPIRING TRUST, CONFIDENCE & MINDS

Specialist supplier of permanent & temporary staff for the engineering & technical industry.
01908 698345
Key Industrial Staff, 302 Witan Court, Witan Gate West, Milton Keynes MK9 1EJ email pete.riches@key-industrial.co.uk

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Tell: 01908 240545
Fax:01908 355999
4th Floor, Acorn House, 393 Midsummer Boulevard, Milton Keynes MK9 3HP
miltonkeynes@pagepersonnel.co.uk

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HGV 1
HGV 11
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email janet@dandp.uk.com

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www.wsrs.co.uk
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Tel: 01908 540640 Fax: 01908 540646

HR Recruitment Specialists
Tel: 01908 608090
email michelle@dandp.uk.com

TEACHERS, Secondary and Primary (all subjects) required for Sept. start
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If you are a **Recruitment Agency** and wish to advertise in this listing call **Claire** or **Sarah** on **01908 242490**
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MK RECRUITMENT

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Part of the BMI Healthcare Group, The Manor Hospital is a highly successful 23-bed acute care surgical hospital with an enviable reputation for delivering high standards of nursing care. We are committed to multi-skilling and cross-training our team in all areas of surgery, anaesthetics and recovery. We are looking for:

Recovery Nurse - full or part time
Flexible hours needed for this position, with a requirement to participate in the theatre on-call rota.

Scrub Nurse - full or part time
With at least 2 years scrub experience in orthopaedic/general surgery.

ODA/OPP - full time
To assist senior theatre staff, ensuring all patients are received safely in theatre.

These positions are subject to disclosure by the Criminal Records Bureau.

For an application form and role profile, please contact the Manor Hospital on 01234 364252 or write to: Hospital Secretary, BMI Manor Hospital, Church End, Biddenham MK40 4AW.

Closing date: 25th July 2008.

BMI The Manor Hospital

Milton Ernest Hall Nursing Home Require
ONE FULL TIME
RGN
ONE
Senior Carer
and Bank position for **RGN's** and **Carers**
For further information please contact Isobel on **01234 825305**
Monday-Friday only

Experienced drivers required

For regular work within the Beds & Bucks area, we want to hear from HGV Class 1, Class 2 & 7.5 Tonne drivers for immediate starts in the above areas.

Demonstrable Tachograph experience essential

Please contact the recruitment team on
01767 316355/07771 864553

TAF

3 Victoria Place, Biggleswade, Beds

BEDFORD HOUSING LINK

Supporting single homeless people living in Bedfordshire, to achieve and sustain an independent life.

PROJECT MANAGER

(Hours 37 per week)
Salary £28,000 + £500 car allowance
Based in Bedford

The post requires a dynamic and self-motivated individual who is able to manage and co-ordinate our four supported accommodations based in Bedford.

This role is varied and would suit a well-organised and energetic individual who will continue to ensure a high quality of service is delivered to our residents.

The successful candidate will possess drive, commitment and enthusiasm to motivate a large staff team. Excellent communication and IT skills are required, along with a qualification in management and/or social care management and experience in a similar role.

The successful candidate will be required to be flexible in working hours and work on a rota basis which will include evenings and some weekends. Cover for our Project Manager in Mid Beds, and emergency cover, will also be required from time to time.

Closing date: 25th July 2008

For further information or an application form please contact Human Resources at: Bedford Housing Link, 34A High Street, Bedford, MK40 1SP. Phone: 01234 334600 or Email recruitment@bhlnet.org

INVESTOR IN PEOPLE

We are committed to Equality and Diversity and welcome applications from all sections of the community.

Could you become a Project Manager at stg?

Are you looking for something different? Do you have a minimum of three years transport or shipping experience? Do you enjoy a challenge – believing that nothing is impossible, just more difficult! Do you accept that reward must be linked to proven success? Do you feel it's time to make a move?

If so, make a start by looking at our web site **www.stg.ltd.uk**. If you feel you have the right qualities – of which hard work, tenacity and determination are just a few – send us your CV, marked Strictly Confidential to Hannah Bridgeman, STG Ltd, The Mansards, Tavistock Street, Bedford, MK40 2RX or email hannah.bridgeman@stg.ltd.uk

stg
specialist transport group
Visit: www.stg.ltd.uk / Tel: 01234 213339

The Pre-School Learning Alliance, a major educational charity with over 40 years' experience in the field of pre-school education and a significant provider of vocational training for pre-school staff, is seeking to fill the following vacancies:

Foxcubs Nursery, Luton

Senior Team Leader

£14,492 to £15,842 – 40 hours per week, 52 weeks per year
NJC Points 12-16 Ref: TL-FX-07
Minimum level 3 qualified you will be responsible for supervising the area and providing care and appropriate learning opportunities for children up to 3 years old.

Nursery Practitioners – Baby Room

£13,062 to £14,197 – 40 hours per week, 52 weeks per year
NJC Points 9-11 Ref: NW-FX-07
Level 3 qualified you will be responsible for supervising the baby area and providing care and appropriate learning opportunities for children under two years old.

Administrator

£13,062 to £14,882 pro rata – various hours negotiable – afternoons during term time, with full time hours during school holidays.
NJC Points 9-13 Ref: AD-FX-07
We are looking for an experienced Administrator with some book-keeping experience who can offer flexibility covering our main office and reception area.

Butterflies Nursery, Luton

Nursery Practitioner

£13,062 to £14,197 – 40 hours per week, 52 weeks per year
NJC Points 9-11 Ref: NW-BTR-07
Level 3 qualified you will be responsible for the care and supervision of children in liaison with their parents on a daily basis.

Administrator

£13,062 to £14,882 pro rata – Thursday and Friday 8am to 3.30 pm
NJC Points 9-13 Ref: AD-BTR-07
We require an Administrator preferably with book-keeping skills to cover our main office and Reception area on Thursdays and Fridays.

Little Learners at Kingsmoor Lower School

Lunch-Club Staff

11.30am to 1pm, Monday to Friday, Term Time Only Ref: KM-07
We have vacancies for staff to cover our lunchclub which will be opening for business in September. We require a Level 3 practitioner and one other member of staff – unqualified considered.

Bank and Creche Staff

Ref: Bank-07
We have an ongoing requirement across all our nurseries for bank and creche staff Level 2/3 qualified. If you would be interested in a role which offers flexibility and variety please contact us for an application form.

For an application pack please email office@bedspsla.org or write to us at Bedfordshire PSLA, Room 1, The Rufus Centre, Steppingley Road, Flitwick, Beds, MK45 1AH. Please quote the reference number for the post you are interested in.

Closing date for completed applications: Friday 25th July 2008

Registered as an educational charity.
The charity is committed to equal opportunities.

At Mayday Trust we enable vulnerable people to maximise their potential for independence providing them with a whole new start. In one of these very important positions you can play a vital part in everything we do.

PROJECT WORKER

BEDFORD
£14,606 - £18,000
37 HOURS PER WEEK
+ LONDON WEIGHTING + £350 ON-CALL ALLOWANCE

The purpose of this role will be to deliver high quality, housing and support services to vulnerable adults with enduring Mental Health issues. You will assist Service Users with all aspects of life from household management to education. Encouraging participation in decision-making, you will give them everything they need to realise their potential, whilst actively involving other agencies to bring about positive outcomes.

Capable of developing support plans and risk assessments you will ideally be experienced in keyworking. Good working knowledge of Supported Housing and Mental Health matters would be a huge plus and you will bring real passion, energy and drive.

Applicants must be able to build productive and respectful relationships with Service Users from every walk of life. You will be required to participate in an On Call Rota involving weekends and evenings.

We offer excellent benefits including generous holiday, healthcare plans, life insurance cover and contributory pension.

For an informal chat please call Cara Passfield on 01234 347065.
To apply please visit www.maydaytrust.org.uk or call 01768 868176.
CVs will not be accepted
Closing date: 5pm 21st July 2008

Successful applicants will be asked to complete a Criminal Records Bureau check as part of the recruitment process.
We are an equal opportunities employer. Registered Charity: 800584

Be part of our growing family . . .

Service Manager

Ref. SM858

Circa £20,000–£27,000 pa with potential progression to £30,564 (dependent on experience) + mileage allowance + benefits

Based in Mid and South Bedfordshire, 35 hours per week

We're looking for an enthusiastic individual with high standards of customer service to develop and lead a team of Support Workers at our floating support service in Mid and South Bedfordshire. This is a new service in the area and your role will be fundamental in setting up and successfully delivering and developing the service.

You'll be an organised person that demonstrates flexibility, initiative, self-motivation and leadership skills. Committed to teamwork and developing the skills and knowledge of your team, you'll be an important ambassador for Bromford in Bedfordshire and will be committed to partnership working.

You should be IT literate, and excellent verbal and written communication skills are vital. Some supervisory experience would be an advantage but full training will be given to the successful candidate.

Interview date: Monday 28th July 2008.

Floating Support Workers

Ref. SM859

Circa £14,500–£20,000 pa pro rata (dependent on experience) + mileage allowance + benefits

Full and part-time positions available

Multiple posts available in both Mid and South Bedfordshire

As a Support Worker with Bromford Group, you'll have an opportunity to make a difference to the lives of individuals, providing a housing related support service to vulnerable people to meet their needs and assist them to live independently in the community.

Self-motivated and organised, you'll show initiative and flexibility to meet the needs of customers. Experience of working with people with complex needs is preferable although not essential. A full UK driving licence and access to a car is essential as travel is required.

Interview date: Tuesday 29th July 2008.

For an informal discussion, please contact Carole Clarke on 07736 026143.

Please apply online at *www.bromfordgroup.co.uk* via the 'careers' link.

If you have any problems applying online, please telephone 01902 393744.

For more information about working in the housing sector, please visit www.1001careers.com

Closing date: Monday 21st July 2008.

Bromford Group

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Required to inspect first offs and production from our CNC machine shop. Applicants must be competent in using CMM and be able to operate basic goods inwards procedures.

Fork-lift driver/Handyman

We have vacancy for a certificated counterbalance fork truck driver for intermittent jobs around the works. Applicants must be willing to carry out other tasks in production areas to fill out the week.

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Do you like a challenge, are you a self starter, do you want to join us to help make a difference?

If so send for information about the following posts:

OPERATIONS MANAGER

North and Mid Bedfordshire - Ref DM1
25 hours per week. £22,500 Pro rata
Post will be 12 month contract

COMMUNITY WORKER

Mid Bedfordshire - Ref CW1
11 hours per week. £12,500 Pro rata
Post will be 12 month contract

We work with individuals and groups of people with a learning disability to give them a real voice in planning and changing their lives. Volunteering opportunities also available.

For an information pack please quote Ref No and contact Rachel or Emma on: Tel: 01234 262080 Fax: 01234 359999
Email: baa@advocacyalliance.co.uk
Closing date: 23rd July 2008
If selected you must be available for interview on 30th July 2008
We are a diverse organisation and welcome applications from all members of the community.

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16-20hrs (Negotiable)Weds-Thurs
We are looking for an experienced Practice Nurse to work as part of our friendly team. Previous Practice Nursing experience (essentials required). Knowledge of EMIS. General Nursing duties with an ability to do Childhood Immunisations essential.
Please send your CV along with a covering letter by post to:
Mrs L Pearson, Practice Manager, Rothsay Surgery, 14 Rothsay Place, Bedford MK40 3PX. Tel: 01234 271800
Email: e81611.hood@nhs.net
Closing date: 23rd July 2008

BEDFORD SCHOOL

PART-TIME HOUSEKEEPER

Required to provide high standards of cleanliness at one of the School's houses.

Duties include cleaning bathrooms, corridors, stairwells, bedrooms, living rooms, kitchen and dining areas. You will also assist with preparations for School functions at the house.

Previous experience in a similar role is desirable though training will be given.

Hours are 8 per week, Monday to Friday mornings, all year round.

For an application pack please telephone: 01234 362218 or email: jobline@bedfordschool.org.uk

Bedford Charity is committed to safeguarding and promoting the welfare of children and is an equal opportunities employer.

www.bedfordschool.org.uk

Closing Date
28 July 2008

Female Carers Required, Bedford Area

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The ideal candidate will be well organised with strong administrative and communications skills, with working knowledge of Microsoft Office. Day to day the candidate will liase with the French Sales Manager and customers to help develop sales in France.

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Ormiston

children • young people • families

We are one of the largest voluntary organisations providing family support services to children and young people in the eastern region. This is achieved through direct service provision and by raising awareness of related issues through research, publications, conferences and events

Ormiston at HMP Bedford

Our project based at HMP Bedford offers a wide range of support for prisoners and their families, including management of the visitors' centre and a range of services inside the prison. We are seeking to recruit highly motivated and skilled employees to join a small team to welcome visitors and to provide a safe environment for children using the play area in the visits hall.

Practitioners (4 posts)

£16,217 - £17,154 rising to £18,430 pro rata

Part time, 6 hpw including occasional weekend work, further hours may also be available.

You will:

- welcome visitors to the Visitors Centre and provide information and advice as required
- supervise children's play during prison visits
- have a qualification to NVQ level 3 in childcare, youth or community work or other relevant subject
- have a good knowledge of working directly with children, young people and their families together with an understanding of the issues facing families affected by imprisonment.

For an application pack please telephone (01638) 600076.
Closing date: 12 noon, 28 July 2008.
Interview dates: 30 July and 4 August 2008.

We welcome applications from members of minority ethnic communities, men and people with disabilities who are currently under-represented within our workforce. Registered Charity No. 1015716.

AWARD WINNING WEEKLY NEWSPAPER NEEDS DEPUTY EDITOR

After eight years the deputy editor of Bedfordshire on Sunday is off to pastures new (and warm) and we need a replacement.

BoS is the Newspaper Society's best free weekly in the West and East Midlands and the East and third best in Great Britain and Northern Ireland.

We have a proud history as a weekly paper which prides itself on handling hard news and investigation alongside the very best and quirkiest of local human interest stories.

We are looking for someone who is NCTJ qualified or equivalent with substantial experience at either chief reporter or news editor level.

The ideal candidate will be able to multi-task being comfortable writing and editing our weekly property and monthly business sections, covering for the editor and the leisure editor in their absences and also continuing to operate as a working journalist and as direct line manager in the newsroom.

It's not a job for the faint hearted but as well as being good fun and offering a unique working environment, we offer a competitive salary and five weeks holiday and the option to join company pension and health schemes.

If you think you've got what it takes contact editor Steve Lowe at Bedfordshire on Sunday, 22 Mill Street, Bedford, MK40 3HD or email steve.lowe@lsnmedia.co.uk

As a member of Iliffe News & Media we also publish weekly newspapers and websites across Herts, Beds, Bucks, Cambs and Essex.

LSNmedia

It is the company's policy to employ the best qualified personnel and provide equal opportunity for the advancement of employees including promotion and training and not to discriminate against any person because of sex, race, pregnancy, disability, marital or family status, ages, sexual orientation, religious beliefs or trade union memberships.

Bupa Care Homes

www.bupa.com

Home Manager

Bedfordshire

Bupa Care Homes is one of the UK's leading independent providers of nursing and residential care for elderly people. Ferndale Residential Home is currently looking for a Home Manager to join their friendly team.

An experienced manager ideally with NVQ 4 and ideally an RMA, you'll be responsible for the care of elderly residents. You'll take full responsibility for all aspects of running the home, offering guidance, leadership and support to all your staff. While the quality of care delivery will be paramount, you'll also be commercially astute and well organised.

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If successful, you must gain enhanced-level disclosure from the Criminal Records Bureau. www.disclosure.gov.uk

Bupa Care Services is an equal opportunities employer and appoints solely on the basis of ability.

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For further information contact Rick Sanderson on 0845 880 7055 or email: info@buy-local.net www.buy-local.net

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You will be a skilled communicator with a positive can-do attitude and excellent interpersonal skills, with the ability to develop relationships both internally and externally. Ideally you must have previous training experience.

Closing Date: Friday 25th July 2008.

Please apply to www.bpha.org.uk/vacancies or email jobs@bpha.org.uk or call 01234 221238 quoting reference number RO7.

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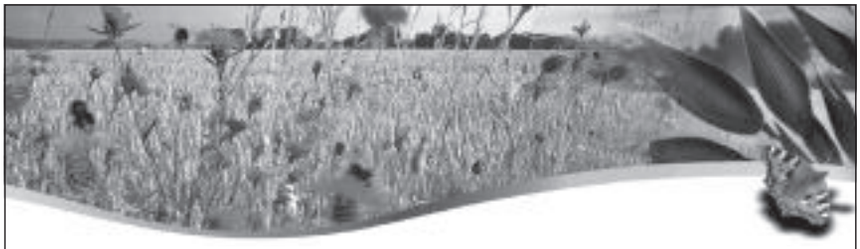

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Jordans operates a 5 day 3 Shift Pattern. 40 hours per week. £7.77 - £9.16 per hour, plus shift premium of either 20% or 30%. Double Days and Permanent Nights are available.

Closing date: 28th July 2008

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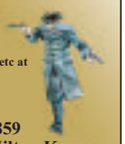

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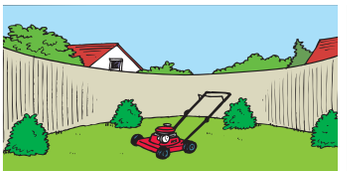

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P Public Notices

I, RAJARATNAM SUPASKARAN on 7th July 2008 is applying for the retail sale of alcohol for Stoney Food & Wine, 6 The Parade, Wolverton Road, Stony Stratford, Milton Keynes, Bucks MK11 1DD. Sale of alcohol for consumption off the premises 08.00am to 11.00pm, 7 days a week.
Any person wishing to make representation in relation to this application may do so by writing to The Licensing Team, Milton Keynes Council, Environment Directorate, P.O. Box 105, Civic Offices, 1 Saxon Gate East, Milton Keynes, MK9 3HH - website: www.milton-keynes.gov.uk.
Representations may be made for 28 consecutive days from the date of this notice - 4th August 2008.
A copy of the application can be inspected at The LIcensing Authority at the above address Monday to Thursday 9am to 5pm and 9am to 4.45pm on Fridays except Bank Holidays.
It is an offence knowingly or recklessly to make a false statement in connection with an application . The maximum fine for which a person is liable on summary conviction is a level 5 fine (£5,000) on the standard scale.

I, NADARAJAH PIRADEEPAN on 7th July 2008 is applying for the retail sale of alcohol for Bletchley Food & Wine, 169 Water Eaton Road, Milton Keynes, Bucks MK2 3AG. Sale of alcohol for consumption off the premises 07.00am to 10.00pm, 7 days a week.
Any person wishing to make representation in relation to this application may do so by writing to The Licensing Team, Milton Keynes Council, Environment Directorate, P.O. Box 105, Civic Offices, 1 Saxon Gate East, Milton Keynes, MK9 3HH - website: www.milton-keynes.gov.uk.
Representations may be made for 28 consecutive days from the date of this notice - 4th August 2008.
A copy of the application can be inspected at The LIcensing Authority at the above address Monday to Thursday 9am to 5pm and 9am to 4.45pm on Fridays except Bank Holidays.
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HIGHWAYS AGENCY

HIGHWAYS AGENCY
ROAD TRAFFIC REGULATION ACT 1984 – SECTION 14(1)(a)
THE A5 TRUNK ROAD (A4146 BLETCHAM WAY, CALDECOTE, MILTON KEYNES) (TEMPORARY PROHIBITION OF TRAFFIC) ORDER 200

NOTICE IS HEREBY GIVEN that the Secretary of State for transport intends to make an Order on the A5 Trunk Road in the Borough of Milton Keynes to allow for carriageway repair works to the A4146, undertaken by Milton Keynes Council, to be carried out in safety.

It is expected that the works would take place over one week starting at 7.30am on or after Sunday 10 August 2008. The Order would come into force on 4 August 2008 and have a maximum duration of eighteen months.

The effect of the Order would be to close the A5 northbound and southbound exit and entry slip roads leading to and from the A4146 Bletcham Way, Caldecote (H10).

Diversion routes would be in operation during the works periods. Should you require further information regarding these diversion routes please contact Andy Shilliday at the Highways Agency at the address below.

The slip road closures (which would not to apply emergency service vehicles) and diversion routes would be clearly signposted throughout the duration of the works.

MRS J C GLASSON
An official of the Highways Agency

General enquiries relating to this notice may be made in writing to Mr Andy Shilliday at the Highways Agency, Woodlands, Manton Lane, Bedford MK41 7LW or by telephoning 01234 796197.

P Public Notices

HIGHWAYS AGENCY

HIGHWAYS AGENCY
ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14(1)(a) AND (7)
THE M1 MOTORWAY (JUNCTION 14, MILTON KEYNES) (TEMPORARY RESTRICTION AND PROHIBITION OF TRAFFIC) ORDER 200

NOTICE IS HEREBY GIVEN that the Secretary of State for Transport intends to make an Order made on the M1 Motorway in the Borough of Milton Keynes to allow for improvement works to continue at Junction 14, which commenced in February 2007.

The Order would come into force on 5 August 2008 and have a maximum duration of eighteen months.

The effect of the Order would be to –

(a) impose a 40 miles per hour speed limit, in conjunction with lane closures and hard shoulder running on the M1 northbound and southbound entry and exit slip roads at Junction 14 for 24 hours daily during the works; and

(b) impose a 50 miles per hour speed limit, in conjunction with lane closures, on the M1 southbound carriageway between the exit and entry slip roads at Junction 14, and

(c) close the slip roads described at (a) above,

overnight only, between the hours of -

- 9.30pm and 5.30am Mondays to Thursdays
- 10pm Fridays and 8am Saturdays,
- 8pm Saturdays and 10am Sundays, and 8pm Sundays and 5.30am Mondays.

Diversion routes would be in operation during the closures. Should you require further information regarding the diversion routes please contact the Highways Agency at the address given below.

The temporary mandatory speed restrictions (which would not apply to emergency service vehicles) lane closures, slip road closures and hard shoulder running (which would not apply to emergency service, works or winter maintenance vehicles) and diversion routes would be clearly signposted for the duration of the works.

MRS J C GLASSON
An official of the Highways Agency

General Enquiries relating to this notice may be made in writing to Keith Hutchinson at the Highways Agency, Woodlands, Manton Lane, Manton Industrial Estate, Bedford MK41 4LW or by telephoning 01234 796510.

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NOTICE IS HEREBY GIVEN pursuant to Section 98 of the Insolvency Act 1986 that a Meeting of the Creditors of the above Company will be held at Holiday Inn Milton Keynes, East M1, Jct 14, London Road, Newport Pagnell MK16 0JA on 31 July 2008 at 1.30pm for the purposes mentioned in Sections 99, 100 and 101 of the said Act.

Pursuant to section 98(2) of the Act, Jonathan Guy Lord, Bridgestones, 125/127 Union Street, Oldham OL1 1TE, will during the period before the day on which the meeting is held, furnish Creditors, free of charge, with such information as they may reasonably require.

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VERY petite blonde, pretty blue eyes, seeks muscular he man for much needed TLC. **Tel No: 0906 199 8100 Box No: 321344**

CHRISTIAN female, 47, single mum, size 10, blonde hair, green eyes, likes meals out, theatre, seeks male for friendship, maybe more. **Tel No: 0906 199 8100 Box No: 326460**

MELANIE 44, single mum, easygoing, likes meals out, walks, cinema, bowling, seeks male for friendship, maybe more. **Tel No: 0906 199 8100 Box No: 318410** 📷

38YR old fun loving Leo, likes meals out, cinema, travel, walks, seeks male for friendship, maybe more. **Tel No: 0906 199 8100 Box No: 310774**

40'S female, slim, fair hair, blue eyes, GSOH, likes motor bikes, seeks male for friendship, maybe more. **Tel No: 0906 199 8100 Box No: 317168**

ATTRACTIVE independent female, 55, blonde, 5ft 8ins, caring, kind, seeks genuine male for friendship/relationship. **Tel No: 0906 199 8100 Box No: 308182**

ROCK chic, young 45, seeks similar funky guy for fun and good times. Tel No: 0906 199 8100 Box No: 321364

ATTRACTIVE 69yr old widow, 5ft 5ins, plump, attractive, well spoken, likes most things, seeks male for companionship. **Tel No: 0906 199 8100 Box No: 309882**

PROFESSIONAL lady, 59, likes music, reading, walks, meals out, seeks nice, loving, N/S male for LTR. **Tel No: 0906 199 8100 Box No: 308434**

HONEST sincere, romantic 43yr old female, GSOH, attractive, 5ft 6ins, blonde hair, size 16, seeks similar male for LTR. **Tel No: 0906 199 8100 Box No: 307180**

YASMINE 29, Cuban, size 16, seeks male, 25-50 for fun, friendship, maybe more. **Tel No: 0906 199 8100 Box No: 305342**

70'S widow, lonely, medium build, likes cooking, gardening, holidays, nights out, seeks gent in his 70's with car to share life with. **Tel No: 0906 199 8100 Box No: 306492**

BUSTY and beautiful, fun female, 31, seeks broadminded, seductive male to share intimate evenings with. **Tel No: 0906 199 8100 Box No: 321862**

ATTRACTIVE 42yr old blonde female, likes keep fit, interior design, meals out, seeks attractive, slim male for friendship, maybe more. **Tel No: 0906 199 8100 Box No: 263661**

35YR old single mum, black, seeks male, 43-47 for friendship, maybe more. **Tel No: 0906 199 8100 Box No: 302078**

FEMALE 46, N/S, attractive, seeks genuine, honest male up to 52 to enjoy life with. **Tel No: 0906 199 8100 Box No: 299302**

SLIM female, 57, blonde, likes walks, meals out, seeks caring, genuine male with GSOH for friendship, maybe more. **Tel No: 0906 199 8100 Box No: 298158**

HELEN 38, blonde hair, blue eyes, nice smile, varied interests, seeks male, 30-50 to share good times with. **Tel No: 0906 199 8100 Box No: 295212**

ATTRACTIVE lady 49, warm, loving, likes nights out, cuddles, seeks kind, loving male for happy relationship. **Tel No: 0906 199 8100 Box No: 263451**

BLONDE widow, 70, smart, caring, seeks gentleman for kisses, cuddles, meals out, maybe more. **Tel No: 0906 199 8100 Box No: 248208**

IMAGINATIVE widow, many interests WLTM compatible male who's up for a challenge. **Tel No: 0906 199 8100 Box No: 321984**

GENTLEMAN partner required to escort attractive, bubbly female to formal ball, young 54yr old could lead to friendship or more. **Tel No: 0906 199 8100 Box No: 260545** 📷

SARAH 45, black, professional, curvy, likes countryside, cinema, theatre, travel, seeks sincere, mature male for LTR. **Tel No: 0906 199 8100 Box No: 288410**

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GENTLEMAN partner required to escort attractive, bubbly female to formal ball, young 54yr old could lead to friendship or more. **Tel No: 0911 374 0222 Box No: 260545**

SARAH 45, black, professional, curvy, likes countryside, cinema, theatre, travel, seeks sincere, mature male for LTR. **Tel No: 0911 374 0222 Box No: 288410**

ATTRACTIVE petite, 61yr old female, likes pubs, cinema, walks, seeks caring male, 55-65 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 288282**

ATTRACTIVE blonde, early 40's, seeks funny, romantic, caring male, 38-48 to make her laugh and her day shine again. **Tel No: 0911 374 0222 Box No: 287388**

FUN loving petite blonde, loves nights out, but would prefer intimate nights in with a special mate. **Tel no: 0911 374 0222 Box No: 321974**

FEMALE 40's, honest, genuine, loving, shy, seeks similar guy for nice times and company. **Tel No: 0911 374 0222 Box No: 282512**

ATTRACTIVE genuine, 40yr old lady, GSOH, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 263026**

SAM 35, black hair, green eyes, curvy, likes sport, meals out, red wine, seeks similar/older male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 228373**

FEMALE 51, 5ft 3ins, medium build, brown eyes, smoker, seeks romantic male with GSOH. **Tel No: 0911 374 0222 Box No: 276576**

FEMALE 34, blonde hair, blue eyes, seeks male, 35-40 for love and romance. **Tel No: 0911 374 0222 Box No: 271646**

SEXY black lady, seeks male, any age for romance. **Tel No: 0911 374 0222 Box No: 263846**

FEMININE slim but curvy professional blonde seeking tall, easygoing fun guy for less work and more play. **Tel No: 0911 374 0222 Box No: 321992**

PROFESSIONAL female, 42, no ties, seeks similar male for friendship/companionship. **Tel No: 0911 374 0222 Box No: 262280**

ATTRACTIVE lady, 49, blonde hair, blue eyes, medium build, genuine, affectionate, GSOH, seeks warm hearted male for loving relationship. **Tel No: 0911 374 0222 Box No: 251238**

ATTRACTIVE petite single mum, 37, seeks intelligent, handsome, caring male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 259271**

ATTRACTIVE slim female, blonde, mid 40's, seeks attractive male with GSOH to look after and pamper. **Tel No: 0911 374 0222 Box No: 257879**

BEAUTY and brains! 44yr old attractive, ambitious female, seeks kind, caring guy to share life with. **Tel No: 0911 374 0222 Box No: 257085**

BUSTY brunette 25, single mum, likes music, comedy, films, seeks male, 28-40 for new adventures and LTR. **Tel No: 0911 374 0222 Box No: 256518**

GEORGIANA 60, widow, active, 5ft 4ins, slim, likes sports, music, meals out, walks, seeks gent, 67-74 with GSOH and similar interests. **Tel No: 0911 374 0222 Box No: 255405**

KIND caring female, 49, attractive, medium build, fun, affectionate, many interests, seeks loving male. **Tel No: 0911 374 0222 Box No: 239911**

ROSE 52, 5ft 4ins, Caribbean origin, likes nights in, conversation, TV, seeks tall male, 50's for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 269034**

63YR old female, likes walks, gardening, cinema, cooking, seeks similar aged male to share time with. **Tel No: 0911 374 0222 Box No: 246816**

FEMALE 29, seeks male, 30-45 for fun times. **Tel No: 0911 374 0222 Box No: 233352**

MIKHAILA 43, 5ft 7ins, brown hair/eyes, buxom, likes reading, films, animals, seeks male with similar interests for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 313036**

31YR old female, brown hair, blue eyes, curvy, likes most things, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 231706**

FEMALE 25, lively, talkative, confident, likes gigs, meals out, pubs, days out, seeks male, 24-32 for friendship. **Tel No: 0911 374 0222 Box No: 322268**

ATTRACTIVE female, black/African origin, tall, genuine, fun, seeks male, 38-55 for love and friendship. **Tel No: 0911 374 0222 Box No: 322144**

HONEST caring, attractive female, 37, black, 5ft 2ins, likes nights in/out, seeks similar male, 37-45 for LTR. **Tel No: 0911 374 0222 Box No: 320296**

FEMALE seeks presentable male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 246355**

57YR widow, 5ft, blonde, N/S seeks romantic, trusting, N/S male. **Tel No: 0911 374 0222 Box No: 243583**

FUN loving 51yr old female, seeks tall, sincere male, 47-60 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 316910**

54YR old lady, likes simple things, seeks loving, caring male, 50-55 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 315380**

FEMALE young 60's, 5ft 6ins, attractive, blond, blue eyes, medium build, cuddly, warm, loving, N/S, GSOH, seeks loving, caring male, 50's-60's for friendship/relationship. **Tel No: 0911 374 0222 Box No: 314752**

FEMALE late 40's, slim, brown eyes, 5ft 5ins, seeks fun loving, slim gent with GSOH, full head of hair for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 312602**

SINGLE mum, 38, 5ft 8ins, smoker, GSOH likes tattoos, seeks male, 39-45 for LTR. **Tel No: 0911 374 0222 Box No: 311450**

40YR old nice lady, N/S, GSOH, likes pubs, meals out, seeks genuine, kind, caring male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 309610**

SINCERE female, attractive, young 60's, N/S, GSOH, varied interests, seeks similar gent, 50-60's for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 306952**

STEPH 49, attractive, 5ft 9ins, N/S, GSOH, varied interests, easygoing, seeks 6ft male, 43-51 for fun, laughter, maybe more. **Tel No: 0911 374 0222 Box No: 298732**

42YR old black female, divorced, 5ft 8ins, seeks outgoing, caring male, 45-50 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 295650**

21YR old female, seeks male for fun times, maybe more. **Tel No: 0911 374 0222 Box No: 293312**

36YR old divorced female, GSOH, likes motor bikes, clubs, meals out, seeks male, 29-59 for romance and relationship. **Tel No: 0911 374 0222 Box No: 293228**

24YR old easygoing female, seeks male with similar interests. **Tel No: 0911 374 0222 Box No: 237939**

FEMALE seeks male to love her. **Tel No: 0911 374 0222 Box No: 237517**

25YR old African female, 5ft 3ins, likes meals out, music, travel, seeks similar male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 287210**

CAROL 47, attractive, slim, GSOH, likes good food/wine, nights in/out, seeks attractive male, 40-50 with similar interests. **Tel No: 0911 374 0222 Box No: 286336**

32YR old single mum, seeks male, 28-34 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 285374**

ATTRACTIVE Asian female, 26, single mum, likes nights in/out, shopping, seeks genuine male for love and commitment. **Tel No: 0911 374 0222 Box No: 284192**

EASYGOING 40 something, only admit to being 37, no dependants, looking to try new things. **Tel No: 0911 374 0222 Box No: 221747**

ATTRACTIVE single lady, 41, seeks genuine male, 38-48, for genuine friendship and LTR. **Tel No: 0911 374 0222 Box No: 236066**

MATURE black female, 48, seeks intelligent, mature English gent for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 282880**

63YR old divorced female, 5ft 7ins, likes cooking, music, meals out, seeks honest, caring male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 281828**

20YR old female, 5ft 6ins, black, attractive, GSOH, sincere, seeks fun, white male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 279460**

BLONDE confident, attractive, early 50's N/S female, likes music, outdoors, cooking, WLTM honest, down to earth male, 50-65 for good times. **Tel No: 0911 374 0222 Box No: 226953**

CAROLE 45, divorced, N/S, brunette, slim-medium build, likes countryside, cinema, theatre, seeks male, 40-53 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 277630**

SINGLE mum, 34, 5ft 2ins, medium build, loyal, caring, considerate, honest, likes country walks, seeks similar male, 34-45 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 270122**

ATTRACTIVE 45yr old female, 5ft 5ins, seeks tall male, 45-52 with GSOH for friendship, possible romance. **Tel No: 0911 374 0222 Box No: 263361**

MEL Afro Caribbean, 30, slim, petite, laidback, likes meals out, gym, seeks professional, white male, 30-40 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 263021**

KIND sweet 22yr old lass who enjoys drinking, socialising and having a good time, seeks similar guy! **Tel No: 0911 374 0222 Box No: 243778**

45YR old female, 5ft 6ins, slim, blonde hair, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 236248**

KIRSTY 26, gun loving, bubbly, seeks similar male for fun and friendship, maybe more. **Tel No: 0911 374 0222 Box No: 262349**

FEMALE seeks fun loving male for romantic times and nights out. **Tel No: 0911 374 0222 Box No: 261267**

JANE 47, petite, brunette, smoker, many interests, seeks kind, loving, caring, solvent, handsome male, 40-55 with GSOH. **Tel No: 0911 374 0222 Box No: 261122**

FEMALE 36, 5ft 5ins, likes socialising, nights in/out, walks, seeks genuine, honest, caring male, 35-42 for LTR. **Tel No: 0911 374 0222 Box No: 260679**

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SYLVIA 52, divorced, 5ft 6ins, medium build, brown hair, seeks similar aged, loving, affectionate, honest, trustworthy guy for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 259183**

YOUTHFUL 59yr old female, tall, slim, fit, active, seeks likeminded, caring male to share life with. **Tel No: 0911 374 0222 Box No: 258235**

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RICK 26, N/S, likes nights out, pubs, seeks female no strings fun times. **Tel No: 0911 374 0222 Box No: 325302**

MALE 38, likes outdoor life, seeks country girl, 29-43. **Tel No: 0911 374 0222 Box No: 325016**

MALE 57, N/S, solvent, own home, seeks female, 45-60 for fun times. **Tel No: 0911 374 0222 Box No: 326478**

DIVORCED dad, 48, honest, romantic, passionate, likes camping, motor bikes, rallies, meals out, seeks female for loving relationship. Single mum welcome. **Tel No: 0911 374 0222 Box No: 314194**

47YR old biker, divorced, faithful, honest, romantic, passionate, likes nights in/out, cuddles, films, seeks female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 310588**

ATTRACTIVE male nurse, 38, 6ft 1ins, strong, medium build, honest, loving, seeks family minded female for LTR. Age/build unimportant. **Tel No: 0911 374 0222 Box No: 309930**

ROD 65, N/S, 6ft, brown eyes, OHAC, likes gardening, football, walks, theatre, meals out, holidays, seeks N/S lady, 60 plus for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 307532**

BEN 39, 5ft 11ins, brown eyes, self employed, seeks female/soul mate. **Tel No: 0911 374 0222 Box No: 305564**

ATTRACTIVE 45yr old male, 5ft 9ins, seeks gorgeous female, 35-45 with GSOH for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 246937**

DIVORCED male, 50, slim, N/S, likes music, countryside, travel, seeks down to earth female, 25-45 for friendship/LTR. **Tel No: 0911 374 0222 Box No: 324710**

MALE 33, 5ft 10ins, medium build, brown eyes, dark hair, trustworthy, honest, seeks elegant, mature female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 310324**

MARK 48, widow, 6ft 4ins, likes reading, walks, music, seeks female, 38-48 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 304310**

RICHARD 64, widower, 6ft, medium build, clean shaven, outgoing, trustworthy, reliable, seeks female, 55-65 for LTR. **Tel No: 0911 374 0222 Box No: 285436**

HANDSOME divorced, 6ft male, 60, medium build, GSOH, N/S, easy-going, seeks female, 45-60 for fun, laughter, maybe more. **Tel No: 0911 374 0222 Box No: 259351**

59YR old male, divorced, solvent, retired, likes gardening, walks, nights in, seeks honest female of similar age for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 258030**

5FT 11ins, slim male, brown hair, green eyes, GSOH, seeks similar female. **Tel No: 0911 374 0222 Box No: 251515**

MALE 45, likes meals out, nights in, sports, seeks female with similar interests for good times. **Tel No: 0911 374 0222 Box No: 264744**

36YR old black male, 6ft, good looking, professional, seeks female for fun times, maybe more. **Tel No: 0911 374 0222 Box No: 254456**

FED up single dad, OHAC, slim, 5ft 11ins, seeks female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 251807**

MALE 39, 5ft 11ins, blue eyes, handsome, kind, considerate, seeks female for love and romance. Single mum welcome. **Tel No: 0911 374 0222 Box No: 245223**

MALE 57, smoker, seeks female companion for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 322458**

ADAM 33, single dad, likes nights in/out, music, pubs, clubs, seeks female, 25-40 for love and romance. **Tel No: 0911 374 0222 Box No: 322226**

MALE 40, 5ft 9ins, medium build, blue eyes, blond hair, genuine, trustworthy, seeks female, 30-48 for romance and TLC. **Tel No: 0911 374 0222 Box No: 321490**

YOUNG looking 52yr old male, N/S, genuine and loving, seeks a special female for friendship and more. **Tel No: 0911 374 0222 Box No: 309634**

ATTRACTIVE caring, N/S male, 48, 6ft 4ins, slim, brown hair, likes life, seeks special female, similar age for friendship/loving relationship. **Tel No: 0911 374 0222 Box No: 298288**

EASYGOING male, down to earth, 59, romantic, 5ft 8ins, slim, attractive, seeks similar female. **Tel No: 0911 374 0222 Box No: 320964**

47YR old male, 5ft 10ins, medium build, likes countryside, walks, coast, seeks honest female up to 50 for fun and friendship, maybe more. **Tel No: 0911 374 0222 Box No: 320712**

MALE no ties, likes holidays, conversation, seeks attractive, presentable, caring lady to enjoy life with. **Tel No: 0911 374 0222 Box No: 320520**

PAUL 36, 5ft 9ins, large build, attractive, likes pubs, walks, seeks older female, 35-60 for fun times. **Tel No: 0911 374 0222 Box No: 320368**

MALE 6ft 2ins, GSOH, shy, seeks happy, honest female, 38-48 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 320336**

TERRY 27, likes nights out, socialising, pubs, walks, cycling, seeks similar female. **Tel No: 0911 374 0222 Box No: 320260**

STEVE 33, likes music, gigs, cinema, sports, days out, travel, seeks female with similar interests for good times. **Tel No: 0911 374 0222 Box No: 317872**

GENUINE easygoing male, 44, brown hair, 5ft 11ins, slim, likes socialising, sports, seeks female, 35-45 for fun, friendship, maybe more. **Tel No: 0911 374 0222 Box No: 296732**

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MK MOTORING

Plenty of car and kit for a fair price

Chevrolet's supermini for the masses is a departure from the usual Korean fare

I MUST admit that I wasn't hugely overwhelmed at the prospect of a loan Chevrolet Aveo for a week.

To whit, my preconceptions were that it would be slow, ugly, cheaply finished and that my friends would snigger at me.

Although a few press pictures had done the rounds of the office, there was no way the Aveo could look as good in the metal as a mainstream supermini like a Ford Fiesta, a Citroen C3 or a Skoda Fabia.

When it arrived I had to spend a good few minutes eating a fortifying combination of hat and humble pie.

It's nothing like as exciting inside as it is to look at from the exterior but then this is a car that sits very much at the affordable end of the supermini spectrum.

Chevrolet has specified and trimmed the interior wisely, giving it a sensible equipment count, fairly decent materials and as much space and versatility as the design constraints allow.

It's not the biggest car in its sector, but the compact torsion beam rear suspension means that there's plenty of useable room in the back.

The driving position will feel very familiar to people who have owned a Daewoo or Chevrolet Kalos in the past - which should help dealers in getting customers to trade up.

The foolproof handling and ride feel much the same too and the steering is still very light, angled towards shoppers rather than enthusiasts. There's a choice of either 1.2 or 1.4-litre petrol engines.

Prices start at below £8,000, allowing Chevrolet to substantially undercut many of its mainstream rivals.

With two engines and three and five door body styles to choose from, Aveo customers also benefit from a decent level of standard kit.

'Plenty of car and equipment for a fair price' is part of Chevrolet's corporate philosophy and the entry-level Aveo adheres to that maxim with driver and passenger airbags, an MP3-compatible CD stereo and wipers with intermittent facility.

Plusher trim levels add tinted glass and electric front windows.

Options include 15-inch aluminium wheels, leather trim for the steering wheel and gear knob, an onboard computer, steering wheel-mounted audio controls and automatic climate control.

The Aveo campaigns on the basis of solid value for money, so it's no great surprise to hear that running costs are screwed tightly down.

It might surprise you that there's no diesel model, given that the GM group has some great diesel engines at its disposal, but it would be tough to make the additional cost of a diesel version worthwhile to the typically hard-headed Aveo customer.

As it stands, the 1.2-litre model will return 51.7mpg which is good and emit 132g/km of carbon dioxide.

The 1.4-litre variant, on the other hand, sups at a rate of 44.4mpg with CO2 emissions of 142g/km.

Contrary to my initial suspicions, the Chevrolet Aveo is a very likeable car.

True, its image isn't up there with the class best, but the engines, the styling and the equipment give little cause for complaint.

Even some particularly badge conscious friends were rather impressed when I rolled up in one.

And, as I reflected driving away, if serial label freaks like them could be impressed by the Aveo, there's hope for the rest of us.

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HONDA CIVIC TYPE S

Type-S for space-age

There's a tradition when designing a new compact hatchback to have both a three-door and a five-door version. The former will look sportier and be targeted at drivers without children, the latter will be more practical and aimed at families, but generally they both drive the same.

When developing the new Civic, Honda wanted to break that convention. Both five and three-door body styles are still available, but they are a world away from each other. To Honda, fewer doors doesn't just mean less practicality.

There are two distinct models in the three-door Civic range and the most popular is the Type S. It stands for Sporty, but this car hasn't just got a few extra bits of body kit. Dynamically, it's been engineered to offer a more performance-oriented driving experience than the five-door vehicle. While the flagship three-door is the Type R – for Racing – and is very definitely a 'hot hatch', think of the Type S as a 'warm' one. But the great thing is that these two models are visually identical apart from the colour of body kit.

Owning a Honda is all about choice, and the Civic Type S comes with two modern and efficient engines. The petrol unit is a 1.8-litre i-VTEC developing 140PS. It can hit 62mph in 8.9 seconds and has a top speed of 127mph. Yet it's extremely fuel-efficient and returns 42.8mpg. Amazingly, it's still only in Group 9 for insurance.

The diesel is Honda's acclaimed 2.2-litre i-CDTi, which also offers 140PS and posts performance figures of 8.6 seconds and 127mph. It's a Group 10 car but offers exceptional fuel economy of 54.3mpg. The standard gearbox linked to both engines is a six-speed manual unit, but the 1.8 is available with an i-SHIFT automated manual selector.

Whichever engine you choose, driving the Civic Type S is a unique experience. The chassis, suspension and steering weight and feel have been precision-tuned to offer a sporty drive with maximum comfort.

Of course, the Type S comes with the high level of standard features you normally associate with a Honda. Automatic air-conditioning, 17-inch alloys, a leather steering wheel and six airbags are on every car. And if you opt for the additional GT trim you get a panoramic glass sunroof, cruise control, front fog lamps and electric folding door mirrors. The stylish interior has been designed so the key switches and controls are at a height where the driver has to take his or her eyes off the road for the absolute minimum time. And if supporting Britain is important to you, you needn't worry with the Type S. Like all Civics sold here, it's made at Honda's state-of-the-art factory in Swindon.

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Fuel consumption figures for the Civic 1.8 EX manual in mpg (l/100km): Urban 33.6 (8.4), Extra Urban 51.4 (5.5), Combined 42.8 (6.6), CO2 156g/km. Terms and Conditions: Offers are valid from 1st July 2008 until 29th September 2008. Offers applicable at participating dealers and is at the promoters' absolute discretion. Subject to model and colour availability. Indemnities may be required in certain circumstances. Finance is only available to persons aged 18 or over subject to status. All figures are correct at time of publication but may be subject to change. Credit provided by Honda Finance Europe Plc. 470 London Rd, Slough, Berkshire SL3 8QY.

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45,000 miles with F/S/H. Silver with navy blue half leather Interior, air conditioning, electric windows, electric mirrors, CD player onboard computer remote central locking, alloy wheels, excellent condition with 12 months MOT, 12 warranty 2/3 years optional. **£4,995**

SAAB 9-5 2.3 Aero Hot Turbo Automatic 2002 Private Plate.
114,000 Miles, F/S/H, **LPG GAS CONVERSION**, Silver with black leather interior, Air Conditioning, Electric Windows, Electric Mirrors, Alloys, Electric Heated Seats, Remote Central Locking, CD Excellent Condition previously sold by ourselves. 12 months MOT, warranty available. **£4,995**

BMW 325i convertible 1994 (L) Reg.
Two owners F/S/H, 92,000 Miles, White with navy blue leather interior, electric hood, electric windows, electric mirrors, alloys, CD, remote central locking, alarm, very good condition. 12 months MOT, 9 months tax. **£3,995**

DIESELS

Jaguar X Type (Euro 4) 2.2 Diesel Sport 5dr Estate 2006 (56) Reg.
43,000 miles, F/S/H, Silver with black leather interior, air conditioning, electric windows, electric mirrors, alloys, CD, remote central locking. Immaculate Condition, Warranty till Sept '09. **£14,995**

Land Rover Discovery 2.5 TD5 Metropolis S/Edition, automatic 7 Seater 2003 (03) Reg.
2 Owners, 62,000 miles, F/S/H, Black with black leather interior, Sat Nav S/Steps, Remote Central Locking, Air conditioning, Electric Heated seats twin Electric sun roofs, Alloys, Electric windows, electric mirrors, CD, parking sensors, excellent condition, 12 months MOT, 12 months warranty 2/3 years optional. **£12,995**

Volkswagen Golf 2.0 GTI TDI 3dr Hatchback 2005 (05) Reg.
2 Owners 52,000 miles, F/S/H. Silver with black interior, air conditioning, alloys, electric windows, electric mirrors, remote central locking, CD. Excellent condition, 12 months MOT and 12 months Warranty 2/3 years optional. **£10,995**

Saab 9-3 1.9 TID Vector (150) BHP 4dr Saloon 2006 (56) Reg.
48,000 miles. F/S/H. Silver with grey leather beige interior. Air conditioning, cruise control, electric windows, electric mirrors, remote central locking, Sport seats, CD, alloy wheels. Immaculate condition. Warranty till October 2009. **£10,995**

Audi A4 1.9 TDI 130 BHP SE 6speed Saloon 2004 (54) Reg.
1 Owner. 70,000 miles. F/S/H. Atlas Grey with grey interior. Air conditioning, electric windows, electric mirrors, remote central locking, CD and alloy wheels. Excellent condition. 12 Months MOT, 12 months warranty 2/3 years optional. **NOW £10,995**

KIA Sedona 2.9 Turbo Diesel L 7 Seater 2004 (04) Reg.
2 Owners 42,000 Miles and F/S/H, Metallic Blue with grey interior, air conditioning, electric windows, electric mirrors, remote central locking, DVD. Excellent Condition, 12 months MOT, 12 months Warranty 2/3 years optional. **SOLD**

Jaguar X Type 2.0 Diesel SE Saloon 2005 (54)Reg.
One owner 58,000 Miles, F/S/H. Ebony Black with black leather interior, air conditioning, cruise control, electric windows, electric mirrors, electric seats, Rear parking sensors, CD6, excellent condition. 12 months MOT, 12 months warranty 2/3 years optional. **£8,995**

Jaguar X Type 2.0 Diesel SE (Euro 4) Saloon 2004 (04)Reg.
One owner 82,000 Miles, F/S/H. Topaz Metallic with cream leather interior, air conditioning, electric windows, electric mirrors, alloys, CD6, cruise control, rain sensor wipers, M/F/S wheel, rear parking sensors, Excellent condition. 12 months MOT, 12 months warranty 2/3 years optional. **£6,995**

Ford Focus 1.8 TDCI Ghia 5dr hatchback 2003 (03) Reg.
2 Owners 79,000 miles and F/S/H. Ice Blue Metallic with grey interior. Air conditioning, electric windows, electric mirrors, central locking, alloy wheels. Excellent condition, 12 months MOT, 12 months Warranty 2/3 years optional. **£5,995**

Vauxhall Corsa 1.7 Diesel Club 5dr Hatchback 2002 (52) Reg.
2 Owners with 40,000 miles and F/S/H, Spearmint Blue Metallic with grey interior, electric windows, power steering, radio cassette, remote central locking. Excellent condition 12 months MOT and 12 months Warranty 2/3 years optional **£3,995**

SALOONS & HATCHBACKS

Mazda 6 1.8 Saloon 2004 (04) Reg.
1 Owner with 60,000 miles, F/S/H. Silver with grey interior. Air conditioning, electric windows, electric mirrors, remote central locking, CD player and alloys wheels. Excellent condition, 12 months MOT, 12 months Warranty 2/3 years optional. **£6,995**

Peugeot 206 1.4 SE 3dr hatchback 2003 (03) Reg (NEW MODEL).
25,000 miles with F/S/H. Black with navy suede interior, digital air conditioning, electric windows, electric mirrors, auto headlamps function, CD player, remote central locking. Excellent condition with 12 months MOT, 12 months warranty 2/3 optional. **SOLD**

Vauxhall Omega 2.0 GLS Automatic 2000 (W) Reg.
44,000 Miles with F/S/H. Dark Red with grey interior, air conditioning, electric windows, electric mirrors, CD player, remote central locking, alloy wheels, excellent condition with 12 months MOT and 12 months warranty 2/3 years warranty optional. **£2995**

Ford Mondeo 2.0 Zetec 5dr HATCH 2001 (Y) Reg (NEW SHAPE).
2 owners 102,000 miles with F/S/H. Silver with black interior, air conditioning, electric windows, electric mirrors, and remote central locking, CD player, and alloy wheels. Very good condition 12 months MOT. **£1,795**

Renault Clio 1.2 Dynamic RN, 3dr Hatchback 1999 (V) Reg.
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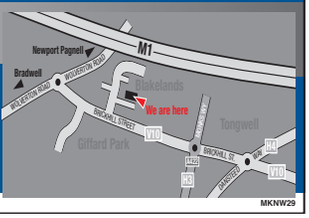

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07 307 1.6 S 5DR Iron Grey CD,PAS,EW 13,500 Mls	£7,895	£900	£8,795
56 307 1.6S HDI 90 SDR Black CD,PAS, A/Con,Alloys,CL,EM,EW 15,176 Mls	£7,995	£1,000	£8,995
07 307 1.6 HDI 90 Iron Grey CD,PAS, A/Con,Alloys,CL,EM,EW 14,854 Mls	£8,295	£1,500	£9,795
57 207 1.4 VTi 5DR Diablo Red CD, PAS,A/Con,CL,EW 4,445 Mls	£8,295	£200	£8,495
06 MONDEO 2.0 LX TDCI DSL 5DR Silver CD,PAS,A/Con,CL,EW	£8,495	£2,500	£10,995
55 FREELANDER 2.0 FREESTYLE Blue CD, PAS,A/Con,CL,EW 25,000 Mls	£8,495	£2,000	£10,495
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07 FOCUS 1.6 STYLE AUTO 5DR Black CD,PAS,A/Con,CL,EW,EM 11,554 Mls	£8,495	£500	£8,995
07 307 1.6S HDI 90 Silver CD,PAS, A/Con,Alloys,CL,EM,EW 14,939 Mls	£8,495	£1,500	£9,995
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56 FOCUS 1.8 TITANIUM 5DR Aquarius CD,PAS,A/Con,Alloys,CL,EM,EW, 12,062 Mls	£9,095	£400	£9,495
03 GALAXY 1.9 ZETEC TDI Silver CD, PAS,Alloys,CL,EM,EW 52,563 Mls	£9,595	£200	£9,795
07 MONDEO 2.0 TDCI EDGE 5SL 5DR Blue CD,PAS,A/Con,EW 9,500 Mls	£9,795	£3,000	£12,795
06 407 2.0 EXEC HDI 4DR Grey CD,PAS, A/Con,Alloys,CL,EM 42,000 Mls	£9,995	£2,300	£12,295
07 307 1.6 SPORT HDI Silver CD,PAS, A/Con,Alloys,CL,EW, 13,245 Mls	£9,995	£1,300	£11,295
07 VECTRA 1.9DIESEL AUTO Star Silver CD,PAS,CL,EM,EW 17,500 Mls	£9,995	£1,000	£10,995
06 407 2.0 HDI SE SW Silver CD,PAS, A/Con,CL,EW 23,068 Mls	£10,295	£700	£10,995
56 MONDEO 2.0 TITANIUM Silver CD, PAS,A/Con,Alloys,CL,EW 14,073 Mls	£10,295	£3,000	£13,295
06 407 2.0 HDI DIESEL 136 Silver CD,PAS,A/Con,CL,EW,EM 12,885 Mls	£10,295	£700	£10,995
06 FOCUS 2.0 TITANIUM Silver CD, PAS,A/Con,Alloys,CL,EW 14,073 Mls	£10,295	£3,000	£13,295
06 407 2.0 HDI DIESEL 136 Silver CD,PAS,A/Con,CL,EW,EM 29,000 Mls	£10,295	£1,700	£11,995
07 407 2.0 HDI AUTO Blue CD,PAS,A/Con, Alloys,CL,EM,EW 11,347 Mls	£10,495	£1,300	£11,795
56 407 2.0 HDI SE LUX PACK Blue CD, PAS,A/Con,CL,EM,Leather 20,200 Mls	£10,795	£1,000	£11,795
56 307 1.6 HDI SE SALOON Black CD,PAS,A/Con,Alloys,CL,EW,EM 13,211 Mls	£10,795	£200	£10,995
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57 307 1.6 CC ALLURE Black CD,PAS, A/Con,CL,EW,Leather 2,212 Mls	£13,995	£1,000	£14,995
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57 207 CC 1.6 SPORT HDI 110 Neysha Blue 2,000 Mls	£14,495	£500	£14,995
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2002 (52) Audi A4 2.0 Se, 5 Dr, Topaz Blue, Aircon, Airbags, Remote Locking, Radio/CD, Electric Windows, 65,000 Miles £5,695
2001 (Y) Saab 9-3 2.0 T SE, Convertible, Blue, Electric Roof/Windows/Mirrors, Aircon, Airbags, Remote Locking £5,295
2004 (04) MG ZT 2.5 190, British Racing Green, Leather Trim, Alloy Wheels, Radio, Power Steering, Immobiliser/Alarm, 34,000 Miles ..... £ 4,995
2005 (05) Renault Laguna 1.9 Dci 120 Expression, Twilight Blue Metallic, Alloys, Radio/CD Player, 1 Owner, 60,000 Miles, Full Service History £4,895
2002 (52) Ford Focus 1.6 Chic 3 Door, Magnum Grey with full black sport leather, ST style Alloys, only group 5 insurance looks stunning £3,995
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2004 (54) Renault Grand Scenic 2.0, 5Dr, Silver, Alloy Wheels, Aircon, Airbags, Radio/CD, Remote Locking, Electric Windows & Mirrors ..... £ 4,995
2005 (05) Renault Laguna 1.9 Dci 120 Expression, Twilight Blue Metallic, Alloys, Radio/CD Player, 1 Owner, 60,000 Miles, Full Service History £4,895
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2003 (53) Vauxhall Vectra 1.8 SXi, 5 Dr, Grey, Aircon, Climate Control, Radio/CD Player, Alloy Wheels, Airbags, Full Service History £3,295
2003 (53) Ford Mondeo 1.8 LX, Silver, Aircon, Radio/CD Player, Remote Central locking, Power Steering, Airbags £3,495
2001 (Y) Vauxhall Omega 2.2 CDX Estate, Green, Aircon, Climate Control, **Automatic,** Remote Central Locking, Immobiliser, Alloys £2,595
2000 (V) Volkswagen Bora 2.0 SE, 5 Dr, Petrol, Blue, Power Steering, Aircon, Airbags, Immobiliser £2,295
2001 (Y) Kia Magentis 2.5 V6 LX, Burgundy, **Automatic,** Aircon, Alloy Wheels, Electric Windows/Mirrors, Remote Locking £1,695
2000 (X) Hyundai XG 30 3.0 V6 Automatic, Silver, Leather Interior, Alloy Wheels, Climate Control, Cruise Control, Airbags + Much More £1,495
2000 (W) Ford Mondeo 1.8 Zetec, Alloy Wheels, Aircon, Remote Central locking, Electric Windows, Stereo, Power Steering £1,295

DIESELS

2005 (55) Jaguar X-Type 2.0 Diesel Sport, Black, Black Leather, Alloy Wheels, Aircon, 89,000 Miles £7,995
2002 (02) Mercedes C220 CDi Sport Coupe, Silver, 3dr, Alloy Wheels, Aircon, Airbags, Remote Locking, Cruise Control, Radio/CD Player £6,495
2004 (54) Volvo V50 2.0D S, 5 Dr, Willow Green, Air Con, Alloy Wheels, Power Steering, Full Service History £5,995
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2002 (52) Ford Ranger Crew Cab Pickup, Diesel 4x4, Blue, Aircon, Alloy Wheels, Electric Windows, Central locking £4,995
2005 (05) Renault Laguna 1.9 Dci 120 Expression, Twilight Blue Metallic, Alloys, Radio/CD Player, 1 Owner, 60,000 Miles, Full Service History ..... £ 4,895
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1998 (S) Mercedes C250 Turbo Diesel Sport Estate Automatic, Silver with Matching Leather Trim, Massive Spec with Service History £3,695
2001 (51) Vauxhall Zafira 106 Comfort, Black, 7 Seater, Immobiliser, Power Steering, Electric Windows, Airbags, Radio/Cd £3,495
2004 (54) Ford Focus 1.8 TDi Lx, 5 Dr, Diesel, White, Alloy Wheels, Aircon, Radio/CD Player, Full Service History £3,495
2004 (04) Vauxhall Astra Envoy Estate 1.6i, 5 Dr, Bordeaux Red, Aircon, Airbags, Power Steering, Remote Locking, immobiliser £3,495
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O'Hanlon favourite to take on the skipper's armband

Boss Di Matteo resigned to losing 'Captain Fantastic'

BY SIMONE CORGAN
simone.corgan@mk-news.co.uk

ROBERTO Di Matteo is resisting the urge to go all Italian on MK Dons and follow in the footsteps of Fabio Capello.

The former has been trialing numerous players in the captaincy role for England since taking over the national side.

And Di Matteo has a similar dilemma at the helm of the Dons: who is the right man to lead his side?

An instant choice for Di Matteo, who takes charge of his first game this Saturday in a friendly against Reading, would be Keith Andrews.

The midfield maestro was captain fantastic last year when he guided the Dons to the League Two championship and the Johnstone's Paint Trophy.

However, Di Matteo has conceded for the first time that he will have to plan for life without Andrews.

He said: "I'd love him to stay with us but it's unlikely and we'll have to face that fact. There are a number of clubs Championship and Premier League that are interested.

"Officially we haven't had a written offer from any club. There have been verbal communications about it, but nothing official."

Those thought to be interested in Andrews include Watford, Sheffield United and Blackburn.

Di Matteo added: "We'll have to see if Keith is captain this weekend, I haven't really thought about it."

But the 38-year-old Swiss-born-Italian is not about to throw the skipper's armband left, right and centre.

He has in mind 'one or two candidates' for the role with Sean O'Hanlon thought to be favourite to step into Andrews' shoes.

"Our skipper's still with us but there are a few candidates I have in my mind but we haven't decided yet who is going to the future captain."

His squad is now at the bare bones with just 19 professional players.

The Dons boss is running his eye over a number of trailists but has not yet made any new additions to his team.

With Eddie Newton Di Matteo's number two fans will be expecting the Chelsea old-boys to call in a few favours.

"We look at every opportunity, not just Chelsea, all the clubs in the country.

"We have contacts and we're looking at anybody who is good for MK Dons."

Saturday's match will give fans their first chance to see Di Matteo pulling the strings while it will be his first opportunity to see his newly inherited players in action.

He is expected to use the most of his substitutions to allow every player a run out.

Brothers in arms: Keith Andrews and Sean O'Hanlon lift the LDV Trophy – now O'Hanlon is in pole positon to take over Andrews' captain role

Cameron goes

THE exit door keeps on swinging at MK Dons as two more players leave stadiummk.

Colin Cameron and Mustapha Carayole have both left the club.

Veteran midfielder Cameron was in line to sign a new contract at the Dons until Paul Ince's departure left his plans in tatters.

His contract then expired and new boss Roberto Di Matteo told him he was surplus to requirements, according to his agent Jim McArthur.

The 34-year-old joined on a free transfer last summer and was handed the number 10 shirt by Ince.

The former Scotland international made 30 appearances last season and scored three goals to help the Dons win promotion to League One

A statement on the Dons website read: "The club recognises and values Colin's contribution over the course of the last season, both on the pitch and in guiding many of the club's young players whilst working towards his coaching qualifications.

"We would like to thank him for his part in an historic season for football in Milton Keynes and wish him every success in his future career.

While the Dons have lost the experience of Cameron they have also let go promising youngster Carayole.

Carayole was a player who caught Paul Ince's eye at Swindon Town and followed him to Macclesfield Town before becoming one of his first signings at MK Dons.

The 19-year-old has signed a two-year contract with Blue Square Premier side Torquay United.

Aside from pre-season games he failed to make a first team appearance for the Dons. He spent the majority of last season on loan at Crawley Town where he made 26 appearances.

PREVIEWS

READING
PRE-SEASON FRIENDLY
Saturday, July 19
stadiummk K.O 3pm

FOOTBALL is back.

It has been absent from stadiummk for eleven weeks but this weekend the turnstiles will move once more as fans line-up to watch their beloved MK Dons.

There will be great excitement as new boss Roberto Di Matteo takes charge of now only his first Dons match, but his first in management.

Will the Dons have the same attacking flair that they had last year? Or will the Italian base his game on a solid defence?

A tough defensive unit is needed for Reading's visit as the recently-relegated side put NINE goals past Didcot last weekend.

Steve Coppell made the most of the friendly substitution policy by using 23 different players in the game.

SHEFF WEDNESDAY
PRE-SEASON FRIENDLY
Tuesday, July 22
stadiummk K.O 7.45pm

ANOTHER Championship side visit the Dons as the pre-season schedule kicks into gear.

Sheffield Wednesday will return from their tour in Holland to take on Di Matteo's men.

The fixture will come too soon for Owls old boy Drissa Diallo who is continuing his rehabilitation programme following surgery on his shoulder at the end of last season.

A familiar face in Milton Keynes could feature in the Wednesday outfit though.

Wade Small, who left the Dons for the Blades in 2006, will be desperate to get a run out against his old side.

When the two sides met back in 2004/05 both games ended in score draws but with nothing but pride to play for fans will be hoping the match is more open this time.

VIEW FROM THE MOOCAMP

MK Dons could stand to pocket £3.8million... if they win the FA Cup.

The FA Board have approved a new prize fund for next season's competition.

In total the fund will move from £9.7m to 16.4m - a massive 69 percent increase.

The winners of the FA Cup will scoop £2m for emerging victorious in the final alone.

The prize fund breaks down as follows:

-Extra Preliminary round £750
-Preliminary round £1,500
-1st qualifying round £3,000
-2nd qualifying round £4,500
-3rd qualifying round £12,500
-1st round proper £20,000
-2nd round proper £30,000
-3rd round proper £75,000
-4th round proper £100,000
-5th round proper £200,000
-6th round proper £400,000
-Semi-finals £1,000,000
-Losing semi-finalist £500,000
-Final winners £2,000,000
-Losing finalist £1,000,000

TICKETS for the Dons' pre-season games are now on sale.

First up is Reading on Saturday before the Dons host Sheffield Wednesday on Tuesday, then Watford on Saturday, July 30.

All three games will be priced at £10 for adults, £5 for concessions and £3 for juniors in all areas excluding clubRed.

The matches are not included on the 2008/09 season tickets.

MK Dons' under-7s go free policy does not apply to the fixtures.

Fans looking for clubRed tickets need to contact the box office in person or on 01908622900.

Other tickets can also be purchased at the box office Monday-Friday between 10am and 5pm or from the MK Dons Online Ticket Service 24 hours-a-day.

FIXTURES 2008-09

August
9 Leicester A
16 Northampton H
23 Huddersfield A
30 Swindon H

September
6 Yeovil H
13 Oldham A
20 Colchester A
27 Peterborough H

October
4 Millwall A
11 Carlisle H
18 Crewe A
21 Stockport H
25 Cheltenham H
28 Leyton Orient A

November
1 Tranmere H
15 Hartlepool A
22 Walsall A
25 Hereford H

December
6 Scunthorpe H
12 Brighton A
20 Leeds H
26 Bristol Rovers A
28 Southend H

January
3 Peterborough A
10 Colchester H
17 Carlisle A
24 Millwall H
27 Leyton Orient H
31 Cheltenham A

February
3 Stockport A
7 Crewe H
14 Hartlepool H
21 Tranmere A
28 Leicester H

March
3 Northampton A
7 Swindon A
10 Huddersfield H
14 Oldham H
21 Yeovil A
28 Leeds A

April
4 Brighton H
10 Southend A
13 Bristol Rovers H
18 Scunthorpe A
25 Walsall H

May
2 Hereford A

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MKSPORT

Young badminton star in move to city to train for London Olympics

BADMINTON

A BUDDING young badminton player has relocated to Milton Keynes to boost his chances of competing in the Olympics.

Eighteen-year-old Chris Adcock has just finished his A-levels and decided to leave his home in Nottingham to receive top class coaching at the National Badminton Centre in MK.

Adcock has targeted a place in the 2012 London Olympics and believes this is the place to develop in his sport.

"Moving to Milton Keynes was an amazing opportunity for me. To receive the standard of coaching I now get is fantastic. It's truly a world-class environment and I'm enjoying every single minute."

Despite an on-court injury three years ago which saw Chris sidelined for the best part of a year, he has progressed to win the mixed doubles silver medal in last year's World Junior Championships and took a Junior European Championship title a few months later making him a real hope for his home Olympics.

He also holds the national record for the number of tournaments won at junior level – a feat which he is clearly keen to build on with some tough training with his coach Peter Jeffrey.

"My usual day consists of six hours of training - a combination of on-court and gym training. It's tiring but what I have to do.

"I used to play for Leicester City juniors but had to make the decision between football and badminton if I was going to excel at one of them.

"My badminton career doesn't really allow for much else."

Adcock could not have found himself in a better position to reach the pinnacle of his sport.

He regularly gets the chance to train with fellow players and Olympic silver medallists Gail Emms and Nathan Robertson, as well as receiving top coaching at a world-class facility.

Adcock is one of 12 youngsters who receives funding from Atos Origin, the Worldwide IT partner for the Olympic Games, it provides financial support to pay for coaching, equipment and other essentials.

He said: "London 2012 is my main goal - my journey starts here and the clock is ticking. Watching the Beijing Games will be such an inspiration and it will only motivate me to win a gold medal in front of a home crowd in 2012."

Adcock is at the forefront of the new era of British badminton and is certainly one to look out for in the future.

LOCAL CRICKET

Newport Pagnell and Cublington line before Saturday's league game. Darren Gough is kneeling, front row, third from right

Newport spoil 'nice guy' Gough's day

MORRANTS FOUR COUNTIES LEAGUE

Division one

NEWPORT Pagnell cricketers were bowled over when they were faced with their toughest opponent yet - ex-England international Darren Gough.

But the bowler, who was rested by Yorkshire for the day, saw his side Cublington beaten by seven wickets.

Cublington were dismissed for 137 and it was up to Gough to dazzle with the ball.

Although he managed to get 1-19 from his seven overs he could not prevent Newport recording their sixth win.

Nick Cunniffe, who kept wicket for Newport, faced Gough's first spell and scored 21 in his innings, said: "I really enjoyed the experience, having grown up watching him winning matches for England.

"To play against him was great. He was a really nice guy and we all really enjoyed the match."

Elsewhere, Wes Hoskins continued his good form with 79unbeaten to help Eaton Bray (135-2) to an eight wicket win over Olney Town (133) and keep them at the top.

In second place New Bradwell (253-6) eased to victory by dismissing Aspley Guise by 195 runs.

Milton Keynes pulled off a shock win at the expense of third placed North Crawley.

Crawley fell 18 runs short of MK's 118-9 target.

Bottom-of-the-table MK City (137-9) held Winslow Town (148) to a draw.

Division two

ELSTOW stayed top following a six wicket win at Mentmore (103) who are rooted at the bottom.

A century from Jacko Jacobs alongside Lee Thorne's 58no was not enough as Edlesborough (228-5) drew with Soulbury (162-6).

Biddenham lost to Old Bradwell as their 76 all out was a poor reply to Bradwell's 256-6.

Stewkley handed the Open University a 77 run defeat while Aston Clinton beat Studham (65) by seven wickets.

Division three

EATON Bray 2nds were dismissed for a lowly 64 runs as Caddington handed them a 164 run defeat to keep them second from bottom.

Drayton Parslow were steered to an eight wicket win over Eggington Forresters by Shane Rolls' unbeaten knock of 48.

Shenley Church End (235-4) drew with New Bradwell 2nds (137-7) despite An on De Beer's brilliant 107.

The points were shared between Turvey (249-4) and North Crawley 2nds (75-6) while Whitchurch (102-8) and Milton Bryan 2nds (193-7) also drew.

Division four

ONLY two games took place this weekend.

Keith Marley top scored for Willen with an unbeaten 44 to helped his side to an eight wicked victory over Printers.

MK City 2nds' biggest hitter was George Nelson (30) as they reached 173 but Stoke Hammond stayed stubborn for 90-8 ensuring a draw.

No play was possible between Old Bradwell 2nds and Cranfield University, Milton Keynes 2nds and Steeple Claydon.

Division five

KNOCKS from Tim Taylor (49) and Robin Harry (40no) proved vital to Cublington 2nds' five wicket win over Milton Bryan 2nds'.

The win moves Cublington 69 points clear at the top.

Stewkley 2nds are chasing second spot following their win over Olney Town 2nds.

Stewkley took 30 points from their 57 run victory.

Division six north

AN unbeaten half century from Nick Lewis gave Elstow 2nds the edge over MK Park 3rds.

Park set 144-7 as the target thanks to Abhinav Premnath's 40 yet Elstow reached the total with four wickets to spare.

No play was possible in Great Brickhill 3rds match with Wolverton Town 3rds.

CHERWELL LEAGUE

Division two

MK Park returned from local rivals Leighton Buzzard with maximum points.

The three win sends Park back to the top of the league.

Ghufran Mohammed picked off his first wicket of the day to reduce Leighton to 10-1 soon they were at 48-6 before eventually being dismissed for 102.

Mohammed finished with stunning figures of 6-31.

Park's reply was a shaky one when they fell 3-29 before Jamie Ward and Mohammed steadied the ship with a 23 run partnership for the fourth wicket.

Ward eventually fell for 39 when Park were on 85 but Mark Grass clinched the win with a massive six.

NORTHANTS PREMIER LEAGUE

STONY Stratford's torrid time continued as they lost by six wickets to Northampton Saints CC.

Having lost the toss Stony were soon reeling as they lost two early wickets.

Skipper Dion Ebrahim and Doug Aris shared a 50 partnership before Aris (27) and Paul West (0) fell quickly.

Pete Mitchell's 34 progressed the score to 144 before Stony lost their last six wickets for 19 runs.

Northants equalled Stony's 163 with seven overs to spare thanks to an aggressive 43 from Brent Findley.

At the half way mark in the season Stony are still searching for their first win.

SPORTSSHORTS

Lions to face Jets

MK Lions will open their 2008/09 British Basketball League season at home to Cheshire Jets.

The new campaign begins for the Lions on Friday, September 26 at Bletchley Leisure Centre.

The regular season will end away from home to Plymouth Raiders on Sunday, April 18 2009.

Under Vince Macauley's guidance the Lions won their first ever silverware last year, the BBL Cup, finished fourth in the league and were beaten BBL play-off finalists.

The Lions will also be taking part in Midday Madness this Saturday.

It is a basketball festival packed full of events, including a free coaching clinic at 10am for two hours for under 15's and all participants will receive a free Nike T-Shirt.

Midday Madness is free for players and spectators - it takes place at Bletchley Leisure Centre.

For the full fixture list log on to www.mk-news.co.uk

Radmall back for Lightning

ICE hockey side MK Lightning have announced the return of Adam Radmall for the upcoming season.

Radmall has signed up for a second season with Lightning after playing for Manchester, Hull and Coventry over the last five years.

On re-signing the defender coach Nick Poole said: "Adam is a very consistent and steady player who makes a great first pass and is very hard for opposition forwards to beat.

"I am looking forward to seeing Adam go from strength to strength and have an even better year this coming season."

Basketball challenge

A SIX hour basketball challenge takes place on Sunday to raise money for children's charity SPARKS.

The marathon session will see youngsters attempt a massive 10,000 lay ups, which is a two point netting attempt in the game.

Alongside the challenge there will be the Grand National with a twist - competitors will race on space hoppers instead of horses - other activities include basketball competitions, dunking apples, tombola and face painting.

The event will take place at Shenley Brooke End Leisure Centre in the main hall, picnic area and outside court.

Half of the money raised will be donated to SPARKS and the rest will be used to buy uniforms and kit for junior basketball side, the MK Speederz, as well as new training equipment for the Club.

It takes place at 10am-4pm.

MKSPORT

Wednesday, July 16, 2008 | Issue no 306 | www.mk-news.co.uk | 50p where sold

No joy for nice guy Gough
PAGE 71

MK athletes Beijing bound

– but sprinter Craig Pickering must wait until tomorrow to find out if he gets the third 100m spot

BY SIMONE CORGAN
simone.corgan@mk-news.co.uk

TWO athletes from Milton Keynes will represent Great Britain at next months Beijing Olympics.

Craig Pickering and Greg Rutherford have been named by the British Olympic Association (BOA) to represent Team GB.

Long jumper Rutherford cemented his place at the weekend with a dazzling display at the Olympic Trials but Pickering's selection has proved a little more complicated.

The Marshall Milton Keynes Athletic Club runner has been named in the 4x100metres relay team alongside Harry Aikines-Aryeetey, Tyrone Edgar and Simeon Williamson.

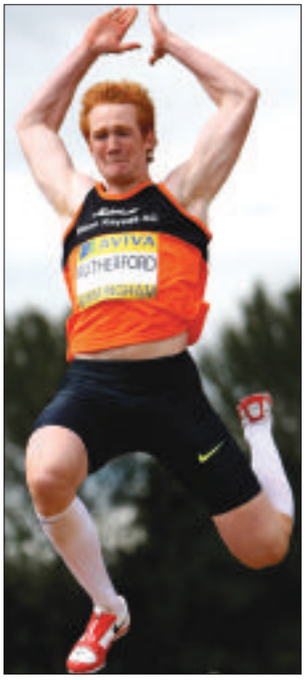
However, it is the 100m that the 21-year-old wants to compete in but he will have to wait until tomorrow to discover his fate.

Three sprinters are due to be chosen by the BOA, who have only named Williamson so far.

The announcement has been delayed due to Dwain Chambers' High Court challenge against his British Olympic Association ban which will prevent him from running in the Beijing Games.

The ruling on Chambers' appeal will be heard tomorrow.

Chambers won the 100m trial event at the weekend which would have secured him a spot at Beijing, however, the BOA have a by-law in place that would prevent the drugs cheat from competing in the Olympics.



Long jumper Greg Rutherford

Dwain Chambers crosses the line in front of Marlon Devonish and Craig Pickering at the Olympic trial on Saturday

If Chambers is successful in his appeal it is still likely that Pickering – who has voiced his concerns at a drugs cheat taking part in the Games – would be named as the third sprinter.

It is thought a Chambers victory would be at the expense of Tyrone Edgar.

It was not plain sailing to Beijing for Rutherford either who suffered 'the worst week of his life' after discovering his grandfather is suffering from terminal cancer.

He pulled out his personal best jump of the season at 8.20metres.

It matched the qualifying distance needed to reach Beijing and saw him win the national title.

An emotional Rutherford said: "I have just had the worst week and a half of my life, and for this to happen to me is massive.

"I thought I was going to be struggling but I just had to go for it and I'm glad I'm back."

After winning the event 21-year-old Rutherford dashed to Hemel Hempstead to show his medal to his grandfather.

Rutherford, a European silver medallist, has had an injury-hit career and missed most of last year with an ankle injury.

But the Milton Keynes star is hoping better fortunes are ahead for him and thinks a medal at the games, which start in 22 days, is a realistic target.

"So here we go for the Olympics now and I easily believe I can go out and get an Olympic medal."

The British Olympic Association names its final team on July 20.

The 2008 Beijing Olympics start on Friday, August 8.

> I have just had the worst week and a half of my life, and for this to happen to me is massive
>
> **– Greg Rutherford on gaining his Olympic spot after the news that his grandfather had cancer**

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